



Number 27

The Hawkl ine -- KU Clinical Psychology News

Fall 2011

FROM THE DIRECTOR

Endings and Beginnings -- Next August we will see both as I step out of and Rick Ingram ('83) steps into the role of clinical program director. It couldn't happen to a nicer guy! Rick not only has a sincere love for the program, he goes far enough back with it (think late '70s) to be a founding part of our program's traditions (think holiday skits). We will be in excellent hands.

Another new beginning that we are excited about is next fall's addition of Amber Watts to our program faculty. Amber's degree in Gerontology is from the Davis School of Gerontology at the University of Southern California. Since 2009, Amber has held a post-doctoral fellowship in the Neuropsychology & Aging Laboratory associated with KU's Lifespan Institute and Gerontology Center. We are very pleased to build upon our strengths in this important area. However, Amber "experienced" her first edition of our holiday skits last Friday (Dec. 9), so I hope her resolve to join us was not shaken!

The final ending/beginning I want to address illustrates what I have most loved about our program through the years. Within the past several weeks, Doug Denney and I were contacted by a couple of grads, **Lorraine Mangione ('84)** and **Jo Ann Basgall ('87)**. They were interested in the possibility of working to establish a new student award to honor the memory of their lost student colleague, **Don Hutchings ('81)**. This immediately struck Doug and me as a terrific idea. We also have very fond memories of Don, but his death, shrouded in mystery as it was, left us with a sense of incompleteness and tragically unfulfilled promise.

On July 4, 1995, Don and five other individuals who were trekking in India-ruled Kashmir, were kidnapped by Kashmiri rebels. One person managed to escape. Another was found beheaded nine days later. Don and the remaining captives were never seen or heard from again. Stories about the kidnapping and its aftermath can be found in Wikipedia ----

http://en.wikipedia.org/wiki/1995_Kidnapping_of_western_tourists_in_Kashmir

in the New York Times ----

http://en.wikipedia.org/wiki/1995_Kidnapping_of_western_tourists_in_Kashmir

and in the Spokane Mountaineers Web site ----

http://www.spokanemountaineers.org/content/about/honorary_members/dhutchings.php

Don was recognized as a leader, both in graduate school and later in his professional and recreational activities. But, he was a particular kind of leader, one who leads with a generous spirit and an outstretched hand. As Jo Ann expressed it:

When I think of Don, it is always his generosity that I remember. In the context of the Clinical program, he was an excellent researcher and clinician, but what made him stand out among other excellent students.....was his willingness to share his knowledge and all of his resources. He always had his hand extended, offering assistance, helping others along. It was as if he wanted to bring along everyone on his quest for excellence, instead of proving himself by outdistancing others. He was truly a "leave no one behind", "everybody wins" kind of fellow.

And so, for 2012, we are beginning the **Don Hutchings Memorial Award** to recognize students in the third or fourth year of the program who have the qualities of generosity and leadership that Don's life exemplified. Unlike our other program awards that are bestowed by various combinations of faculty and staff, the **Don Hutchings Memorial Award** recipients will be selected by the graduate student body.

As I contemplate ending my run of over 30 years at the helm of the program in one capacity or another (Clinic Director, Program Director, both at once) I can't think of a better way to cap it off than to honor Don's memory by beginning a new tradition of recognizing students who elevate those around them.

Ray Higgins

A note about contributions: KU Endowment does not yet recognize the Don Hutchings Fund. Should you wish to, contribute to the Clinical Psychology Development Fund and note that it is for the Don Hutchings award.

CLINICAL PROGRAM STUDENT AWARDS



SCHULMAN AWARD FOR EXCELLENCE IN CLINICAL PSYCHOLOGY

Yevgeny (Eugene) Botanov earned his B.A. in Psychology from Stony Brook University in 2004 where his research concentrated on mother-child relationships. He earned his M.A. in Developmental Psychology from Teachers College, Columbia University in 2005. His research there focused on the relationship between cognitive attachment and resilience, particularly in low income families. Before coming to the University of Kansas Eugene worked as a research coordinator in the Laboratory for the Study of Emotion and Cognition at Stony Brook University examining the neurological correlates of fear and stress. Eugene's clinical MA thesis (with Steve Ilardi) examined the acute side effects of bright light therapy, and was presented as a poster at the annual conference for the Society for Light Treatment and Biological Rhythms. Yevgeny is currently serving as the student coordinator for the KU Psychological Clinic.

B. KENT HOUSTON AWARD IN HEALTH PSYCHOLOGY

Catrina Lootens & Christy Olson were co-recipients.

Catrina Lootens received her BS in Psychology, Magna Cum Laude, from Western Michigan University in 2004. Her research interests are in pediatric psychology. Catrina's MA thesis, "Evaluating Three Methods of Assessing Adherence to an Inhaled Corticosteroid Regimen for Pediatric Asthma," was completed under the direction of Mike Rapoff at the KU Medical Center. She has had the opportunity to be involved in several of Dr. Rapoff's NIH-funded research projects evaluating the efficacy of minimal contact treatments for pediatric headache, joint pain, and adherence to medical regimens. Catrina aspires to be a Behavioral Health Specialist in an integrated primary care setting. She currently is gaining relevant experience serving uninsured Douglas

County residents as a practicum student at the Health Care Access Clinic.

