



## Number 28 KU Clinical Psychology News Fall 2013/Winter 2014

### *The Hawkl ine*

#### **FROM THE DIRECTOR**

Those of you who regularly look forward to receiving the Hawkl ine in December will no doubt notice that we are a little late this year. Our tardiness is, I believe, justified because it comes partly from good news: at a relatively late date we were granted the opportunity to hire a clinical faculty member. As I write we have invited four superb candidates to interview, and in the next Hawkl ine I hope to be able to introduce our newest faculty member

Ordinarily even being granted a late hire would not have slowed us down significantly, but recently the University introduced a new hiring protocol called “Hiring for Excellence” (as opposed I guess to hiring for mediocrity). Hiring for Excellence requires a number of new steps we must take to recruit the same great candidates we would have ordinarily recruited. Yes, it is true that I am little chagrined at the extra bureaucracy, but that is the price for doing business at a state university. And we do have four great candidates.

In other news, our APA Self-Study was received on time and accepted, and we have been cleared to schedule our site-visit, which will occur sometime in the spring. We are currently working to identify the members of our site visit team. In last year’s Hawkl ine, I acknowledged how helpful Ray Higgins was in my transition to the DCT position. Credit is due again to Ray for the thoroughness of his record-keeping that greatly facilitated the self-study of our training over the last seven years. Where possible I also borrowed generously from the previous self-study that Ray authored. So, a big thank you again to Ray for all of his help.

We will soon be recruiting another great crop of incoming graduate students. Hopefully this year we will not have the same excitement as last year when not one but two blizzards occurred on our interview days. The timing could not have been more perfect because Steve Ilardi, who graciously agreed to host our Friday evening party, lives down a fairly steep road that had not yet been plowed. Fortunately Sarah Kirk, with the aid of her

four wheel drive car, shuttled people back and forth. Had she not, Steve would have had overnight guests for several nights. We are all lovely people, but Steve has his limits. On the bright side, I really believe that the “I survived the Blizzard of Oz” t-shirts we gave our interviewees pushed them over the top to accept our admissions offers over others.

In one other bit of admissions news, one of our graduates, Ed Dreyfus, has endowed a scholarship to help support an incoming student. We are hoping that this year we will be able to recruit the first Dr. Edward A. Dreyfus Scholar. A big thanks to Dr. Dreyfus for his very generous contribution.

In last year’s Hawkl ine I mentioned that the clinical program created a distinguished alumnus award to recognize the contributions our graduates have made to the field. We titled this the “1949 Award” in recognition of the year that the program was first accredited. I am pleased to announce that the first recipient of the award is Tom Burish (‘76). Tom has had a distinguished career as a teacher, researcher, and administrator. After graduating from KU, he took a job as an assistant professor at Vanderbilt, and within four years was their Director of Clinical Training. Four years later Tom was appointed chair of Psychology Department at Vanderbilt and eight years later, Tom became the Provost at Vanderbilt. Along the way, he has been honored for his teaching and for his innovative research on cancer; all of which was accomplished while carrying on the business of the university. In 2005 Tom returned to his undergraduate alma mater, Notre Dame, where he currently serves as the Provost. We are fortunate that Tom has agreed to return to his graduate alma mater, albeit briefly, to receive this award. He will give a university-wide talk at **7:00pm on March 6**. If you are in or close to the area, or don’t mind traveling a little bit, please join us as we welcome Tom Burish back to campus.

Well, that’s all the news that’s fit to print. Look for us again in December when we plan to get back on schedule.

Rick Ingram

## CLINICAL PROGRAM STUDENT AWARDS



### **SCHULMAN AWARD FOR EXCELLENCE IN CLINICAL PSYCHOLOGY**

**Michele Tsai** graduated from Washington University in St. Louis in 2010 with B.A. degrees in Psychology and Philosophy-Neuroscience-Psychology. She is currently a Health track student within the KU Clinical Psychology Program with specific interests in pediatric psychology. Michele completed her Master's thesis under the mentorship of Dr. Michael Rapoff; in this study, she tested the psychometric properties of an adherence barriers measure within a sample of adolescents with juvenile idiopathic arthritis. Through her task and dissertation, she plans to study facilitators and barriers to transition from pediatric to adult care in adolescents with chronic illness. She appreciates the opportunities at KU, the KU Medical Center, and Turning Point for conducting research with, and providing clinical services to, pediatric patients and their families. She served also on the program's 2013 admissions committee.

