

Sarah Beth Kirk

Curriculum Vitae

Contact Information:

KU Psychological Clinic
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LICENSURE

Licensed Clinical Psychologist –Kansas (Sept. 20, 1999 #1052)
Licensed Clinical Psychologist –Missouri (Sept. 1, 1999 #01939)

EDUCATION

- Ph.D. Clinical Psychology, Specialty in Health and Rehabilitation, University of Kansas.
August 1998
- M.A. Clinical Psychology, Specialty in Health and Rehabilitation, University of Kansas,
Department of Psychology, Lawrence, Kansas. December 1994
- B.A. Majors in Psychology and Sociology, University of Kansas, Lawrence,
Kansas. With Highest Distinction, May 1991. Phi Beta Kappa

CURRENT POSITION

Director of the University of Kansas Psychological Clinic

Assistant Director of Clinical Training Clinical Psychology Program

Duties include Administration of the Clinic, Supervision of graduate students in the Clinical Psychology Graduate Program, Teaching Graduate level coursework, Program Development for the Clinical Training of students, assessment of clinic outcomes, serving on dissertation and thesis committees, and appropriate department or university related committees. Direct provision of clinical services in KU Psychological Clinic.

CLINICAL EXPERIENCE

Staff Clinical Psychologist, 9/99-08/05

Psychologist in Section of Developmental and Behavioral Sciences, Children's Mercy Hospital
Assistant Professor in Pediatrics University of Missouri-Kansas City School of Medicine
Co-Director of Integrative Pain Management Service

Psychologist serving Integrative Pain Management Service, Liver Transplant Team, CARE team, Dermatology Clinic, Consultation and Liaison service, Rehabilitation, Nephrology, and general outpatient developmental medicine. Duties include training & supervision of interns & students, assessment, individual psychotherapy, consultation, and parent training. Assessment includes mood, personality, projective, psychoeducational, intelligence, neuropsychological, and behavioral. Specialization in adolescents and young adults. Licensed in Kansas and Missouri.

Clinical Psychology Fellow, 8/98-8/99. Psychology fellow at Children's Mercy Hospital. Duties include assessment, therapy, parent training, consultation with school professionals, consultation and liaison on all medical floors, presentations in the community, family meetings, staff meetings, didactics, continuing education, research, supervision of practicum students, and report writing. 2,000 hours.

Clinical Psychology Intern, 8/97 – 8/98. Served as a psychology intern at Western Missouri Mental Health Center with a rotation at Children's Mercy Hospital. Duties included assessment,

individual psychotherapy, group psychotherapy, case management, and forensic pre-trial evaluation. Adult, adolescent, and child populations.. 2000 hours.

Summer Intern, 5/8/97-8/6/97. Served as a summer intern at the Leavenworth VA in Leavenworth, KS. Duties included mental status assessment, mood assessment, individual therapy, report writing, consultation with the medical staff, and treatment planning as a member of a multi-disciplinary treatment team. Consultation on the design of outcome research and research data collection, data entry, and statistical analyses.

Health Psychology Trainee, Lawrence Pediatric Outreach Clinic, University of Kansas Medical Center, Lawrence, Kansas. 6/96 -5/97. Practicum experience providing mental health services to children and families.

Health Psychology Trainee, University of Kansas Medical Center, Behavioral Pediatrics, Kansas City KS. 1/96-5/96. . Practicum experience providing mental health services to children and families.

Health Psychology Trainee, University of Kansas Medical Center, Cancer Pain Management Service, Kansas City, Kansas. 8/95-1/96. Practicum experience involving assessment and treatment of chronic pain associated with cancer or other diseases/disorders

Clinical Psychology Trainee, University of Kansas Psychological Clinic, Lawrence, KS. 8/93 - 12/95. Practicum experience providing outpatient mental health services to community residents and university students. Adults, couples, children, and adolescents served.

Intake/Crisis Worker, University of Kansas Psychological Clinic, Lawrence, KS. 6/93 -5/95. Practicum experience performing intake interviews and crisis intervention for clients seeking treatment at the clinic and providing referrals to local agencies as appropriate.

Special Child Clinic Team Member, University of Kansas Medical Center Outreach Team, 4/96 and 10/96. An interdisciplinary team (child neurologist, speech/language pathologist, occupational therapist and behavioral psychology trainee) conducted outreach evaluations in rural Kansas locations.

In-home Behavioral Services Case Manger, The University of Kansas, Department of Human Development, Exceptional Caring Early Learning Program (EXCEL) 8/94-5/96. EXCEL is an in-home parent-training program for families with young children at risk for developing developmental or behavioral disorders.