Christy Olson received her BA from Luther College. She has clinical and research interests in both anxiety and sleep disorders. As part of her master's thesis (with Nancy Hamilton and Cary Savage), Christy developed and tested a novel task for examining source and object memory in individuals with obsessive-compulsive symptoms. Christy's dissertation builds on this foundation by examining memory and neural correlates of memory in individuals with clinical obsessive-compulsive disorder. Her dissertation work is funded by a National Research Service Award through the National Institute of Mental Health. Following graduation, she hopes to work at an academic medical center in a position that incorporates research and clinical work.

MITCH HANDELSMAN/LORI IRVING TEACHING AWARD

Abbey Hughes received her BS Summa Cum Laude, from Texas A&M University in 2009. Abbey has worked with Doug Denney examining the relative efficacy of various measures of processing speed in patients with Multiple Sclerosis (MS). Her MA thesis was entitled "Measuring Processing Speed Deficits in Multiple Sclerosis: A Comparison of Reaction Time and Rapid Serial Processing." Abbey's graduate work focuses on cognitive deficits occurring in conjunction with MS. This year, she is working with Doug and members of the Hoglund Brain Imaging Center to examine neurobiological correlates of MS-related cognitive deficits using magnetic resonance imaging and spectroscopy. Abbey's research interests also include cognitive rehabilitation and interventions for stress, coping, and quality of life in patients with neurodegenerative disorders. She is currently working with Dr. Monica Kurylo ('98) and fellow student, Tiffany Meites, to develop a mindfulness-based intervention for stress and coping in ICU nurses.

C. R. SNYDER AWARD FOR RESEARCH ACHIEVEMENT

Melinda Gaddy's BA in Psychology was with honors from the University of Missouri. Her research interests are broadly focused on mood

disorders, and particularly heterogeneity in and cognitive correlates of depression. In her MA research, Melinda used a computer rating task, measures of pupil dilation, and a recall task to assess the implications of sadness and hostility for attention allocation among individuals exhibiting dysphoric mood. She has since completed a meta-analytic review of implicit mood-congruent memory biases in depressed mood, and her dissertation entails the use of a nationwide dataset to explore the role of hostility, one important source of heterogeneity in depression, as a risk factor for and a correlate of elevated depressive symptomatology. Melinda is currently applying for internship. Once that is completed, she hopes to gain additional research experiences in a post-doctoral position and to build a largely research-focused career thereafter.

CLINICAL AND PROFESSIONAL SKILLS AWARD

Basak Efe & Eddie Wright were co-recipients.

Basak Efe graduated with an MA degree in Clinical Psychology from Bogazici University, Istanbul, Turkey. She worked as a Teaching Assistant at a private university in Turkey before coming to KU in 2007. She completed her second MA degree at KU. Her KU thesis, conducted under Charlene Muehlenhard's direction, investigated the reasons men and women give in to sexual intercourse without condom use even though they want to use one. Basak continues to work with Charlene on her dissertation, which will focus on predictors of negative attitudes toward gender variant individuals. In her spare time, Basak loves to cook and play with her kitties.

Eddie Wright graduated from Rice University with a BA in Psychology in 2006. He completed his MA thesis with Charlene Muehlenhard, exploring the use of sexual-enhancement drugs (e.g., Viagra) in male college students. He enjoys working with a variety of client issues and has had practicum experiences at the KU Psychological Clinic, Guidance Center, and Dwight D. Eisenhower VA Medical Center. Eddie hopes to eventually have a career that integrates clinical work, teaching, and research.

SANDY DINOFF MEMORIAL HEALTH PSYCHOLOGY RESEARCH AWARD

Teresa Lillis received her B.A. in Psychology, Cum Laude, from Gonzaga University in 2007 and received her M.A. in Clinical Psychology from the University of Colorado, Denver in 2010. Teresa's MA thesis was entitled "Factors Affecting Postpartum Depression: The Role of Sleep Disturbance and Marital Satisfaction." Teresa continues to be interested in sleep research and has worked with Nancy Hamilton examining the use of portable Polysomnography (PSG) units in research, exploring how sleep parameters are altered by manipulating the default settings of actigraphy watches and assisting Nancy with her Fibromyalgia and Sleep Treatment (FAST) study. Teresa plans to begin recruiting participants for her study, "Sleep and the Social Environment of New Motherhood," in the Spring semester and, as part of her receipt of the Sandy Dinoff Memorial Award, will present preliminary data from this study to the Clinical Program and Psychology Department at the May 4, 2012 meeting of the Clinical Program's Proseminar series.