### **C. R. SNYDER AWARD FOR RESEARCH ACHIEVEMENT**

**Teresa Lillis** received her B.A. in Psychology, Cum Laude, from Gonzaga University in 2007 and received her M.A. in Clinical Psychology from the University of Colorado Denver in 2010. Teresa's MA thesis was entitled "Factors Affecting Postpartum Depression: The Role of Sleep Disturbance and Marital Satisfaction." Teresa has continued this line of research under the mentorship of Dr. Nancy Hamilton and is currently finishing up recruitment for her dissertation study, "Project MSSE: Maternal Sleep and the Social Environment" where she plans to examine day-to-day variability in sleep, social interactions and stress in first time mothers during the short-term postpartum (3-6 months). Over the past year Teresa has also worked as an advanced practicum student in the OBGYN department at the University of Kansas Medical Center providing inpatient and outpatient psychological services to pregnant and postpartum women. Teresa is currently applying for internship and hopes to match at a site that will further develop her research and clinical interests in women's health and sleep.

### **B. KENT HOUSTON AWARD IN HEALTH PSYCHOLOGY**

**Teresa Lillis** and **Clarice Wang** were co-recipients of this year's B. Kent Houston Award. Teresa's biography is above.

Clarice graduated with a BA in Biology at Washington University in St. Louis. She is interested in working with veterans and older adults. Her research interests include using neuroimaging to study neurodegenerative diseases of aging. Her dissertation, currently in progress, involves using a novel prose recall task to characterize subtle neurocognitive changes present in prodromal Alzheimer's disease. Clarice's clinical work includes leading a local Alzheimer's caregiver support group, and she is also currently working with veterans at the Leavenworth VA medical center who struggle with depression. In her spare time, she loves to experiment with recipes, explore new restaurants, and sketch.

### **MITCH HANDELSMAN/LORI IRVING TEACHING AWARD**

**Lora Black** received her BS in Psychology, Cum Laude, from Texas A&M University. She also completed her MA degree in Clinical Psychology at the University of Houston Clear Lake. Lora completed her second MA degree at KU and completed her thesis, "Investigation of Variables Associated with H1N1 Vaccine Acceptance" under Dr. Sarah Pressman. She is concurrently working toward her MPH degree at KUMC. In addition, she is a graduate research assistant and practicum student in the KU HealthPartners Rehabilitation and Wellness Clinic at KUMC under Drs. Lisa VanHoose, PhD (Rehabilitation Science) and Rhonda Johnson, PhD. She will begin work on a research study investigating the physiological, social, and psychological factors in African American breast cancer patients and survivors this spring.

### **CLINICAL AND PROFESSIONAL SKILLS AWARD**

**Becky (Clausius) Hunter** completed her MA thesis at KU under the supervision of Sarah Pressman in 2010, and is currently working with Christie Befort at KU Medical Center as a GRA on her grant, "Rural Women Connecting for Better Health," a weight loss and weight maintenance intervention for overweight and obese rural breast cancer survivors. Becky's clinical and research interests include survivorship issues in cancer patients, with additional interests in grief and palliative care. She has been acting as a student therapist at Turning Point in Leawood, KS for two years, and has had practicum experiences at KU Medical Center, KU Cancer Center, Health Care Access Clinic, and the KU Psychological Clinic. Her dissertation, entitled "Changes in Body Image and Sexuality in Rural Breast Cancer Survivors

After a Weight Loss and Weight Maintenance Intervention,” is being completed under the direction of Christie Befort at KU Medical Center. Becky is currently interviewing at internship sites offering experiences in behavioral medicine with specific rotation opportunities in psychosocial oncology.

#### **SANDY DINOFF MEMORIAL HEALTH PSYCHOLOGY RESEARCH AWARD**

**Alexandra Roth** received her B.S. in Psychology, Summa Cum Laude, from Drake University in Des Moines, IA, in 2011. Alex completed her MA degree at KU in May 2013 and conducted her thesis research with Doug Denney investigating cognitive deficits in patients with multiple sclerosis. Alex is preparing to begin work on her dissertation related to the identification of comorbid Alzheimer’s disease in multiple sclerosis patients via neuropsychological testing. Alex’s clinical and research interests include neuropsychology, rehabilitation psychology, chronic illness, and neurodegenerative diseases. Alex presented the results of her MA thesis last spring as part of the Clinical Program’s Proseminar series.

