



Number 23

KU CLINICAL PSYCHOLOGY NEWS

Fall 2007

From The Director

“This, too, shall pass.” I must have silently uttered these words thousands of times over the past year as we prepared for and, finally, hosted our recent (November 29-30) APA Accreditation site visit. (Look, Ma! I'm psychic!) Each site visit experience has its own unique character. On this occasion, we were pleased to host a very cordial and professional team made up of David Berry (Univ. of Kentucky), Dan Klein (SUNY-Stony Brook) and Mark Reinitz (Univ. of Puget Sound). We expect to receive the Commission on Accreditation's final “verdict” later this coming spring, but are confident that our record of continuous accreditation (since 1952) will remain unblemished.

By-the-way, here is a “shout-out” to all of you who either are current students or who have graduated from the program since 2000. Your timely and generous responses to my requests and questionnaires were fundamental to our efforts to document the program's accomplishments over the last 7 years for the accreditation self-study. Thank you!

In addition to preparing for re-accreditation last year, we invested a lot of time and effort toward recruiting two new faculty, with mixed success: We succeeded with one recruitment but failed with the other. On the one hand, we were extremely pleased this fall to welcome David Johnson (2003 Ph.D. from Washington University in St. Louis). David (also see the FACULTY SAMPLER), specializes in aging and neuropsychology, and holds joint (50/50) appointments with (clinical) psychology and the KU Center for Gerontology. In contrast to our good fortune with David, our recruitment of a clinical health/rehabilitation psychologist fell through in the end. In retrospect, this “failure” may actually have been a blessing as we currently are re-recruiting for the position and have some very promising prospects. Stay tuned for next year's *Hawklime* update to learn how it turns out (or send me an e-mail if you want to know before then).

Here's another “shout-out”---to everyone who contributed to Rick Snyder's memorial fund. Your generosity has enabled us to do something that we have wanted and needed to do for many years--establish an endowed fund to be used to defray

student research expenses, including travel to present their research at conferences. In the past, our ability to help students with these expenses has been severely limited by having to rely on annual contributions to the program's development fund. Now, we have a fund that will continuously generate its own income for such purposes. Knowing Rick as I did, I can't think of anything that would have pleased him more than to know his legacy includes such vital assistance to future generations of KU clinical psychologists. Thank you!

In another exciting development for the program, the endowments for the Beatrice A. Wright Faculty Scholar fund and M. Erik Wright Distinguished Professorship fund are being combined to yield two new endowed faculty “chairs.” The new funds will be used to recruit new faculty. One of them, the *Beatrice A. Wright Faculty Scholar in Health & Rehabilitation Psychology* will be used to recruit new health/rehabilitation faculty, and the other, the *M. Erik Wright Faculty Scholar in Clinical Psychology* will be used to recruit new faculty for the general program. The individual who fills the health/rehabilitation position we currently are recruiting for will be the first to benefit from these newly configured endowments. Insofar as I am aware, these endowed chairs, which are expressly designed to assist new faculty, are unique to KU Clinical Psychology. How fitting is it that the founders of KU clinical and rehabilitation psychology, Erik and Beatrice, will be instrumental to the success of the program's future generations of leaders?

It is amazing what a modest endowment can accomplish. If you would like to leave an enduring mark on the program, I would love to talk to you about the possibilities. In any event, please consider contributing to the program's development fund. This is the fund we draw from for a host of essential program expenses, especially student recruitment expenses. You can send a check, payable to the Clinical Psychology Development Fund, C/O Ray Higgins, *Psychology Department, 426 Fraser Hall, 1415 Jayhawk Blvd. University of Kansas, Lawrence, KS 66045*. Or, you may prefer to contribute to another of our specific funds (see the following section on CLINICAL PROGRAM STUDENT AWARDS). If so, please feel free to send me a check payable to the specific fund name. All contributions, in any amount, are greatly appreciated.

Finally, please let us know if you make any address changes--and do consider contributing news of yourself and your family to next

year's *Hawklime*. Inquiring minds want to know! For now, I hope you find something of interest in this year's edition and I wish you and yours all the best throughout the new year.

Ray Higgins
rhiggins@ku.edu

Clinical Program Student Awards



SCHULMAN AWARD FOR EXCELLENCE IN CLINICAL PSYCHOLOGY

Andy Lehman received BAs in Psychology and Letters from the University of Oklahoma in 2004 before attending KU. Recruited to KU to work in the late Dr. C. R. Snyder's Hope Lab, Andy's masters thesis involved developing a new measurement of hope based upon others' ratings on a cooperative task. Since that time, Andy has worked with Dr. Steve Ilardi and has served as co-coordinator of the Therapeutic Lifestyle Change for Depression study, a novel depression intervention trial based on the integration of healthier lifestyle elements (e.g., aerobic exercise, light exposure, omega-3 fatty acid supplementation). For his dissertation, Andy is exploring a posited link between evolutionary fitness and happiness. Andy is currently applying for internship and hopes to match with a program that will assist him toward his goal of having an academic career.

B. KENT HOUSTON AWARD IN HEALTH PSYCHOLOGY

Cynthia Karlson received her B.S. in psychology from the University of Florida in 2003. She worked as a Research Director at UF until she started her graduate work at KU in 2004. Cynthia completed her master's thesis, entitled "Effects of Parental Massage on Children with Juvenile Rheumatoid Arthritis," under the direction of Nancy Hamilton and Mike Rapoff. Her thesis was honored by the receipt of an American Psychological Association Division 38 Student Research Grant. Cynthia's graduate work has focused primarily on rheumatologic pain conditions in both children and adults. She is planning on completing her dissertation in the area of pain threshold and massage. After KU, Cynthia hopes to continue her work in chronic pain conditions in both research and clinical intervention.