OTHER STUDENT AWARDS

Abbey Hughes won a Young Investigator Award from the European Committee for Treatment and Research in Multiple Sclerosis (ECTRIMS) for her research under the direction of Doug Denney. That award provided her with financial assistance to attend the ECTRIMS annual meeting in Amsterdam, the Netherlands in October 2011.

Cindy Karlson was the recipient of APA Division 54's 2011 Diversity Research grant for her project: "Pain in Pediatric Sickle Cell Disease: Daily Use of Behavioral Prevention Strategies." (As an interesting aside, **Marilyn Sampilo** of KU's Clinical Child Psychology Program received one of three honorable mentions for her project: "Confirmatory Factor Analysis of 'Sizing Them Up' (STU) and 'Sizing Me UP' (SMU) Obesity-Specific Quality of Life Measures in Latino Youth")

Tiffany Meites demonstrated the wide-ranging interests and abilities of our students when she and her mare, WS Center Stage+ received the Legion of Honor award, a lifetime achievement award in the Arabian horse breed. Tiffany also had several freelance articles published in *Modern Arabian*

Horse, the magazine published by the Arabian Horse Association.

Clarice Wang attended a 5-day functional magnetic resonance imaging training program at the Martinos Center for Biomedical Imaging (founded by Harvard-Massachusetts Institute of Technology (MIT) Division of Health Sciences & Technology (HST) and Massachusetts General Hospital (MGH)

CURRENT STUDENT PRESENTATIONS & PUBLICATIONS:

The following is a *partial* list of publications from the past year *involving clinical graduate students*. It should give you a sense of the range of things our current students are involved with. Student names are in **bold**. (Limited space precludes Poster Presentations, of which there were 29 at last count.)

Berg, C.J., Cox, L.S., Choi, W.S., Mayo, M.S., Krebill, R.S., **Bronars, C.A.**, & Ahluwalia, J.S. (2011). Assessment of depression among African American light smokers. *Journal of Health Psychology*, Jul 20. doi: 10.1177/1359105311414953

Bowlin, S. L., & Baer, R. A. Relationships between mindfulness, self-control, and psychological functioning. [doi: 10.1016/j.paid.2011.10.050]. *Personality and Individual Differences*(0).

Clausius, R. L., Pressman, S., & **Black, L.** (2011, April). Positive affect and pain: Does arousal matter? Presented at the Society of Behavioral Medicine's annual meeting in Washington, D. C.

Cox, L.S., Faseru, B., Mayo, M.S., Krebill, R., Snow, T.S., **Bronars, C.A.**, Nollen, N.L., Choi, W.S., Salzman, G.A., Benowitz, N.L., Tyndale, R.F., & Ahluwalia, J.S. (2011). Design, baseline characteristics, and retention of African American light smokers into a randomized trial involving biological data. *Trials*, 12. doi: 10.1186/1745-6215-12-22

Denney, D.R., **Gallagher, K.S.** & Lynch, S.G. (2011). Information processing in multiple sclerosis: Accuracy versus speed. *Archives of Clinical Neuropsychology*, 26(2), 110-9.

Denney, D.R., **Hughes, A.J.**, Owens, E.M., & Lynch, S.G. (2011). Deficits in Planning but not Performance in Patients with Multiple Sclerosis. *Archives of Clinical Neuropsychology* doi: 10.1093/arclin/acr105

Ely, A. C., Befort, C., **Banitt Duncan, A.**, He, J., Gibson, C., Sullivan, D., & Smith, C. (2011). A chronic care model program incorporating group office visits for obesity treatment in primary care. *Kansas Journal of Medicine*, 4(4), 87-98.

Gallagher, K.S., Malone, B., Black, W.B., Landrum, Y. & Davis, A.M. (2011). Treating rural pediatric obesity through telemedicine: Baseline data from a randomized controlled trial. *Journal of Pediatric Psychology*, 36(6), 687-95.

Gallagher, K.S., Odenheimer, G., & Kunik, M.E. (2011). Treating sleep problems in dementia caregivers based on parent-child interventions. *American Journal of Alzheimer's Disease and Other Dementias*, 26(5), 366-72.

Gallagher, M. W. (2011). *Examining Mediation with Longitudinal Data: A Comparison of Three Methods of Data Analysis*. In A. Fisher (Chair) of Longitudinal Models for Clinical Research: Overview and Recommendations. Presented at the Association for Behavioral and Cognitive Therapies 45th Annual Convention, Toronto, CA.

Gallagher, M. W. (2011). *Hope, Optimism and the Longitudinal Course of Anxiety and Well-Being*. In S. J. Lopez (Chair) of Hope: What We Know and Don't Know after Two Decades of Research. Presented at the 2nd World Congress of Positive Psychology, Philadelphia, PA.

Gallagher, M. W., Schoemann, A., & Pressman, S. D. (2011). Mastery beliefs and intraindividual variability of Anxiety. *Cognitive Therapy and Research*, 35, 227-231.