#### **DON HUTCHINGS MEMORIAL AWARD**

In addition to the Schulman Award, **Michele Tsai** was also the recipient of the Don Hutchings Award.

#### **CURRENT STUDENT PRESENTATIONS & PUBLICATIONS:**

The following is a *partial* list of publications and presentations from the past year *involving clinical graduate students*. It should give you a sense of the range of things our current students are involved with. Names of students currently enrolled in the program are in **bold**.

**Hughes, A. J.**, Denney, D. R., Owens, E. M., & Lynch, S. G. (2013). Procedural variations in the Stroop and Symbol Digit Modalities Test in patients with multiple sclerosis. *Archives of Clinical Neuropsychology*, 28, 452-462.

**Roth, A. K.**, Denney, D. R., & Lynch, S. G. (2013). *Information processing speed and attention in multiple sclerosis*. 29<sup>th</sup> Annual Congress of the European Committee for Treatment and Research in Multiple Sclerosis (ECTRIMS), Copenhagen, Denmark.

**Hughes, A. J.**, Choi, I-Y., Lee, P., Denney, D. R., & Lynch, S. G. (2013). *Cerebral glutathione and neuropsychological impairment in three subtypes of MS*. 29<sup>th</sup> Annual Congress of the European Committee for Treatment and Research in Multiple Sclerosis (ECTRIMS), Copenhagen, Denmark.

Lee, P., Lynch, S. G., Denney, D. R., **Hughes, A. J.**, Jensen, J., & Choi, I-Y. (2013). *In vivo measurement of microstructure changes in brain tissues of three subtypes of MS patients using diffusional kurtosis imaging*. 29<sup>th</sup> Annual Congress of the European Committee for Treatment and Research in Multiple Sclerosis (ECTRIMS), Copenhagen, Denmark.

Lundgren, J. D., **Patrician, T. M.**, Breslin, F. J., Martin, L. E., Donnelly, J. E., & Savage, C. R. (2013). Evening hyperphagia and food motivation: A preliminary study of neural mechanisms. *Eating Behaviors*, 14, 447-450.

Breslin, F. J., **Patrician, T. M.**, Powell, J. N., Lepping, R. J., Lynch, A. M., Martin, L. E., Donnelly, J. E., & Savage, C. R. (2013). *Brain function changes following diet intervention in successful and unsuccessful obese dieters and healthy weight controls*. The Obesity Society Annual Meeting, Atlanta, GA.

Lepping, R. J., Atchley, R. A., **Patrician, T. M.**, Stroupe, N., Martin, L. E., Ingram, R., Clair, A. A., Brooks, W. M., & Savage, C. R. (2013). *Music to my ears: Neural responsiveness to emotional music and sounds in depression*. Poster, Society of Biological Psychiatry 68<sup>th</sup> Annual Scientific Meeting, San Francisco, CA.

Lepping, R. J., Atchley, R. A., Martin, L. E., **Patrician, T. M.**, Ingram, R., Clair, A. A., Brooks, W. M., & Savage, C. R. (2013). *The effect of musical experiences and musical training on neural responses to emotionally evocative music and non-musical sounds*. Poster, Social and Affective Neuroscience Society 6<sup>th</sup> Annual Meeting, San Francisco, CA.

Pressman, S. D., & **Kraft, T. L.** (2013). Positive health: Heart rate variation with positive psychology exercises. In J. Froh & A. Parks, *Activities for teaching positive psychology: A guide for instructors* (pp. 65-70) American Psychological Association, Washington, DC.

Bassett, S., **Kraft, T.**, Kroska, E., & Pressman, S. D. (2013). *Subjective sleep quality is associated with selfreported resilience in survivors of trauma*. Poster presented at the International Positive Psychology Association Third World Congress, San Diego, California.

Bassett, S., **Kraft, T.**, & Pressman, S. D. (2013). *Positive affect influences systolic blood pressure reactivity during a painful physical stress task*. Poster presented at the International Positive Psychology Association Third World Congress, San Diego, California.

**Kraft, T. L.**, Gorey, C., & Pressman, S. D. (2013). *Does depressed affect reduce the ability to mimic facial expressions?* Poster presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.

Pressman, S. D. & **Kraft, T. L.** (2013). *Grin and bear it: The influence of manipulated facial expression on the stress response*. Poster presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.

**Scheller, V.**, **Williams, C.L.**, & Ilardi, S.S. (2013). *The effect of varying levels of depressive symptoms on mindfulness acquisition: An exploratory study*. Poster presented at the 2013 Association for Behavioral and Cognitive Therapies Conference Nashville, TN.