MITCH HANDELSMAN/LORI IRVING TEACHING AWARD

Chantal Young graduated Summa Cum Laude with her B.S. in psychology from the University of Mary Washington in Fredericksburg, VA in 2003. Her M.A. was conducted under the guidance of Charlene Muehlenhard and was completed in the summer of 2006. This project was entitled "The Meanings of Masturbation" (obligatory clever subtitle: "Different Strokes for Different Folks") and uncovered four different patterns of attitudes toward masturbation. Chantal's dissertation is taking a different direction due to her recent love affair with evolutionary psychology. She is working with Dr. Steve Ilardi on testing a very brief (one-hour!)

intervention using lifestyle changes such as exercise, nutrition, and full spectrum light exposure to prevent future depression in individuals who are at risk due to either current subclinical depression or a history of major depression.

Chantal's interest in sexuality dates back to her undergraduate years (she led a peer education program on birth control and sex). She reports being amazed by her peers' lack of understanding of their sexuality and looking forward to having an educational environment where it would be possible to fully explore issues of sexuality. She has greatly enjoyed teaching Human Sexuality for three semesters at KU, and hopes to blend her many interests to build a career involving clinical practice, teaching, and research.

C. R. SNYDER AWARD FOR RESEARCH IN POSITIVE PSYCHOLOGY

Matt Gallagher received his BA in Psychology (with honors) from Rice University in 2005. He came to KU specifically to work with Rick Snyder on research exploring the effects of hope on mental health. In very short order, Matt completed his masters thesis "The Effects of Hope and Theories of Intelligence in a GRE Preparation Course" in the fall of '06 under the joint direction of Rick Snyder and Todd Little (quantitative psychology program). Matt continues to be interested in positive psychology and currently works with Shane Lopez, Ph.D. a former student of Rick's who is now on the faculty of KU's Counseling Psychology Program. In the past year, Matt has presented posters at the International Positive Psychology Summit and the annual meeting of the Association for Psychological Science. He also recently published an article in the *Journal of Positive Psychology* titled "Curiosity and Well-Being." For his dissertation, Matt plans to conduct a longitudinal investigation of how hope, optimism, and other positive psychology constructs predict the development of well-being over time. After completing his doctoral degree, Matt plans to pursue an academic career and hopes to continue to be able to blend his interests in clinical and positive psychology in order to conduct research exploring the psychological factors that promote flourishing mental health and protect against mental illness.

CLINICAL AND PROFESSIONAL SKILLS AWARD (THE INAUGURAL PRESENTATION)

Thao Bui received her BA in Psychology (with honors) from the University of Texas and joined KU in the fall of 2002. Her masters thesis, under the direction of Charlene Muehlenhard, was entitled, "An Evaluation of Assumptions About Sexual Consent Among College Students." Today, Thao has shifted interests and has decided to specialize in the assessment and treatment of anxiety disorders. Her dissertation will compare the assessment of OCD in adolescents using telemedicine as opposed to face-to-face assessments. Beyond KU, Thao hopes to focus her career on outreach for the treatment of anxiety disorders.

SANDY DINOFF MEMORIAL HEALTH PSYCHOLOGY RESEARCH AWARD

We wanted to be able to announce the recipient of this new program award in this *Hawkline* edition, but the selection process is not yet completed. We do, however, want to acknowledge here the generosity of **Beth Dinoff ('01)** and her siblings for sponsoring this award in memory of their mother. The purpose of the award is to encourage the conduct and dissemination of high quality research in clinical health psychology.

OTHER STUDENT AWARDS, HONORS, PRESENTATIONS and PUBLICATIONS:

The following is a partial list of publications and presentations from the past year involving students who were matriculated during 2007. The publications/presentations are ordered alphabetically by the first authors' names, with the student names in **bold**.