Gibson, L, Lepping, R., Atchley, R.A., Ilardi, S., Young, K., Schuster, J., & **Stroupe, N.** (2011, September). Self-referent sentence processing in depression: Brain responses contradict explicit judgments. Poster session presented at the annual meeting of the Society for Psychophysiological Research (SPR), Boston, MA.

Hughes, A. J., Denney, D. R., & Lynch, S. G. (2011). Reaction time and rapid serial processing measures of information processing speed in multiple sclerosis: Complexity, compounding, and augmentation. *Journal of the International Neuropsychological Society*, 17, 1113-1121.

Hughes, A. J., Lynch, S. G., Owens, E. M., & Denney, D. R. (2011, October). Assessing processing speed in MS: A methodological

variation of the Stroop and Symbol Digit Modalities Test. 5th Joint Triennial Congress of the European and Americas Committees for Treatment and Research in Multiple Sclerosis (ECTRIMS/ACTRIMS), Amsterdam, the Netherlands.

Kurylo, M., & **Lootens, C. C.** (2011). Psychometrician. In J. S. Kreutzer, J. DeLuca, & B. Caplan (Eds.). Encyclopedia of Clinical Neuropsychology. New York, NY: Springer.

Lootens, C. C., & Rapoff, M. A. (2011). Measures of pediatric pain: 21-numbered circle visual analog scale (VAS), e-Ouch electronic pain diary, Oucher, Pain Behavior Observation Method, Pediatric Pain Assessment Tool (PPAT), and Pediatric Pain Questionnaire (PPQ). *Arthritis Care & Research*, 63(S11), S253-S262.

Lynch, S. G., **Hughes, A. J.**, Owens, E. M., & Denney, D. R. (2011, October). Deficits in planning time, but not performance, on a test of executive function. 5th Joint Triennial Congress of the European and Americas Committees for Treatment and Research in Multiple Sclerosis (ECTRIMS/ACTRIMS), Amsterdam, the Netherlands 2011. (October 21, 2011)

Majumdar, S., Ahmad, N., **Karlson, C.**, Morris, A., & Iyer, R. (2011) Does weight reduction in hemophilia lead to decrease in joint bleeds? *Haemophilia*. doi: 10.1111/j.1365-2516.2011.02521

Patrician, T. M., Breslin, F. J., Hughey, R. M., Lepping, R. J., Martin, L. E., Lynch, A. M., Bruce, A. S., Donnelly, J. E., & Savage, C. R. (October 2011). Affect intensity modulates food-related brain response. Oral Abstract, The Obesity Society Annual Meeting, Orlando, FL.

Pressman, S. D., Gillath, O., Black, L., **Botanov, Y.**, Moskovitz, J., & Stetler, D. (2011). Oxytocin receptor polymorphism and the cardiovascular stress response. Paper presentation, 2011 Annual Meeting of the American Psychosomatic Society, San Antonio, Texas.

Pressman, S. D. & **Kraft, T. L.** (2011). Heart rate variation with positive psychology exercises. To appear in Froh, J. J., & Parks, A. C. (Eds.). *Positive psychology in higher education: A practical workbook for the classroom*. Washington, DC: American Psychological Association.

Pressman, S. D., **Kraft, T. L.**, & **Bowlin, S.** (2011). Well-being: Physical, psychological, social. In M. D. Gellman & J. R. Turner (Ed.) *Encyclopedia of Behavioral Medicine*. (Spring 2011 ed.).

Rubin, D., **Botanov, Y.**, Hajcak, G., & Mujica-Parodi, L.R. (2011). Second-Hand stress: Inhalation of stress sweat enhances neural response to neutral faces. *Social Cognitive & Affective Neuroscience*. First published online: January 5, 2011.

Short, M.B., **Black, L.**, Smith, A.H., Wetterneck, C. T. & Wells, D. E. (2011). A review of internet pornography use research: Methodology and content from the past 10 years. *Cyberpsychology, Behavior, and Social Networking*, epub ahead of print.

Sloan, D. M. **Gallagher, M. W.**, Feinstein, B. A., Lee, D., Pruneau, G. (2011). Efficacy of telehealth treatments for posttraumatic stress-related symptoms: A meta-analysis. *Cognitive Behaviour Therapy*, 40, 2, 111-125.

Williams, A.J., & Williams, R.H. (2011). Multiple Identification Theory: Attitude and behavior change in a simulated international conflict. *Simulation & Gaming*. doi: 10.1177/1046878111429228

SCHOLARSHIP & FELLOWSHIP RECIPIENTS

Last year was a bad year in the market for our scholarship funds (not to mention faculty retirement funds!), so we were unable to distribute our normal complement of scholarships in 2011. We are optimistic, however, that we will be able to resume our scholarship support to select students in 2012.



NESTLING HAWKS: 2011 ENTERING CLASS

Ashley Demarco, (Health Specialty), BA—Emory University, Atlanta, GA. Ashley is working with Ruth Ann Atchley.