Heitzer, A. M., **Roth, A. K.**, Nawrocki, L., Wrenn, C. C., & Valdovinos, M. G. (2013). Brief report: Altered social behavior in isolation-reared *Fmr1* knockout mice. *Journal of Autism and Developmental Disorders*, 43, 1452-1458.

**Botanov, Y.** & Ilardi, S. S. (2013). The acute side effects of bright light therapy: A placebo-controlled investigation. *PLoS ONE*, 8.

**Botanov, Y.** (Fall, 2013). The Psychological Clinical Science Accreditation System (PCSAS): A response to a growing divergence in clinical psychology training. *Clinical Science (SSCP Newsletter)*, 16, 18-20.

McDonald, J., Potyk, D., Fischer, B., Parmenter, B., **Lillis, T.**, Tompkins, L., Bowen, A., Grant, D., Van Dongen, H., & Belenky, G. (in press). Napping on the night shift: A naturalistic study of sleep, performance, and learning in physicians in training. *Journal of Graduate Medical Education*.

**Lillis, T.**, Hamilton, N., Pressman, S.D. (2013). *Group Differences in Self-Reported Sleep Onset Latency and Daily Perceived Stress in a Sample of Working and Non Working Mothers: Opportunities for Interventions in the Short-Term Postpartum*. Presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN, Nov. 21-24, 2013.

**Lillis, T.**, Johnston, S., Warren, M., Nelson, E., & Stevens, D. (2013). *Day-to-Day Variability in Sleep Quantity and Technology Use Among Children and Adults in a Mennonite Community Sample*. Presented at the 27th Annual Associated Professional Sleep Societies Conference, LLC (APSS), Baltimore, MD, June 1-5, 2013.

**Lillis, T.**, Hamilton, N., Pressman, S., & Sakaluk, J.K. (2013). *Day-to-Day Variability and Group Differences in Sleep Quality and Interactions with Baby in a Sample of Working and Non Working Mothers*. Presented at the 27th Annual Associated Professional Sleep Societies Conference, LLC (APSS), Baltimore, MD.

Owens, T., **Lillis, T.**, Hamilton, N., Taylor, D.J., & Stevens, S. (2013). *Relationship between of fatigue, pain, and physical disability in patients with fibromyalgia*. Presented at the 27th Annual Associated Professional Sleep Societies Conference, LLC (APSS), Baltimore, MD, June 1-5, 2013.

Hamilton, N., Taylor, D.J., Stevens, S., **Lillis, T.**, Owens, T., Bruuseema, R., Karlson, C., Stevens, N., & Pressman, M. (2013). *Comorbidity of Fibromyalgia with Obstructive Sleep Apnea*. Presented at the 27th Annual Associated Professional Sleep Societies Conference, LLC (APSS), Baltimore, MD, June 1-5, 2013.

**Lillis, T.** & Kaplan, P. (2012). *Factors Related to Depression in the Postpartum: The Role of Sleep Disturbance and Marital Distress*. Presented the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies Insomnia and Other Sleep Disorders Special Interest Group (ABCT, Sleep SIG).

### NESTLING HAWKS: 2013 ENTERING CLASS



**Erik Benau** (Health Track), BA - Hampshire College, Amherst, MA, MA - University of Sciences, Philadelphia, PA. Erik is working with Ruth Ann Atchley.

**Aili Breda** (General Track), BA - California Lutheran University, Thousand Oaks, CA. Aili is working with Amber Watts.

**Ali Calkins** (Health Track), BA & MA - University of Tulsa, Tulsa OK. Ali is working with Mike Rapoff.

**Christina Khou** (Health Track), BA - Grinnell College, Grinnell, IA. Christina is working with Nancy Hamilton.

**Eddie Liebmann** (Health Track), BA - Kenyon College, Gambier, Ohio, MA -University of Chicago, Chicago IL. Eddie is working with David Johnson.