- Abramowitz, J.S. & **Nelson, C. A.** (2007). Treating doubting and checking concerns. In M. M. Antony, C. Purdon, & L. Summerfeldt (Eds.), *Psychological treatment of OCD: Fundamentals and beyond*. Washington, DC: American Psychological Association Press.
- Abramowitz, J. S., **Nelson, C. A.**, Rygwall, R., & Khandker, M. (2007). The cognitive mediation of obsessive-compulsive symptoms: A longitudinal study. *Journal of Anxiety Disorders*, 21, 91-104.
- Aupperle, R. L.**, Denney, D. R., Lynch, S. G., Carlson, S. S., & Sullivan, D. K. (in press). Omega-3 fatty acids and multiple sclerosis: Relationship to depression. *Journal of Behavioral Medicine*.
- Aupperle, R. L.**, Hale, L.H., Chambers, R., **Nelson, C.A.**, Cain, S.E., Barth, F.X., Sharp, S., Hall, S.B., Denney, D.R., Savage, C.R. (2007). A double-blind, placebo-controlled, fMRI investigation of D-cycloserine and symptom provocation in spider phobia: Preliminary results. Poster presented at the 27th Annual Anxiety Disorders Association of America (ADDA), Saint Louis, MO.
- Aupperle, R. L.**, Hale, L. H., Denney, D. R., Chambers, R. J., Cain, S. E., Barth, F. X., Sharp, S. C., & Savage, C. R. (2007). An fMRI study investigating the effects of D-cycloserine on brain activations during verbal memory recognition. Paper presented at the annual meeting of the Society for Neuroscience, San Diego, CA.
- Berg, C. J.**, Snyder, C. R., & Hamilton, N. A. (in press) The Effectiveness of a hope intervention in coping with cold pressor pain. *Journal of Health Psychology*.
- Cox, L.S., **Bronars, C.A.**, Thomas, J.L., Okuyemi, K.S., King, G., Mayo, M.S., Ahluwalia, J.S. (2007). Achieving high rates of consent for genetic testing among African American smokers. *Nicotine and Tobacco Research*, 9, 711-716.
- Efe, Basak**, & Yeniceri, Nur. (2007, November). *The effects of familial variables and self-esteem on the sexual risk-taking behaviors of late adolescent girls in Turkey*. Presented at the 50th Anniversary Meeting of the Society for the Scientific Study of Sexuality, Indianapolis, IN.
- Gallagher, M. W.**, & Lopez, S. J. (2007). Curiosity and well-being. *Journal of Positive Psychology*, 2, 236-248.
- Gallagher, M. W.** (in press). Future mindedness. In S. J. Lopez (Ed.) *The encyclopedia of positive psychology*. London: Blackwell Publishing.
- Gallagher, M. W.**, & Lopez, S. J. (in press). Positive Psychology. In W. F. Buskist & S. F. Davis (Eds.), *21st Century Psychology: A Reference Handbook*. Sage Publications.
- Garratt, G.**, Ingram, R. E., Rand, K. L., & Sawalani, G. (2007). Cognitive processes in cognitive therapy: Evaluation of the mechanisms of change in the treatment of depression. *Clinical Psychology: Science and Practice*, 14, 224-239.
- Hamilton, N. A., Affleck, G., Tennen, H., **Karlson, C.**, **Luxton, D.**, Preacher, K.J., & Templin, J. L. (in press). Fibromyalgia: The role of sleep on affect, negative event reactivity, and recovery. *Health Psychology*.
- Hamilton, N. A., Catley, D., & **Karlson, C.** (2007). Sleep and the affective response to stress and pain. *Health Psychology*, 26, 288-295.
- Hamilton, N. A., **Gallagher, M. W.**, Preacher, K. J., **Stevens, N.**, **Nelson, C. A.**, **Karlson, C.**, & **McCurdy, D.** (in press). Insomnia and well-being. *Journal of Consulting and Clinical Psychology*.
- Hamilton, N. A., **Karlson, C.**, **Luxton, D.**, **Nelson, C.**, **McCurdy, D.**, **Stevens, N.** (in press). Sleep and depression. In R. E. Ingram (Ed.). *International encyclopedia of depression*. New York: Springer.
- Hamilton, N. A., Karoly, P., **Gallagher, M.**, **Stevens, N.**, **Karlson, C.**, **McCurdy, D.**, (in press). The Emotion Amplification and Reduction Scales (TEARS). *Cognitive Therapy and Research*.
- Hamilton, N. A., Karoly, P., **Gallagher, M. W.**, **Stevens, N.**, **Karlson, C.**, & **McCurdy, D.** (in press). The Assessment of Emotion Regulation in Cognitive Context: The Emotion Amplification and Reduction Scales. *Cognitive Therapy & Research*.
- Hamilton, N.A., **Nelson, C. A.**, **Stevens, N.**, Kitzman, H. S. (2007). Sleep and psychological well-being. *Social Research Indicators*, 82 (1), 147-163.
- Higgins, R. L., & **Gallagher, M. W.** (In Press). Reality Negotiation. In C. R. Snyder & S. Lopez (Eds), *The handbook of positive psychology* (2nd. Ed). Oxford University Press.
- Ilardi, S. S., **Lehman, K. A.**, **Stites, B.**, **Karwoski, L.**, **Steidtmann, D. K.**, **Hirani, A. K.**, **Prohaska, J. A.**, **Sampat, B.**, & **Young, C. D.** (November, 2007). *Therapeutic lifestyle change for depression: Preliminary results of a randomized, controlled trial*. Presented at the 41st Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Ingram, R., Nelson, T., **Steidtmann, D.** & **Bistricky, S.** (2007). Comparative data on child and adolescent measures associated with depression. *Journal of Consulting and Clinical Psychology*, 75(3), 390-403.
- Ingram, R. E., **Steidtmann, D. K.**, & **Bistricky, S. L.** (in press). Processing information on risk for depression: The role of attention and memory in risk. In K. Dobson & D. Dozois (Eds.) *Risk Factors for Depression*. New York: Elsevier Press
- Joines, Rebecca**, & Muehlenhard, C. L. (2007, November). Social constructions of sexual orientation. Presented at the 50th Anniversary Meeting of the Society for the Scientific Study of Sexuality, Indianapolis, IN.

Karlson, C.W., Rapoff, M.A., Hamilton, N.A., & Lindsley, C.B.: Psychosocial predictors of pain in children with juvenile rheumatoid arthritis. Poster Presentation at the Annual Meeting of the Society for Behavioral Medicine; Washington, DC, March 22, 2007.

Matson, L. **Luxton, D. D.**, & Ingram, R. E. (2007). *Attachment and vulnerability to depression: The role of view of self and emotion regulation*. Presented at the meeting of the Midwestern Psychological Association, Chicago.

Okuyemi, K.S., Faseru, B., Sanderson Cox, L., **Bronars, C.A.**, & Ahluwalia, J.S. (2007). Relationship between menthol cigarettes and smoking cessation among African American light smokers. *Addiction*, 102, 1979-86.

Nestling Hawks: 2005 Entering Class



Lauren Brian (General Program), BA--Bucknell. Lauren is planning to work with Charlene Muehlenhard.

Basak Efe (General Program), BA--Istanbul Bogazici University, Istanbul, Turkey. Basak is planning to work with Charlene Muehlenhard.

Trisha Hay (Health Specialty), BS--Lemoyne College. Trisha is planning to work with Nancy Hamilton.

Catrina Lootens (Health Specialty), BS--Western Michigan University. Catrina is planning to work with Mike Rapoff.

Tiffany Meites (General Program), BA--Harvard-Radcliffe. Tiffany is planning to work with Rick Ingram.

Fledgling Hawks: On Internship



Benjamin J. Kluck (General Program): American Lake VA Medical Center, Tacoma, Washington.

David D. Luxton (General Program): VA Eastern Kansas Healthcare System, Topeka, KS

Stacy C. Parenteau (Health Specialty): University of Florida Health Sciences Center, Gainesville, Florida.

Matthew C. Wassom (Health Specialty): Children's Mercy Hospital, Kansas City, Missouri.

Hawks in Flight



(Our policy is to not include the addresses, e-mails, or phone numbers of the individuals covered in the Hawklined. However, we are more than happy to help our readers connect with one another. Just write or e-mail us. We will help if we can.)

THE 1950's

Morris Paulson ('56) shared a very nice letter with Ray Higgins after receiving last year's Hawklined. Morris conveyed

a strong sense of attachment to the early program and wrote fondly of his time working with George Frankl, Mary Townsend, Roger Barker, Herb Wright, and Erik Wright. We were taken back in time as Morris described offices in Strong Hall and the arrival of Erik and Beatrice Wright. Morris also shared warm memories of time spent at the home of Beatrice and Erik Wright with their family. He described the graduate students of that day as having a strong sense of community, working together in a common garden and sharing and selling their produce at the local farmer's market. After graduation, Morris went on to a distinguished career at UCLA. He wanted us to be sure to send his greetings to **Charlie Neuringer ('60)**, **Beatrice Wright**, **Nancy Hughes**, and **Dale Johnson ('57)**. Now in its 23rd edition, the *Hawklined* continues to connect the graduates of KU.