Elisabeth Harfmann (General Program), BS—Michigan State University, East Lansing, MI. Elisabeth works with Rick Ingram.

Adijat Mustapha (General Program), BA—Drew University, Madison, NJ. Adijat works with Charlene Muehlenhard.

Teresa Pan (Health Specialty), BS in Neurology, BA in Psychology—University of California, San Diego. Teresa is working with Cary Savage.

Alexandra Roth (General Program), BS—Drake University, Des Moines, IA. Alexandra works with Doug Denney.

Valerie Scheller (General Program), BA—University of Arizona, Tucson, AZ. Katie works with Rick Ingram.

FLEDGLING HAWKS: ON INTERNSHIP



Tresza Hutcheson (Health Specialty): COMCARE of Sedgwick County (Wichita, KS)

PSYCHOLOGICAL CLINIC

The KU Psychological Clinic has prospered in the past year due to ingenuity and increased offerings of clinical services. We added yet another group **Emotional Regulation Skills** led by **Michelle Kanga**. Our assessment offerings have grown immensely over the past year and we are serving KU and the greater community at record levels. We also continue to advance our use of electronic systems and cameras and now have built-in camera use available in 6 rooms and flat-screen viewing for training and presentations in 4 of those rooms. We converted a play therapy space to a group/meeting/family therapy room.

Eugene Botanov has served as an amazing Student Coordinator for the clinic and we have had the great fortune to hire **Natalie Stroupe** as our Administrative Associate. The office has never operated more smoothly.

We will sponsor an **Ethics Workshop** this spring on **April 20th** and will have **Jeffrey Barnett, PsyD** presenting. He will focus on the challenges electronic media play in today's practice. Please contact me if you would like to be on the email list for this event.

I have loved hearing from old friends and classmates this past year and you are always

welcome to visit us in the clinic. My 2-year old daughter especially likes to visit **Bonnie Schafer** as many of you might as well.

Sarah Kirk

FACULTY SAMPLER

David Johnson is now director of KU's Neuropsychology and Aging Laboratory and the Alzheimer Disease Center Assessment Core.

Charlene Muehlenhard: Renovations on my house are still underway. Things are far enough along that I was able to host a "Lunch Train lunch" before Greg Simpson left and a dinner for my grad students. I was very happy that my niece and her husband bought my parents' house. I now have some of my parents' furniture, such as barrister bookcases and a knock-down wardrobe (take off the top, and the whole thing comes apart). I am still taking Spanish classes. Cyd and I took a road trip to Wisconsin to see her elderly aunt. We saw shows by Bill Maher, Paula Poundstone, and Kathy Griffin. I learned from SSSS that I will get the Kinsey Award at the May meeting in Bloomington. All-in-all, a good year. Happy holidays, everyone!

Mike Rapoff Our Behavioral Pediatrics Lab team at KU Medical Center includes **Catrina Lootens**, **Michele Tsai**, and **Alex Williams**. We meet weekly to discuss research projects, including an NIH-funded trial to investigate the efficacy of an online program (Adherence-strong) which teaches parents of young children with arthritis how to promote adherence to medical regimens. The discussions are lively and I am enjoying our lab team.

Doug Denney: First a confession: Recently I crawled into bed with Anna O. Just as some make it a point to re-read classic novels like The Great Gatsby or True Grit every few years, I find it interesting to dust off the old paperback copy of Studies on Hysteria I was required to buy almost 50 years ago when I took Personality Theory as an undergraduate at Lehigh University. It's not just that you can glimpse the nascent beginnings of psychoanalysis emerging from the pages of this book (but you can, and these first principles -- arguably the best part of this whole system -- were why Dr. Millon required us to read it). It's that I've always felt hysteria has gotten a bum rap, particularly in the latter half of the last century following the publication of the 3rd ed. of the DSM.

If they mention it at all, most writers of abnormal psychology textbooks nowadays talk about hysteria as some sort of historical oddity of the 19th Century when Queen Victoria presided over the British Empire and women hid their sexuality behind a not-so-easily penetrated veil of repression, and now that those horrible times are thankfully ended and both the Empire and the veil have fallen, hysteria too has effectively disappeared, a pathological anachronism akin to St. Vitus' Dance and only obliquely implied by eating disorders, chronic fatigue syndrome, and fibromyalgia. We're glibly encouraged to believe that psychologists and their psychiatric brethren "almost never encounter a good hysteric anymore" - at least (it is sometimes added) not outside the environs of Appalachia where a singular lack of medical sophistication apparently permits some individuals in the more isolated "hollers" to harbor conversion symptoms that anyone with an ounce of familiarity with human biology would readily reject as implausible.

Perhaps it's because I spend a lot of my time with neurologists these days that my attitude toward hysteria is so much more charitable and inclusive. I don't think a day goes by that a clinical neurologist doesn't entertain the possibility that the slippery array of symptoms presented by a certain patient might not actually be an instance of hysterical conversion. How does the differential diagnosis get made in such cases? If you're an older neurologist, you start by first checking the patient's neurological status using a funny assortment of examination procedures involving tuning forks, hammers, and penlights and then you send the patient on for an MRI. If you're a younger neurologist, you simply reverse this order. And what's left over after all of the tuning forks and magnets is that which you cannot explain or, in other words, hysteria.