**Nora Sporn** (Health Track), BA- University of Michigan, Ann Arbor MI. Nora is working with Mike Rapoff.

### FLEDGLING HAWKS: ON INTERNSHIP



**Eugene Botanov:** Northwestern Memorial Hospital/Medical School, Chicago, IL.

**Basak Efe:** South Shore Mental Health Clinic, Quincy, MA.

**Abbey Hughes:** Jesse Brown VA Medical Center, Chicago, IL.

**Tara Kraft:** VA Medical Center – Minneapolis, Minneapolis, MN.

**Catrina Lootens:** University of Oklahoma Health Science Center, Oklahoma City, OK.

**Jill Nesbitt:** University of Kansas Counseling Center, Lawrence, KS.

**Tricia Patrician:** VA Medical Center – Minneapolis, Minneapolis, MN.

**Lauren Spears:** University of Kansas Medical Center, Kansas City, KS.

**Natalie Stroupe:** Long Beach Healthcare System/VA, Long Beach, CA.

### PSYCHOLOGICAL CLINIC

The KU Psychological Clinic has blazed forward with Titanium a full electronic medical records platform. We are now fully digitized in most ways and that is a tremendous training asset for our students. I looked back on my 5 year plan and am now completely done so I guess it is back to the drawing board! Please let me know if you have thoughts or suggestions.

**Katie Keil** has served as a SUPER DUPER two-term Student Coordinator for the clinic and alas is moving on

and **Elisabeth “Libby” Harfmann** will take her place next year! We have had the great fortune to have **Kelsey Hagan** and **Eddie Wright** on board as student hourlies in the clinic office.

We have a new supervisor aboard in the clinic that many of you may remember fondly. **Bruce Liese** joined us in August when **Doug Witt** ('77) stepped down due to his battle with cancer.

I wanted to share my experience with visiting **Doug Witt** ('77) before he died on **Dec. 29th, 2013**. I went to his home out in the country and was immediately struck by the beauty of his property that he previously shared with **Sandra Shaw** ('70) who also lost her life to cancer. Doug explained that he and Sandi designed the home and worked with an architect to build it. They also personally worked the landscape to achieve the views and natural habitat present. I was so at peace sitting with Doug, looking out the window, and hearing how he was spending time with family and friends during his final days. We also reminisced about KU and I caught him up on the latest from the clinic. I met his adult children and shared with them the full circle of me and Doug working together. I was a second year clinical graduate student with him as a supervisor and then later Doug worked alongside me in the KU Psychological clinic as a fellow supervisor. I can honestly say I always felt comfortable with Doug in every role and he just made it easy with his absolute unconditional positive regard. I will greatly miss his presence on the 3rd floor of Fraser Hall and will often think of him.

**Bonnie Schafer** and I welcome visitors to the clinic anytime and my apologies to **Sharon Page-Howard** ('99) who stopped by for a quick hi this year when I was in a supervision session. Thinking about Sharon led to a lot of fond memories of hanging in the lounge laughing with her!

Best,  
Sarah Kirk [skirk@ku.edu](mailto:skirk@ku.edu)

### **Faculty Sampler**

**Steve Iardi** continued his treatment development work on the *Therapeutic Lifestyle Change* (TLC) program this year, collaborating with Valerie Scheller to adapt the program for adolescent depression (*TLC-Teen*) at Lawrence's Bert Nash Center, and with Rick Ingram and Christina Williams to add a mindfulness meditation component (*TLC-Mindfulness*). He is also now collaborating with a clinician in Kansas City on a lifestyle-based protocol for ADHD.

Steve also notes that after 3 years of consulting for the NBA's Phoenix Suns, he left the team this past May to focus exclusively on his "day job" at KU. He

did, however, have a chance to give two different TED Talks this year - one at TEDxEmory in Atlanta, and another at TEDxKC - and he reports that speaking to KU students is vastly more enjoyable!

On a more personal note, Steve says his favorite gig remains that of being a father. For those who remember his daughter Abby, she's now a junior at Free State High School, and she was lucky enough to land her "dream role" as Liesl in last year's Theater Lawrence production of "Sound of Music". Finally, Steve's wife Maria continues to thrive as a psychopharm maven in private practice in Lawrence. As you might imagine, Steve and Maria (and Abby) have some interesting dinner table conversations about the pros and cons of psych meds versus lifestyle changes in the treatment of mental illness

**David Johnson** shared he is part of an R21 development grant that was funded on June 1st, 2013. The primary goal of the grant is to extend clinical research from KU and the Alzheimer and Memory program to the Costa Rican health care system and to build clinical research in the area of assessment and treatment of Alzheimer's.

**Bruce S. Liese** shared... I can't believe I've only been at KUPC for 4 months. It feels like years (in a good way, of course). I'm grateful to Sarah, Bonnie, and Katie Keil, my supervisees, other clinical students, and faculty for making me feel so at home. I'm also grateful to Dr. Atchley and Cindy Sexton for being so welcoming to the psychology department.