Family Services Assistant Coordinator and Coordinator, 8/94-8/95. Conducted family recruitment and served as service coordinator for the KU Edna Hill Child Development Center's Sunnyside Toddler Program for the developmentally delayed and typically developing toddlers.

Mental Health Technician, In-patient, 6/91-1/95. Served as a mental health technician at Providence Medical Center in Kansas City, KS and The Kansas Institute, Overland Park and Olathe, KS

Group Facilitator

Eating Disorders Support Group, Watkins Hospital, Lawrence, KS. 9/91-5/95. Co-facilitated a weekly self-help group for individuals with eating disorders and their families/friends in a supportive, therapeutic setting.

Co-facilitator of outpatient group therapy for adolescent females, Bert Nash Community Mental Health Center, Lawrence, KS, Spring 95.

Co-facilitator of adult group therapy on inpatient unit during Western Missouri Mental Health Center Internship. General goals, community, and cognitive training groups. 1997-1998

Research Experience

Served as special reviewer for two articles submitted to Psychological Reports and Perceptual & Motor Skills (2010)

Served as reviewer for: MIDWESTERN ASSOCIATION OF GRADUATE SCHOOLS
MASTERS THESIS competition (2008)

Development of Outcome Assessment Tools and Data Base for Integrative Pain Management Clinic

Development of Pediatric Values Inventory for Families of Children with Life-Threatening Illness. Grant from Katharine B. Richardson Associates Endowment Fund.

Children Undergoing Medical Evaluation of Sexual Abuse and Depressive Symptom Presentation. Children's Mercy Hospital September, 1999. Co-investigator, Irene Walsh, MD

Dissertation Research. University of Kansas. June, 1998 "Emotional Processing After a Highly Stressful Event: Effects on Physiological Arousal, Affect, Psychological Adjustment and Health." Annette Stanton, PhD Chair.

Ph.D. Comprehensive Examination Research. University of Kansas. Successfully completed on November 15, 1996. "The Effects of Emotional Processing on Psychological Adjustment and Health: A Theoretical and Methodological Review: Review article accepted in partial fulfillment of the Ph.D. Comprehensive Examinations

Research Assistant. Department of Human Development, University of Kansas, 5/96/6/96. Research project exploring parenting skills, home safety and cleanliness, parent-child interactions, parental attribution style, and child development in low, middle, and high income households.

Research Assistant. Department of Psychology, University of Kansas, Lawrence, KS. 10/94-1/97. Participated in various stages of research programs addressing the topic of processing and expressing emotions as a method of coping with a stressor

Masters Thesis Research, "Young Adults Discuss their Experience of a Parent's Disorder: Effects of Discussion Content On Physiological Arousal and Mood." Study investigated adult children of parents with a serious psychological or physical disorder and the effects of emotional expression and processing on physiological arousal and affect in an experimental design. Oral defense exam passed Nov 10, 1994. (Major Professor: Annette Stanton, Ph.D)

Undergraduate Research Assistant. Undergraduate research assistant for graduate students and professor in clinical psychology. Areas included eating disorders, coping, and autism. Experiences included library research, data entry, feedback for research development, running experiments, and developing autism workshop materials and presentations.

Undergraduate Independent Research. Exploration of coping, psychological adjustment and health of adult children of parents with a serious physical or emotional disorder: Supervisor: Annette Stanton, Ph.D.

Teaching Experience

Instructor of Health Psychology Department of Psychology, University of Kansas, Lawrence, KS Fall 2006 (undergraduate course, enrollment 72 students)

Instructor of Graduate Courses Department of Psychology, University of Kansas, Lawrence, KS. 2005-Present, Assessment (cognitive, symptom, personality), diagnostic interviewing, and Consultation and Supervision. Duties also include supervision of clinical graduate students in required practicum.

Assistant Instructor. Department of Psychology, University of Kansas, Lawrence, KS. Spring 1994, Fall 1995 and Summer 1996: Health Psychology; Spring and Fall 1996, Spring 1997: Personality. Health psychology is an upper level psychology course, and Personality is an introductory course. Developed curriculum, prepared and presented course material through lecture, class discussion, classroom activities, and guest speakers. Created and administered examinations, advised and tutored students during office hours. Full responsibility for one section of 50 for Health Psychology and two sections of 50 each for Personality

Teaching Assistant, Department of psychology, University of Kansas, Lawrence, KS. Academic year 1992-93 for Greg Simpson, Ph.D., child psychology, and B. Kent Houston, Ph.D., personality. Duties included lectures, test construction, study groups, grading procedures, and student assistance

Professional Memberships

American Psychological Association (Section IX of Division 12)
Association of Directors of Psychology Training Clinics, ADPTC

Presentations

Stanton, A.L., Danoff-Burg, S., Cameron, C.L., & Kirk, S. (1995 August). Issues in the conceptualization and measurement of emotion-focused coping. In A.L. Stanton & Tennen (Chairs), Directions in coping research: Issues in conceptualization, measurement and method. Symposium conducted at the annual meeting of the American psychological Association, New York.