So, as it has always been, hysteria is a diagnosis arrived at through exclusion, and the only thing that has really changed is the number and electronic sophistication of the tools we have available to apply to the mystery standing before us (and, of course, the health insurance policies to pay for them). But, these changes have contributed to an incredible shrinking of the domain of psychiatric/psychological conditions (ironically over the same period that the number of separate disorders designated between the covers of the DSM has expanded to ridiculous excess), and hysteria has not been spared from this trend.

Hysteria is certainly diminished in scope and quite different from the extraordinary diversity of forms it assumed in centuries passed, but, positioned --as it has always been --in the netherworld of the as-yet medically unexplained, hysteria has happily managed to survive to the present.

Alas, I'm sorry to have to report that hysteria itself may finally have started to take its first tentative steps along the melancholic path to its own demise. My latest issue of Newsweek bears this ominous statement: "Thanks to new brain scanning technology, there has been a small resurgence of interest [in hysteria] among neurologists. Valerie Voon, a scientist at Cambridge University, found an amped-up connection between the emotion-producing regions of the brain and those that control motor activity – substantiating one theory of conversion disorder: *that it can be triggered by stress*" (emphasis added). I wonder what Bertha Pappenheim would have said about such a momentous scientific breakthrough.

Doug Witt ('77) In the year since the death of my wife, **Sandra Shaw ('70)**, I have been focused on regaining some balance in my life that supports both time to grieve, time to celebrate, and time to move forward. I continue to work four days a week for Disability Determination Services in Topeka and one day a week at KU. I continue to live on our land in the country that Sandra and I developed and loved. I have been able to travel to see family and friends that Sandra and I wanted to visit but were unable to due to her illness and treatment. My work with graduate students is particularly rewarding and meaningful as an act of renewal, and I often find myself commenting on how Sandra would respond to a particular clinical situation. At a time when many are unable to find any work, it is such a blessing to actually get paid for doing what I find so rewarding.

Rick Ingram As I look back over this year, three events really stand out. But one event has its roots in earlier years. Over the past three years, I had become increasingly frustrated with the actions of the Lawrence Board of Education. I guess I complained enough that people suggested I run for the school board, In other words, put up or shut up. And so I put up; in January I paid \$5.00 to the Douglas County Clerk and filed to run. Nine candidates filed for four openings and despite a campaign that sometimes resembled the keystone

cops, I finished first. My term rated on July 1st, and on many days since then I feel like I have two full time jobs.

The second thing that stands out was a reunion of Sunset Blues band era students. For those who don't know, in the mid to late 70s and early 80s, a group of clinical graduate students formed the band, named for the house they rented on Sunset Drive (literally about three blocks from where I live now). Like every great band, there was some change in membership (occasioned by internship rather than artistic differences), but on June 11, **Randy Krupsaw, Randy Jorgensen, Mitch Handelsman, Tim Boaz,** and Tom P (a former social student) got together put on an unbelievable show. It had been decades since they played together and I am not sure that this particular constellation of people had ever played together, but they didn't miss a beat. In fact, they may have sounded better. I guess Mitch was right – musicians do sound better when they all play in the same key.

Several people got the ball rolling on this, but a special thanks to **Lorraine Mangione** for really spearheading this and to **Laura Stephenson** for lending out her house for the reunion. It was really great to see all of these folks again, and amazing how none of us looked any different at all. Let's not wait 30 years to do it again, because let's face it, even if we're still around no one is doing any dancing. The last thing I wanted to note is that Ray Higgins is stepping down as DCT and it looks like I will be taking over. My respect for Ray's leadership of the program has grown exponentially since I came back in 2004, and his will be hard shoes to fill. Fortunately, Ray will still be here and so I will be leaning on him for plenty of advice. So, raise a glass to Ray and then drop him a line to say thanks.

Editorial Note: The Blues Band reunion was a special and rejuvenating experience for Doug Denny and me. It was great fun!

Realizing that there is a risk of embarrassing myself by leaving someone out, other attendees at the reunion included: **Ed Aberger ('84), Paul Adler ('82), Jo Ann Basgall ('87), Lynnette Forbes, Lou Gamino ('81), Mary Jasnosi Gregerson ('84), David Lutz ('80), Heidi Miller ('84), Cheryl Newburg ('83), Tom Pyszczinsky (social grad, the drummer), Robin Ramsay ('87), Joe Rubsam ('82), Claire Selzer Whiteman ('84), Tim Sippola ('80), Tish Thompson ('81))**



Hawks in Flight

Harold Dickman ('56) was featured in the *Monitor on Psychology* for Nov. 2010.

www.apa.org/monitor/2010/11/veterans.aspx

The article describes Dickman's history of service with the Marine Corps and his use of the GI Bill. After completing his graduate studies at KU, Dickman went on to become the chief of psychology services at the VA hospital in Roseburg, Ore. He later worked at the Palo Alto VA and developed approaches to helping patients with schizophrenia.