Henry Remple ('50). Now in his 99th year, we believe Henry to be the oldest surviving graduate of KU clinical psychology. There was a wonderful article about Henry's life in the 6/3/07 *Lawrence Journal World*. Also, a documentary has been made about his life as an immigrant and his escape from post-Czarist, revolutionary Russia. Henry's story includes information about his life in an Ukrainian Mennonite village and his subsequent journey to the United States. Henry worked for many years as chief psychologist at the Leavenworth VA, and served as a member of the board of directors for Bert Nash Community Mental Health Center. He also served as one of our own clinic's supervising psychologists for many years until his retirement. Please take the time to check out the following link and the documentary "Henry D. Remple: Finding Hope in Troubled Times".

http://www2.ljworld.com/news/2007/jun/03/facing_past/

1960'S

Leander J. Lohrenz ('65) On December 29, 2006, Lee wrote to tell us that he was stimulated to write after finding the 2005 version of the *Hawklined*. He wanted to be sure we had an updated address for him. He wrote that he and Marguerite had moved back to Lawrence in June, 2005, and resided in a town home at Brandon Woods where they occupied their time with activities such as traveling, history, genealogy, and contacting old friends like **Howard Baumgartel**, **Don Tiffany ('65)**, **Sandy Shaw (70)**, **Henry Remple ('50)**, **Don Moss ('74)**, **Artie Shaw ('68)**, **Loring McAllister ('68)**, and **Natalie Gump**. Moreover, he was on the look-out for other persons from the class of '65. Only a short time later, in February, 2007, we were saddened to learn that Lee had passed away while at his winter home in Yuma, Arizona. (Please see also the section entitled "PASSINGS.")

1970's

Arden Peters ('75) writes that he "...retired from practice December 20, 2006. My first five years out of the program, I worked in the outpatient department of the county mental health center serving the Wilkes-Barre, PA area. In August, 1980, I returned to my home town of Wichita to enter private practice. I had a general practice until July, 2000, at which time I closed my office. I continued consultation work to medical specialty clinics that I had been doing in 1989. These were pediatric clinics that served children with cerebral palsy, children with spina bifida, and children with muscular dystrophy. In 1998, I added to my consultative practice, pediatric and adult clinics serving individuals with cystic fibrosis.

I enjoy getting together with friends and relatives. Reading

continues to be a fulfilling activity for me. One and one-half years ago I began learning to three-finger pick the five-string banjo, and enjoy bluegrass jams and festivals as part of that interest. I have a well equipped shop in my garage where I get much pleasure out of working with woods and metals. I enjoy both rifle and handgun shooting both on an informal basis, and on a limited competitive basis. Hand loading much of my own ammunition is an adjunct to my enjoyment of the shooting sports.

I am in touch with **Jim Cloptin ('74)** and **Don Moss ('74)** of my era at KU, and would welcome hearing from others who were in the program when I was there.

1980'S

Michael Frisch ('82) writes that he was invited to a conference at Rockefeller Estate with some cool folks, including Bill Moyers, Yo Yo Ma, Robert Redford, and Wynton Marsalis. The invitation related to Mike's work in quality of life, positive psychology, and depression, including his 2006 book: *Quality of Life Therapy: A Life Satisfaction Approach to Positive Psychology and Cognitive Therapy*. Hoboken, New Jersey. Needless to say, the book has received very positive reviews. Mike's work also has received international attention and he has been asked to speak abroad in such places as Hong Kong, New Zealand, and South Korea. He also was asked to speak at the International Society of Quality of Life Studies (where he is a research fellow), the Association for Behavioral and Cognitive Therapies, the Gallup Positive Psychology Institutes, the American Sociological Association, the Department of Veteran Affairs for the State of Texas, Southwestern University, the University of Utah, and the University of Houston. In four of the past five years, Mike has presented at the International Summit of Positive Psychology at Gallup Headquarters in Washington D.C. For those of you who have lost touch with Mike, he and his wife, **Elise Pinney ('87)** and family live in Waco, TX where Mike is on the psychology department faculty at Baylor University.

Mary (McCartney) Keil ('80) wrote "Enjoyed the latest KU newsletter and getting updated on the happenings of the program and some of the folks I knew. Hard to believe it's been 30+ years since I first saw KU... I think you [Ray Higgins] were either in your first or second year teaching then. I always found you accessible and helpful and appreciate all you did helping me survive the triumphs and traumas of the thesis and dissertation projects.

I was sorry to learn of B. Kent, Rick, and Erik Wright's passings in the last few years. Erik was older back when I was in school but B. Kent and Rick remain young and vital in my memory.

I've been with the VA 29 years now at a small Mental Health Clinic in Peoria, IL. I will probably retire after 30 years to spend more time with my husband who retired a couple of years ago. Our son is in California working on a doctorate in biology and our daughter, Katie, is a freshman at the University of Illinois, majoring in psychology and hoping to go to graduate school."

Thomas Plante ('87) and **Lori (Goldfarb) Plante ('87)** both graduated from the clinical program after doing their internship year together at Yale. Lori has a private practice in Menlo Park focusing on teens and young adults. She's an adjunct clinical assistant professor in psychiatry at Stanford, where she teaches psychology interns in the child program. She just published a book with Greenwood that came out this past spring entitled, *"Bleeding to ease the pain: Cutting, self-injury, and the adolescent search for self."* For his part, Tom reports that he is currently on sabbatical (from Santa Clara University where he is on the psychology dept. faculty) and is working on a book for APA tentatively entitled, *"Using religious and spiritual tools in psychological treatment."* He also had an edited book come out this past July with Greenwood entitled, *"Spirit, science, and health: How the spiritual mind fuels physical wellness."*

Tom reports that he and Lori have an 11.5 year old son, Zachary who is in middle school and is into baseball, boy scouts, piano, violin, anything with computers, and keeping his parents on their toes 24/7. He also writes, "We have a small vineyard where we grow syrah grapes for wine making under the 'TLZ Plante Family Vineyard' label. We had our best harvest yet this year with about 1,000 pounds of grapes harvested this October. We are all also still in great joy about the Red Sox winning the world series. Life is good."