Supervising in the clinic is all I'd hoped for and much more. "My" students, Adijat, Kate E., Kate R., Katie S., Libby, Valerie, and yes, even Alex, have been great to work with. They have tolerated my idiosyncratic demands and expectations graciously and even reassured me that some of these have contributed to their acquisition of practical knowledge and skills. I was grateful and even a little surprised at the big turnout at my house for dinner and the bonfire. It would have been a real bummer to have thrown a party and had no one attend. I was especially impressed with the courageous souls willing to brave minus zero temperatures to stand by the bonfire, roasting half of their bodies and freezing the other half. It was a perfect opportunity to get to know so many clinical students in such a short time and in such a relaxed environment. Let's do it again soon!

I look forward to next semester with even more enthusiasm. I predict that teaching the Theories and Methods of Psychotherapy course (PSYC 946) next semester will be fun and educational for students and especially for their instructor. And of course I feel the same about resuming supervision when the semester gets underway.

Again, to all those who have given so much in such a short time: I can't thank you enough for this great beginning.

**Charlene Muehlenhard** In September I went to Windsor Ontario to be the (very) outside member of a student's dissertation committee. In November the Society for the Scientific Study of Sexuality (SSSS) met in San Diego, at a resort that was beautiful but isolated with few restaurants (it was like being trapped in paradise). KU was well represented, with former KU student **Zoë Peterson**, current KU students **Kate Esterline**, **John Sakaluk**, and **Mandi Alexander**, and KU professor **Sonya Satinsky**. In Women, Gender, and Sexuality Studies (my other department), we revised and resubmitted our proposal for a Human Sexuality major; it *could* be approved by the Board of Regents in the spring of 2014 (but that's what I thought last year, so we'll see). I am chairing the WGSS I am I am also chairing a Women's Studies Search Committee for a new hire focusing on human sexuality; we received 154 applications. A major issue for our committee is reaching a consensus about what counts as sexuality.

On a personal note, in August Cyd and I went to Antiques Road Show in Kansas City. I took a little toy that my grandfather had owned, which was classified as "folk art." None of our treasures were appraised highly financially, although of course they are priceless to us. In August Cyd and I went to Atlanta for her uncle's 90<sup>th</sup> birthday celebration.

The renovations on my own house are continuing (expect this statement every year for the rest of my life). This year they were minor; next year: the first floor bathroom! Happy 2014 Everyone!

**Mike Rapoff** This has been a momentous year for me and my family. Our grandson Harrison Andrew Rapoff came into this world on July 20, 2013 in Tulsa, Oklahoma where my son Nathan and daughter-in-law Lori now reside. In spite of weighing in at 7lbs and being 19 inches in length, he was six days shy of 37 weeks gestational age and his lungs were not quite

matured. So, he spent the first 21 days of his life in the Neonatal Intensive Care Unit (NICU) at St. John Hospital in Tulsa. He was critically ill those first six days and it was a very stressful time for our family. However, with the excellent care of the doctors, nurses, and respiratory therapists, he quickly turned the corner. After discharge, Harrison has continued to thrive and he will be 5 months old on the 20<sup>th</sup> of December. You would never know he was a NICU baby as he is at the 95<sup>th</sup> percentile for height and weight and the joy of all our lives. We are looking forward to all of us getting together for Harrison's (nickname "Sonny") first Christmas.

On the professional side, I will be finishing my term this year as President of the Society of Pediatric Psychology (Division 54 of the American Psychological Association). It was more work than I expected but very rewarding. We started a YouTube Channel for our division and we are posting professional talks that we are working to get continuing education credit through APA. We also have a task force on e-health interventions which is continuing to explore how to foster e-health applications in research and clinical practice, including web-based programs, phone apps, and social media. We also renewed our commitment to our division mentoring program. This coming year I will serve as Past-President so my work is not finished yet for the division.

As always, I have some excellent graduate students working with me including **Michele Tsai**, **Alex Williams**, and our newest addition, **Ali Calkins**. We have weekly lab meetings to discuss the students' projects and my grant funded studies. We miss **Catrina Litzenburg (aka Lootens)** who is on internship at Oklahoma Health Sciences.