Adam Buhman-Wiggs ('02) Adam was elected as the 2011 President Elect for the Kansas Psychological Association after serving as the Academic/Research Representative.

Beatrice Wright A festschrift was published describing Beatrice's influence and contributions to rehabilitation psychology. McCarthy, H. (2011) A Modest Festschrift and Insider Perspective on Beatrice Wright's Contributions to Rehabilitation and Practice. *Rehabilitation Counseling Bulletin* 54 (2), 67-81. This piece is an amazing collection of Dr. Wright's contributions to the field and others' testimony to her work.

Brian Crandall ('97) recently returned from his service in Afghanistan. Brian sent us one update when in the hinterlands of Afghanistan where he was in command of a Combat Stress Control unit. He was involved in building and setting up clinics and headquarters for behavioral health services. Thankfully Brian made it home safely and was able to go on a much needed vacation with wife, Susan, and take a cruise around Italy, Greece, and Turkey. Brian's children have grown into young adults save one who is 8. The three oldest are attending or finishing college and have completed several missions in and outside the U.S. Brian and Susan also have an exchange student from Australia who is studying abroad in France. Brian reported he is now settled as the Director at the Center for Personal Development at West Point, NY and his family loves the area. They were able to attend the Macy's Thanksgiving Parade from the center of Times Square. We welcome Brian and his family

back home and his service to our country and his colleagues is nothing short of amazing.

Cindy Karlson ('11) Cindy and Tate welcomed baby Noah into the family. Ainsley is 2 now and very independent. Cindy somehow also found time to win the 2011 Diversity Research Grant for her Pain in Pediatric Sickle Cell Disease: Daily use of Behavioral Prevention Strategies. Way to go Cindy and congratulations to the family on the new arrival.

Kristin Kahle Wroblewski ('05) Kristin was promoted to Senior Research Scientist at Eli Lilly and Company.

Kurt Crandall ('02) worked with **Scott Michael ('02)** at the Seattle VA for awhile before marrying and returning to the East coast to be near family and to teach at Longwood University in Virginia. Kurt also plans to start private practice and was expecting a baby during his latest contact. We will look for an update!

Glen Hirsch ('81) continues in his role as the Director of the University of Minnesota Counseling & Consulting Services as well as maintaining a private practice. Glen's children have moved to the west coast and he still has family to visit in Los Angeles, so he gets to make many trips. Glen remarried within the past two years and reports enjoying his family and work.

Susan Hickman ('97) is now at Indiana University (IUPUI) and a member of the School of Nursing faculty. Susan sees fellow Jayhawk **Kevin Rand ('06)** regularly and is working on a pain management paper with Kevin.

Julia Woodward ('04) continues to work part-time, with Graham in Kindergarten and Marshall 2.5. She recently published her dissertation in the *Journal of Behavioral Medicine*. Julia is doing more training/teaching and lecturing to OBGYN residents and Reproductive Endocrinology Fellows. She also supervises a master's level student and a psychiatry resident, and will be taking on an Intern soon. Julia is the Director of the Psychological Services Program for the Duke Fertility Center.

Edward Dreyfus ('64) published *Books to Improve your Life* with all proceeds to go to charity. Dr. Dreyfus has a practice in Santa Monica offering individual psychotherapy, relationship counseling, sex therapy, and life coaching. Ed encourages you to check out his personal Web presence, but to pay

special attention to his new charity: www.bookprofitsforcharity.net

Website: www.docdreyfus.com

Blog: www.psychologicallyspeaking.net

Facebook: www.docdreyfus.com/fanpage

Twitter: [@docdreyfus](https://twitter.com/docdreyfus)

Books: www.dreyfusbooks.net

Hal Shorey ('07) wrote that he has been very busy and getting back to writing. Hal directs the joint PsyD/MBA program at Widener Univ., and has a consulting unit called Organizational Developmental Services. Hal provides supervision to practicum students and also has secured funding for two interns who provide coaching to Widener's senior staff. He also conducts leadership workshops and trainings as part of his private practice, as well as for campus leaders

David Roth ('87) has been appointed the new Director of the Center on Aging and Health in the John Hopkins School of Medicine.

Tom Locke ('84) has moved back to Lawrence after retiring from Los Alamos National Laboratory as the Psychology Team Leader.

Brenda (Sampat) Lehman ('09) and Andy Lehman ('09) welcomed Mia Elizabeth Lehman into the world on Oct. 11, 2011. New parents Brenda and Andy are doing great and working in the Chicago area.

Stephanie Wallio ('09) married Alex Schoemann (Quantitative Psych graduate) on July 7th, 2011. Stephanie is working for Education Administration at KU as a research associate and she and Alex live in the Lawrence area.