****FYI, Tom will be the featured speaker at our bi-annual KU Ethics Workshop on March 28, 2008. Contact Sarah Kirk (skirk@ku.edu) for more information.****

1990's

Mike Dennis ('98) writes "Heather and I are doing great and living in Boise. We now have three children - 2 sons, Logan and Connor, ages 13 and 10, and a daughter, Karlyn, age 8. I have a group practice here that is doing well, and I'm managing to do a variety of interesting things, including a lot of therapy, a variety of assessments, and I am also a medical expert for Social Security disability hearings. Heather works for the Center for Community Change and volunteers quite a bit at the kids' school. We enjoy skiing during the winter (and fortunately it is only a 45 minute drive to the local ski hill) and we go camping quite a bit during the summer months. We really enjoy spending time together and I am blessed to have such a great family (although the 13-year-old is really starting to get on my nerves!).

Although I have lost touch with most of my fellow KU grads, Andy Ellis and I have managed to remain close friends and our families try to visit each other as frequently as time (and mostly geography - 8 hour drive) will allow. Say hi to everyone, and tell Doug Denney that Andy and I still toast his name with a sip of Jamesons (or whatever is handy)!"

Andy Ellis ('97) writes "I've been living happily in the Portland, Oregon area since leaving Lawrence in 1995. Portland is a beautiful little city with an utter lack of compelling college basketball happening within a 100 mile radius. This offends me deeply. I'd trade both mountain views for Allen Field House in a second. I've seen the mountains, they always look the same (although I hear St. Helens can fool you). After finishing my dissertation in 1997 (please don't do the math) I was fortunate to squeak into a residency in medical psychology at the local medical school (Oregon Health Sciences University). After two years there I landed (lucky again) at a Portland outpatient rehab

facility, Progressive Rehabilitation Associates...and here I remain. I direct a multidisciplinary brain injury rehabilitation program and most of the clinic's administrative folks. As hard as it is for a back-of-the-room guy to now mostly be in the front of the room, it's a great gig and a good fit for me. I'm too lazy to be an academic, although the basketball tickets and lunch train are certainly attractive. Oh, and I grew up and got married in 2001, gaining a great wife (Nadine) and stepdaughter (Alexa). And then I REALLY grew up (shedding several personal aspirations and two hours of sleep per night) and had two more children. Julia is now 4 and Parker is 3...they're a blast but I'm aging rapidly (hair and memory fading). My recollections of life at KU remain rose-colored and mirthful...ahhh, those summer nights under the Ginko tree (second tallest in the state) in Doug D.'s side yard. I also pine for: Thunder and lightning, Douglas County pie, talking hoop in Rick's office with him and Ray, Massachusetts street, the smell of popcorn walking into the field house, The Crossing at 10am on a football game day, the Fraser Cranes (greatest team name EVER!), the Holiday skits, and (of course) you all. See? Rose colored. But what the hell. Cheers from the great Northwest."

2000 's

Carla Berg ('07) completed her internship at Harvard Medical School/Mass General and has begun a postdoc at the University of Minnesota doing research in the area of smoking and tobacco use.

Kurt Crandall ('02) writes that he finished a post-doc in Chicago, got licensed and then landed a job at the Seattle VA Hospital (where he has lunch every day with fellow Jayhawk, **Scott Michael ('02)**). They were in Scott's office the other day and decided to call **Jen Cheavens ('02)**. She seems to be enjoying her new job and city... small world... **[Beginning this fall, Jen began her new position as an assistant professor at The Ohio State University]**

"Before leaving Chicago I became engaged - I met a wonderful woman he met one night after playing a horrible gig in the Chicago suburbs. Very random... She is from Illinois and a graduate of Univ. of Illinois (apparently illini fans are STILL mad about Self leaving!)... She also works in health care (ICU nursing). We both love the Pacific Northwest but miss their families... I have my eye on jobs back east and would love nothing more than to be in or around DC..."

"On the music front I continue to play - although I must admits the blues scene in Seattle is a far cry from the scene found in Chicago. I did manage to record another CD before leaving Chicago and it should be completed soon."

Kurt reports watching a few BBALL games this season and thinks the KU team is very deep but suspect from the foul line and long range... "Collins will be a welcome addition when he is healthy and I look forward to RUSH having 2 healthy knees...Could this be the year?"

Elizabeth U. Delgado-Torres ('07) completed her internship at the VA Eastern Kansas Healthcare System in Topeka, KS and has joined the psychology staff there.

David Feldman ('04) is now on the faculty at Santa Clara

University and writes to announce the publication of his first book: *The End-of-Life Handbook: A Compassionate Guide to Connecting with and Caring for a Dying Loved One*. (www.endoflifehandbook.com). David is a member of the Spirituality and Health Institute (SHI) at SCU. It is a research group focused on the connection between spirituality (broadly defined) and health (mental and physical). **Tom Plante ('87)** (see above) is the leader of the group.

Genevieve Garratt ('07) completed her internship at the VA Northern California health Care System in Martinez, CA and has begun a postdoc at the UC Davis affiliated inpatient and outpatient community mental health center.

Jill Hockemeyer ('07) completed her internship at the VA Palo Alto health Care System in Palo Alto, CA and has begun a postdoc there.

Phan Hong ('03') sent word that she gave birth to Aidan Nathaniel Lishner on July 19, 2007 and that she and David have been fairly busy since Aidan's arrival. Phan is now at the University of Wisconsin, Oshkosh after completing a split postdoc between the DBT (Dialectical Behavior Therapy) Center of Seattle and the Behavioral Research and Therapy Clinic at the University of Washington.

Leslie Karwoski ('07) completed her internship at the Duke University Medical Center and has begun a postdoc working with Marsha Linehan's Dialectical Behavior Therapy Program at the University of Washington.