I am also very excited that the Psychology Department has increased my time to 25% which will allow me to be more active with students in the health psychology program and develop an online course. Thanks to Ruth Ann Atchley, Rick Ingram, and Nancy Hamilton for pulling this off. Below is a summary of publications and professional presentations (proudly involving current and former students):

**Rapoff, M.A.** (2013). Commentary: Adherence matters. *Journal of Pediatric Psychology*, 38, 688-691.

**Karlson, C.W., Litzenburg, C.C., Sampilo, M.L., Rapoff, M.A., Connelly, M., Bickel, J.L., Hershey, A.D.,**

**& Powers, S.W.** (2013). Relationship between daily mood and migraine in children. *Headache*, 53, 1624-1634.

**Wassom, M.C., Schurman, J.V., Friesen, C.A., & Rapoff, M.A.** (2013). A pilot study of "Gutstrong" for adolescents with functional gastrointestinal disorders. *Clinical Practice in Pediatric Psychology*, 1, 201-213.

**Rapoff, M.A.** Psychosocial burden and therapy adherence in chronic diseases other than T1D. Invited address at the Juvenile Diabetes Research Foundation meeting, Psychosocial Burden of T1D across the Lifespan. February 21, 2013, New York, New York.

**Rapoff, M.A.** E-health interventions in pediatrics. Society of Pediatric Psychology Presidential Address, Division 54 of the American Psychological Association (APA), August 3, 2013, APA Annual Convention, Hawaii.

#### **Doug Denney OLD DOGS AND NEW LAWS**

On May 4, 2012, Hostess Brands, the makers of Twinkies, entered into Chapter 11 bankruptcy. By November 1 of that year, the company had suspended all baking operations and permanently closed its doors.

On November 6, the voters of Washington and Colorado approved bills to legalize the recreation use of marijuana.

Four months later, Apollo Global Management Company purchased Hostess Brands for \$410 million and announced that Twinkies would be returning to retail shelves by the summer of 2013. However, the reappearance of Twinkies in most locations across the country has been frustratingly slow – probably because the bulk of the production is currently being shipped to Washington and Colorado.

Gracie's graduation from the canine drug-detection training program in the state of Washington was the occasion for a recent story on National Public Radio. The 2-year-old golden retriever was the first graduate of the program trained to alert her handler immediately upon detecting a whole array of illegal drugs, *but not including cannabis*. The NPR story raised an interesting question regarding all the former graduates of the program. Apparently these dogs' alerting response to cannabis cannot be untrained, though it is thought that the response may slowly extinguish over time.

I'm surprised that psychology has not been called upon to effect a speedier recovery for these animals. We certainly know a thing or two about unlearning conditioned responses. Recall the story of Little Peter whose fear of rabbits was undone by Mary Cover Jones gradually introducing a bunny at successively closer proximities while he sat in his highchair eating ice cream. This forerunner of Joseph Wolpe's technique of systematic desensitization was of course founded upon the principle of reciprocal inhibition. It is simply impossible to feel intense gustatory pleasure and fear at the same time, and as long as you keep the parasympathetic response happily churning away, sympathetic activation is held in abeyance. Perhaps a small portion of the vast numbers of Twinkies heading to Washington and Colorado could be diverted for the higher purpose of rehabilitating a group of older dogs whose only failing was to have been trained to perform a job no longer deemed necessary to human society.

As we contemplate the rapid expansion of online college degrees, academics may begin to feel a certain kinship with those hapless canines.

### Hawks in Flight



**Steve Bistricky ('11)** completed his research/clinical postdoctoral fellowship at the University of California, San Francisco and then went on to an Assistant Professor position at the University of Houston-Clear Lake Clinical Psychology Program. He and Kelly welcomed Avery Colette Bistricky on 09/20/2012 and are having lots of fun with her!

**Anthony "Tony" Bram ('97)** and **Linda Helmig Bram ('97)** moved to the northeast and Tony keeps in touch. He is at a private practice in Lexington, teaching via the Cambridge Health Alliance/Harvard Medical School and on Faculty with the Boston Psychoanalytic Society and Institute.

**Jill Hockemeyer ('07)** moved with her husband Rob back to Iowa after Jill worked at the Palo Alto VA for six years. Jill is now working at the Central Iowa VA in Des Moines and developing their primary care clinical service. She also had a baby boy Ryan on 12/31/2011 and he just turned two!

**Dana Steidtmann ('10)** is still out working in California and she and Dave had a baby girl Kaya in May 2013.

She shared that she is enjoying her research and loving parenthood!