PASSINGS:

We include notice of passings as we learn of them and make the connection to our program.

Howard Baumgartle, who was on the KU Psychology Department faculty from 1955-1988, died February 12, 2011 in Albuquerque, NM. Although not a clinical program faculty member, Howard had a lasting impact on the lives of many of our students and faculty.

<http://www2.ljworld.com/obituaries/2011/may/01/howard-baumgartel-jr/>

Aaron Hershkowitz ('54) (12/2/1922-5/10/2010) Died March 10, 2010 at the age of 87 in Hartford, CT. As with many psychology graduates from the

earlier years of the program, the records of Dr. Hershkowitz's time at KU, including his program affiliation, are sketchy. We do know that he was listed in the *KU Jayhawker* yearbook as being in the class of 1954. He also was briefly listed as a member of the KU Psychology Department faculty in 1954. Dr. Hershkowitz was one of three students that Fritz Heider singled out for acknowledgement in his groundbreaking book: *The Psychology of Interpersonal relations*.

<http://www.weinsteinmortuary.com/obit.cfm?step=2&id=1758>

Philip Holzman ('52) (1922-2004) passed away June 1, 2004. He was the Esther and Sidney R. Rabb Professor of Psychology at Harvard University. Dr. Holzman founded the Psychology Research Laboratory at McLean Hospital in Belmont, Massachusetts. He was a Fellow and Charter Member of APS and gained international renown for his research on Schizophrenia. His obituary in the *APS Observer* can be found at: <http://www.psychologicalscience.org/observer/getArticle.cfm?id=1765>

Sheila Ribordy ('75) (1949-7/11/2011) was cited in last year's *Hawkline* in connection with her stellar direction of DePaul University's Family and Community Services (DFCS) center. Now, she has been posthumously awarded DePaul's *Via Sapientiae* Award, the highest academic award that DePaul can bestow. The award recognizes "distinctive and extraordinary contributions to the University". Dr. Ribordy was a Professor of Psychology at DePaul for 35 years.

<http://www.chicagotribune.com/news/local/ct-met-ribordy-obit-20110718,0,425448.story>

CLINICAL PROGRAM CONTRIBUTIONS:

We are greatly appreciative of those who have contributed to the Clinical Program this past year. (Very recent contributions that have not been reported to us in time for this issue of the *Hawkline* will be reported next year.)

CLINICAL PROGRAM DEVELOPMENT FUND:

Jo Ann Basgall ('87), Joseph Colletti ('95) & Rhonda Reinholtz ('97), John Colombo & Dale Walker, Jeff Crowson ('97), Doug Denney, Janet Endelman ('80), Jane Finn ('77) & Ernst and Young Foundation, Louis Gamino ('81), Nancy Hamilton, Ray & Sarah Higgins, Glenn Hirsch ('81), Rick Ingram ('84), Mary Seedorff Kesler ('78) & David

Kesler ('76), Mary McCartney Keil, ('80), Keri Kinnaird ('87), Sarah Kirk ('98) & Thomas Hutton, Daniel Larsen ('78), David Lutz ('80) & Ellen McLean, Lorraine Mangione ('84), Susan Paolo ('90) & Anthony Paolo ('88), Robin Ramsay ('87), Tim Sippola ('80) & Shari Sippola, Laura Stephenson ('86) & Francois G Henriquez II, Bernard (Rusty) Sullivan ('77), Deborah Taylor ('88), Claire Selzer Whiteman ('84) & Charles H. Whiteman, Virginia Whitener ('71).

DON HUTCHINGS AWARD:

Doug Denney, Ray Higgins

C. R. SNYDER MEMORIAL FUND:

No contributions were received this year.

B. KENT HOUSTON AWARD IN HEALTH PSYCHOLOGY FUND

Michael Babyak ('96) & Beverly Brummett, Carol Lowery ('77), Sharon Sears ('04)

SANDY DINOFF MEMORIAL AWARD FUND

Beth Dinoff ('01)

EDWARD A. DREYFUS ENDOWMENT:

Edward Dreyfus ('64)

BEATRICE A. WRIGHT SCHOLARSHIP FUND

Marjorie Y. Fisch and Ralph Irving Fisch

BEATRICE A. WRIGHT FACULTY SCHOLAR IN HEALTH & REHABILITATION FUND

Colleen Wright Rand & Kenneth Rand

M. ERIK WRIGHT FACULTY SCHOLAR FUND

Allen W. Heinemann ('82), Colleen Wright Rand & Kenneth Rand, Stephen A. Werbel ('68) & Eugenie M. Werbel

Contributions to the Clinical Program Development Fund (or any specific award fund) can be sent to Ray Higgins, Psychology Department, 426 Fraser Hall, 1415 Jayhawk Blvd, Lawrence, KS 66045 or to the KU Endowment Association, Youngberg Hall, Campus West, Lawrence, KS 66045. Please note the specific fund on your check. You also may make on-line contributions via the Endowment Association: <http://www.kuendowment.org/>.

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