Jennifer Klemp ('07) completed her internship at Rush University medical Center in Chicago, IL and has taken a staff position with the KU Medical Center's Breast Cancer Prevention Center. Among her other duties (e.g., genetic counseling), Jennifer manages the new Breast Cancer Survivorship Center.

David Landers ('07) completed his internship at the Arkansas Division of Behavioral Health Services in Little Rock, AR and has begun a forensic postoc at Larned State Hospital in Kansas.

Yasuko Yamamoto Landrum ('07) completed her internship at the Family service & Guidance Center, Inc. in Topeka, KS and has begun a postdoc working in the Pediatrics department at KU Medical Center.

Doug Lane ('01) writes "Since leaving KU, I spent some time in the U.S. Army as a medical officer, completed a postdoctoral fellowship at the Yale Medical School in the Dept. of Psychiatry, was a clinical faculty member in Neurology at the SUNY-Buffalo School of Medicine, and then went back to work for the Dept. of Defense as a civilian psychologist. This was while **Brett (Parmenter, '04)** was completing her degree, internship and postdoctoral training. Brett and I are both on the clinical faculty at WSU [Washington State Univ.] now (along with **Elizabeth Soliday ('94)** and Michael Steele). I'm the director of the Psychological Clinic, where I frequently ask myself "WWRD?" (what would Ray do?). I also have a small private practice where I specialize in geropsychology. We don't have any children so far, aside from our beagle, but I think that will be our next frontier.

Susan (Reneau) Rathmell ('07) completed her internship at the University of Alabama at Birmingham and has taken a staff psychologist position at the Birmingham Medical Center.

Hal Shorey ('07) completed his internship at Harvard Medical School/Mass General Hospital and has begun a postdoc position at Harvard University/McClean Hospital.

Psychological Clinic

The 2007 year has passed quickly and the KU Psychological Clinic has continued to be very busy (we had a record number of intakes in October). We have worked to continue improvements of our clinic library to include books and workbooks focused on empirically supported treatments and evidence based practice. We installed a new computer program that allows students to administer and score MMPI-2 protocols electronically. We are also proud of the artwork framed and hung this summer. The halls and therapy rooms are now looking much more contemporary and warm.

Our student coordinator, **Phuong Chau**, has worked diligently on our new electronic intake and closed file data base that enables us to more easily track much needed information for quality improvement and monitoring. We also have a new face around the office: **Katherine Logan** is our new administrative assistant and are thrilled to have her working with us.

I hope to have visitors in 2008 and you are always welcome to come see us. Drop me a line if you have updates or ideas you would like to pass along.

Sarah Kirk
skirk@ku.edu

Faculty Sampler

Doug Witt ('77) writes "My only news is that Sandi (**Sandy Shaw, '70**) has been coping with lung cancer this year. She has responded amazingly well to the Chemo and Radiation, but has been dealing since then with the effects of those treatments on her body. We are all delighted and inspired by her strength, courage and have had a very meaningful and rich journey with family and friends and truly dedicated medical team."

Nancy Hamilton writes "What a challenging year. High points included manuscripts published in both *Health Psychology* and *Journal of Consulting and Clinical Psychology*. Low point was in the spring when both Zanna and Rick spent the better part of a week in the hospital. In the immortal words of Rosanne Rosanna Danna, It is always something.

I would like to thank the lunch trainers for getting us through the year with practical advice and a lot of laughter.

Funniest things heard in Lunch Train this year

1. You better hope those bacteria don't move up to your amygdale and take over the mother ship.
2. Grape jelly really is an effective contraceptive.
3. When I see an unusual animal body part, my first thought is not how would you cook that?
4. Hey, with that nose you could guide Santa's sleigh

Rick Ingram ('84) writes "It has been a productive, and interesting, year. On the productive side, I agreed to be the Editor for the International Encyclopedia of Depression. An important part of this enterprise was to enlist the aid of a distinguished editorial board, and I was pleased to recruit Steve Ilardi among other luminaries. I also signed contracts for two other books. Now if I could just get to this pile of data that I have sitting around. On the more interesting side,

in March I spent several days in the hospital because of blood clots. So, with this in mind, I would like to share ten things I learned this year:

1. I learned that with just the right amount of rat poison, blood clots are completely reversible (really).
2. I learned that I now have one thing in common with Dick Cheney
3. I learned that if you experience pain during a department meeting, it may not be due to a discussion of upcoming faculty hiring (who knew?).
4. I learned that there is something worse then sitting next to a redneck Missouri fan at a football game - sitting next to a drunk redneck Missouri football fan. I'm sure even most Missouri fans feel the same.
5. I learned that the best sport at Nebraska this year was women's volleyball.
6. I learned a lot about the BCS and the Orange Bowl.
7. I learned that Nancy, who does not like football, learned a lot about the BCS and the Orange Bowl.
8. I learned from a colloquium speaker that the best way to get a date is to travel the world.
9. I learned that it is best not to schedule a colloquium speaker on the same day the Gods decide to send an ice storm.
10. I learned that chairing the admissions committee is not as much fun as it sounds."

Steve Ilardi continues to marvel at the Herculean effort put forth by the many talented students who have made the Therapeutic Lifestyle Change (TLC) for depression project possible thus far: **Andy Lehman, Brian Stites, Chantal Young, Dana Steidtmann, Jenny Prohaska, Natalie Stroupe, and Brenda Sampat** this year, and **Leslie Karwoski ('07), Aryn Hirani, April (Minatrea) Loc ('06), and Susan Reneau ('07)** through last year. All of this hard work is starting to pay off, as the promising preliminary treatment outcome results have been presented at several national conferences. In fact, the TLC approach has even begun generating interest on a national level – with a recent feature story on TLC in *AARP Magazine* ("the world's largest circulation magazine"; who knew?) and a story in *U.S. News & World Report* scheduled to appear in mid-December. In the coming year his team will focus on publication of TLC-related articles, and on polishing up the manualized protocol for dissemination to interested collaborators.