**Kenneth "Andy" Lehman ('09)** and **Brenda (Sampat) Lehman ('09)** are in Chicago working and Andy is currently the Director of Clinical Training at the Jesse Brown VA. They have a lovely daughter Mia.

**Stephanie Wallio ('09)** and husband Alex Schoemann welcomed Bronwyn Wallio Schoemann on 04/05/2013. The family has moved off to the Greenville, North Carolina to pursue career opportunities. Fortunately, Bonnie and I did get to see baby Wallio before they left!

**Martha Dickinson** our former office staff worker for whom Bonnie took over took the plunge and married Walt Caplinger in K.C., MO. **Nancy Hughes** stood with Martha and sent us some delightful wedding photos. Congratulations Martha!

### PASSINGS:

**Stanley Douglas "Doug" Witt ('77) (1944-2013)** Doug died at his home and was able to spend many of his last days with family and friends. Doug attended the University of Kansas for Bachelor of Arts degrees in Psychology and International Relations in 1967, M.A. in Clinical Psychology in 1970 and a Doctor of Philosophy in 1977. Doug went on to make a considerable contribution to the development of community mental health services in Lawrence, K.S. He worked for nearly 30 years at the Bert Nash Mental Health Center and held positions of Director of Court Services, Adult Services, Children's Services, Outpatient Services and Clinical Director. He also worked for 20 years as a clinical supervisor in the KU Psychological Clinic. Doug Witt's contribution to psychology, training, and clinical service in the Lawrence community is significant and vast. We will greatly miss him.

Doug's obituary can be found at:

[www.warrenmcelwain.com/obituary/stanley-douglas-doug-witt](http://www.warrenmcelwain.com/obituary/stanley-douglas-doug-witt). His family requests memorial donations be made to Van Go Mobile Arts, the Lawrence Community Shelter, and the American Cancer Society Hope Lodge-Kansas City. Donations may be sent in care of the Warren-McElwain Mortuary.



**CLINICAL PROGRAM CONTRIBUTIONS:**

We are greatly appreciative of those who have contributed to the Clinical Program this past year. (Very recent contributions that have not been reported to us in time for this issue of the *Hawkline* will be reported next year.)

**Beatrice A. Wright Faculty Scholar in Health and Rehabilitation Fund**

Colleen Wright Rand & Kenneth Rand

**Beatrice A. Wright Scholarship Fund**

Allen Heineman, Dennis Swiercinsky

**B. Kent Houston Award in Health Psychology Fund**

Jane Warren & Daniel Warren, Carol Lowery

**Clinical Psychology Development Fund**

James Armatas & Rene Armatas, Richard Brown & Gail Young Brown, John Colombo & Dale Walker, Doug Denney, Beth Dinoff, Jane Finn (& matching contribution by the Ernst and Young Foundation), David Feldman, Bette Feltcher, Mike Frisch Nancy Hamilton, Glenn Hirsch, Rick Ingram, Keri Kinnard, Sarah Kirk & Tom Hutton, David Larsen, Robin Lewis-Schoner & Arthur Schoner, David Lutz & Ellen McLean, Mary McCartney Keil, Marcia McCoy, Patricia Moulton, Charlene Muehlenhard, Brian Russell, Tim Sippola & Shari Sippola, Debra Taylor, Virginia Whitener

**C.R. Snyder Memorial Fund**

Keith Halperin, Barbara Loring & Frederick Loring, Laura Stephenson & Francois Henriquez

**Don Hutchings Memorial Fund**

Laura Stephenson & Francois Henriquez, Lorraine Magione, Jane Schelly

**Edward Dreyfus Endowment in Clinical Psychology**

Edward Dreyfus

**M. Erik Wright Faculty Scholar Fund**

Allen Heineman, Stephen Werbel & Eugenie Werbel, Colleen Wright Rand & Kenneth Rand

Contributions to the Clinical Program Development Fund (or any specific award fund) can be sent to Rick Ingram, Psychology Department, 426 Fraser Hall, 1415 Jayhawk Blvd, Lawrence, KS 66045 or to the KU Endowment Association, Youngberg Hall, Campus West, Lawrence, KS 66045. Please note the specific fund on your check. You also may make on-line contributions via the Endowment Association:

<http://www.kuendowment.org/>

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Rick Ingram: [reingram@ku.edu](mailto:reingram@ku.edu)

Sarah Kirk: [skirk@ku.edu](mailto:skirk@ku.edu)