Ann McGrath Davis writes that the past year was a busy one....in Behavioral Pediatrics at KUMC. She continues work on pediatric obesity through her one NIH grant and three other foundation grants. She has started more work this year with Ric Steele of the KU Clinical Child Psychology program, and forged new collaborations with Project EAGLE, a program that serves low-income families in Kansas City, Kansas by providing in-home services for new and young parents. Ann's steady collaborators in Preventive Medicine (Nikki Nollen and Christie Befort) continue to be integral to her work. Her son, Owen, is two and a half, and Eli is 16 months, so the house is very busy. "It's amazing what two little boys can find to climb on!" Ann's husband, Stephen, is still working for the Kansas City Missouri Fire Department ("He's had a safe year - phew!") and they are undertaking a major kitchen remodel - do it

yourself style. "Here's hoping the next year is just as fun and productive as the last. Hope everyone is well and enjoying their current situation in life, whatever that may be. Happy Holidays!"

Charlene Muehlenhard writes: "(my) year had its downs and ups. In February, **Cyd Schnacke's** mother died after a long illness. In July I broke my ankle and badly sprained my wrist; fortunately, removable air casts allowed bathing during the summer (whew), and physical therapy was helpful for getting back to "normal." In November several Jayhawks and I helped celebrate the 50th Anniversary of the Society for the Scientific Study of Sexuality; current students **Chantal Young** and **Basak Efe** and former student **Zoë Peterson** were honored as Emerging Sexual Scientists; **Danya Goodman** and **Rebecca Joines** also joined in the festivities. In November Cyd and I were fortunate to have several Jayhawks join us for Thanksgiving, including **Brenda Sambat, Andy Lehman, Eddie Wright, and Basak Efe**. The end-of-the-semester skits were hilarious, as usual. Cyd will join my family and me in Cincinnati for Christmas. So, the year ends with one celebration after another!

Mike Rapoff reports the following accomplishments this past year (see also the section on current student publications and presentations) the following:

Publications & Presentations

Karlson, C.W., Rapoff, M.A., Hamilton, N.A., & Lindsley, C.B.: Psychosocial predictors of pain in children with juvenile rheumatoid arthritis. Poster Presentation at the Annual Meeting of the Society for Behavioral Medicine; Washington, DC, March 22, 2007.

Rapoff, M.A. How do you know your patient is taking medicines, exercising, and following other regimens you recommended? Presented at the annual meeting of the American College of Rheumatology and the Association of Rheumatology Health Professionals, Boston, MA., November 10, 2007

Rapoff, M.A., & Lindsley, C.B. (2007, May 18). Improving adherence to medical regimens for juvenile rheumatoid arthritis. *Pediatric Rheumatology*, 5:10 Retrieved May 31, 2007, from <http://www.ped-rheum.com/content/5/1/10>

Other news: Mike has decided to pass on the teaching of Health Psychology: Acute and Chronic Disease to **Eve Lynn Nelson ('02)** after some 15 years of teaching this course. He is working with **Cindy Karlson** and **Catrina Lootens** as their primary adviser for their research and continues to lead the Health Psychology Practicum Team at KU Medical Center (with Bob Twillman, Eve Lynn, and **Monica Kurylo ('99)**). Mike has applied for sabbatical (July 1 through December, 2008) and plans to finish the second edition of his book, *Adherence to Pediatric Medical Regimens*, and to have multiple two-week visits to Cincinnati Children's Hospital Medical Center to begin collaborative intervention studies with Denny Drotar, Lori Stark and faculty in their new Adherence and Disease Self-Management Center. After beginning his 27th year of service in Pediatrics at KU Medical Center, Mike thought it was about time to apply for a sabbatical. He plans to be back for two-week periods when he is not in Cincinnati to meet with

students, oversee an NIH-funded study, and even see some patients in his Lawrence clinic. On a sad note, Mike's father, Andrew Rapoff, passed away on October 6th after an 18-month bout with Alzheimers, as well as continued problems from diabetes and heart disease.

Doug Denney writes "My father was a great fan of Buster Keaton, but until the advent of Netflix, I had had little opportunity to view Keaton's films and try to figure out what my dad liked so much about his work. About all I knew of him was that Keaton had a famous deadpan expression ("The Great Stoneface") and that he was born in Piqua, Kansas.

Piqua is a very small town in the southeastern part of the state, near Iola. Many years ago the people of Iola decided to hold a festival honoring the work of its most famous (nearby) citizen and the International Buster Keaton Festival has continued as an annual event in the town since then. In September, Jacquelyn and I attended the 15th convening of this festival and were treated to a wonderful evening of silent films accompanied by an outstanding group of musicians, the Mont Alto Motion Picture Orchestra. Film theatre orchestras represented a unique art form in the days of silent pictures. These pictures were not distributed with any musical scores or recommendations regarding the music that should accompany the film, nor did orchestras actually compose music for the films they were accompanying. The members of the orchestra were employed by the film theatre, and over the years, they had acquired so much experience accompanying films that they had formulated a kind of musical grammar to punctuate whatever scenes were being portrayed on the screen: a boy-meets-girl score, a swordfight score, a chase score, a newborn baby score, a graduation score, a dying scene score, a funeral score. These brief musical vignettes were simply graphed onto whatever part of whatever movie was being displayed on the screen at the time. Most orchestras were so proficient in their own unique musical grammar that it was even unnecessary to do a practice run with the film before it was shown to the theatre's hometown audience, although their accompaniment no doubt became more elaborate and more precisely timed with successive showings of the film.

The festival was held in the Bowlus Fine Arts Center, an imposing limestone building in the center of Iola which features a beautiful 750-seat art deco auditorium. The building's benefactor was Thomas H. Bowlus, a local banker, who provided for the construction and continuous operation of the center before his death in 1960. The mission of the center was defined in Bowlus' will: "to broaden the cultural background of area youth and make available to the citizens of the area facilities, programs and entertainments not otherwise available." The center opened in 1964 and has been the site of all fifteen Annual International Buster Keaton Festivals. I especially appreciated that the entire festival is free to the public.

On Saturday morning a tour bus ran out to Piqua, 13 miles away, and festival goers could see Keaton's birthplace and the small Buster Keaton Museum located in the town's library. It turns out, however, that Keaton's tie to Piqua was an extremely tenuous one. His mother and father were vaudevillians and just happened to be passing through Piqua when Myra Cutler went into labor and bore the couple's first

child.

As the readers of this piece will no doubt agree, some very talented people trace their lineage to Kansas. And we in turn remain forever thankful for the people who bring distinction to our part of the country, even if they're just passing through. So, slip *The General* into your DVD player some night and while sitting in the darkness enjoying a master of visual comedy, think a good thought or two about Kansas."

David Johnson a recent addition to our faculty spends 50% of his time with us and 50% with gerontology. He writes the following bio about his work:

BIO: Advancing age alters both neural and cognitive function. Although certain changes may be part of the normal aging processes leading to relatively intact cognitive abilities even into the tenth decade, other changes may be pathological in nature with profound early cognitive impairment. My research explores the constellation of brain changes in aging and their relations with cognition. I am motivated by a framework that suggests multiple, co-occurring factors that affect cognitive aging. I focus on understanding these diverse, and dissociable, brain changes in aging and dementia and how they affect cognition. My research has evolved over time from interest in developing early diagnostic indicators of Alzheimer's disease (AD) to include examining dementia-specific deficits in divergent patient populations such as those with Parkinson's disease and Lewy body disease.

PASSINGS

Neal Daniels ('52) (6/22/1919-4/13/2006) died in his West Philadelphia Home at the age of 86 (kidney failure). Dr. Daniels grew up in Hewlett, N.Y., graduated with his B.A. from the University of Chicago in 1941, received his MA in 1948 from the New School for Social Research in New York, and earned his Ph.D. in clinical psychology from KU in 1952. Shortly following graduation, Dr. Daniels took a job at Philadelphia General Hospital, where he served as chief psychologist. In 1981, he was hired by the VA Medical Center in West Philadelphia after serving as a family therapist at the Philadelphia Child Guidance Center from 1965 to 1980. In the VA, Dr. Daniels was active in treating the newly recognized diagnosis of PTSD and, according to VA colleagues, was the first ever to use EMDR (eye-movement desensitization and reprocessing) to treat Vietnam veterans. He retired from the VA hospital in 1997. Survivors from his immediate family include his wife, Mary, and two daughters.

Upon reading of Dr. Daniels' death, **Howard Baumgartel** (KU Emeritus Professor of Psychology) shared some memories of his early days at KU: "I knew Neal Daniels and his wife, Mary. They were a wonderful couple. While he was doing his graduate work in clinical psychology, she was the teacher in the Lawrence Community Interracial nursery school founded by local liberals -- it is still going today. Two of my children attended it."

Leander (Lee) Lohrenz ('65) (6/26/1928-2/20/2007) died at his winter home in Yuma, AZ., and is interred at the Leavenworth (KS) National Cemetery. A Kansas farm boy, Lee grew up near Aulne, Kansas and graduated from High School in

Hillsboro. Shortly before being drafted into the army and serving in Germany, where he was involved in counter-intelligence, Lee attended Tabor College in Hillsboro and taught for two years in what must have been one of the last of the one-room country schools. After his military active duty, Lee graduated from Wichita State University before receiving both his MA and Ph.D. from KU. Over the years of his professional career, Lee worked at both the Leavenworth VA hospital and at the Menninger's Foundation in Topeka, and had private practices in both Overland Park and Leavenworth. Lee was active in local and Kansas professional circles, and served stints as president for both the Kansas Psychological Association and the Kansas Association of professional Psychologists. (See also above, the 1950's section of HAWKS IN FLIGHT.)

CLINICAL PROGRAM CONTRIBUTIONS:

We gratefully recognize those who have contributed to the Clinical Program this past year (12/16/2006-12/15/2007) and hope you will keep us in mind as a possible tax deduction this year! (*NOTE: Very recent contributions may not have been reported to us in time for this issue of the Hawklite. If so, they will be reported in next year's edition.*)

CLINICAL PROGRAM DEVELOPMENT FUND:

Lois Allen ('71), Tim Boaz ('87), Joseph Colletti ('97), Lolafaye Coyne ('49), Doug Denney, Edward Dreyfus ('64), Janet Endelman ('80), Jane Finn ('77) & Ernst and Young Foundation, Bette Fletcher ('84), Nancy Hamilton, Rochelle Harris ('86) and Stephen Bonney, Ray Higgins, Glenn Hirsch ('81) and the Success Center, Rick Ingram ('84), David Kesler ('76) & Mary S. Kesler ('78), Keri Kinnaird ('87), Sarah Kirk ('98) and Thomas E. Hutton, Daniel Larsen ('78), Robin Lewis ('85), Leander Lohrenz ('65) and Marguerite Lohrenz, Greg Long ('86), Barbara (Storkamp) Loring ('98), David Lutz ('80) & Ellen S. McLean, Patricia Miller ('90), Charlene Muehlenhard, Rhonda Reinholtz ('97), Sharon Sears ('04), Elizabeth Soliday ('96), Annette Stanton, Brett Steenbarger ('82), Deborah Taylor ('88), Virginia Whitener ('71), Laura Yamhure-Thompson ('03) & Trevor Thompson.

C. R. SNYDER MEMORIAL FUND:

Michael Babyak ('96) and Beverly H. Brummett, Tyrone Borders, Sharon Brehm, Robert Harris ('87), Jeanne Levy ('60), Barbara (Storkamp) Loring ('98), Rebecca Snyder.

B. KENT HOUSTON AWARD IN HEALTH PSYCHOLOGY

Monica Kurylo ('99), Carol Lowery ('77).

Contributions to the Clinical Program Development Fund (or any student award fund) can be sent to Ray Higgins, Psychology Department, 426 Fraser Hall, 1415 Jayhawk Blvd, Lawrence, KS 66045 or to the KU Endowment Association, Youngberg Hall, Campus West, Lawrence, KS 66045. Please note the specific fund on your check.

DROP US A LINE to let us know where you are and what you are doing, *especially if you have a change of address*. We would love to hear from you--and to include your news in next year's *Hawklite*. In the meantime, please have a prosperous and healthy 2008!

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