Kirk, S. (1996, July and Nov., 1997, March). Stress and anger management. Psychoeducational presentation for Community Corrections Program, Lawrence, KS.

Kirk, S. (1997, Dec.). Childhood Emotional Disturbances. Psychoeducational presentation for the faculty of Leawood Elementary in Leawood, MO.

Kirk, S. (1998, Oct.) ADHD: Behaviors, Assessment, School Interventions. Psychoeducational presentation for KCMO school district nurses.

Kirk, S. (1998, Nov.). Adolescent Risk Behaviors: Overview and predictors. Psychoeducational presentation for the Heartbeats Parent Group at Children's Mercy Hospital

Stanton, A.L., Danoff-Burg, S., Cameron, C., Collins, C., Sworowski, L., & Kirk, S. (1999, March). A longitudinal study of emotional expression and adjustment to breast cancer. In M. Andrykowski (Chair), Emotional expression in behavioral medicine: Relevance and research methods. Symposium conducted at the meeting of the Society of Behavioral Medicine, San Diego.

Kirk, S. (1999, June). Behavior Management Strategies. Noon Conference lecture at Truman East Hospital, Lee Summit, MO.

Kirk, S. (1999, Oct.) Effect of Impaired Attachment on Future Behavior: Responding to Child & Adolescent Behavioral Needs. 2nd Annual Domestic Violence & Children Interdisciplinary Conference.

Kirk, S. & Dedmon, A. (1999, Dec.) Developmental Stages and Appropriate Discipline. Kaw Valley Center Conference for Foster-Parent Training. OP, KS.

Kirk, S. (2,000, Feb.). Attention Deficit Hyperactivity Disorder: An overview of school interventions. Luff Elementary, Teacher inservice, Independence, MO.

Kirk, S. (2,000, April) Difficulty Diagnosing ADHD in Chaotic, Abusive, & Neglectful Environments. SAFE-CARE Training, Kansas City, MO.

Kirk, S. (2000, Aug.) Depression in School Age Children: Identification and Treatment. Olathe School District Counselors. Olathe, KS, (November 2000), KCMO Counselors

Kirk, S. (2000, Oct.) Effects of Psychological Effects of Domestic Violence. 3rd Annual Domestic Violence & Interdisciplinary Conference. Kansas City, MO

Kirk, S. (2001, Feb.) Stress and Coping. Advanced Theoretical Perspectives on Occupational Therapy (OT 705). KUMC, Kansas City, KS.

Kirk, S. (2001, May) Parenting Difficult Children. Truman East Medical Staff Noon Lecture Series, Lee Summit, MO.

Kirk, S. (2001, Oct.) Psychological Effects of Domestic Violence. 4th Annual Domestic Violence & Interdisciplinary Conference. Kansas City, MO

Kirk, S. (2002, Feb.) Stress and Coping. Advanced Theoretical Perspectives on Occupational Therapy (OT 705). KUMC, Kansas City, KS.

Kirk, S. (2002, Jan. Feb. Mar.. April) Division of Family Services Training in Psychosocial Issues. Kansas City, MO.

Kirk, S. (2002), ADHD and Chronic Pain Mangement, College of Health Sciences, KC, MO.

Kirk, S. (2003, March) Behavioral Aspects of Klinefelter's. Pediatric and Adolescent Conference, KC, MO.

Kirk, S. (2003, Nov.) Learning Disabilities. Lee Summit Hospital CME Conference

Kirk, S. (2004, Oct.) Projective Testing, Didactic Series for Internship

Kirk, S. (2004, April). Parenting Difficult Children, Lee Summit Hospital, CME Conference

Kirk, S. (2004, May). Maintaining Professional Boundaries, Nursing Updates Children's Mercy

Kirk, S. (2004, July). Stress Relief and Coping Tips in Pre-Adolescence and Adolescence Groups. Foundation for Ichthyosis and Related Skin Types National Family Conference, Kansas City, MO.

Kirk, S. (2004, Sept). Behavior Management and Modification. Child Life Staff. Children's Mercy Hospital

Kirk, S. (2004). Guided Imagery. Comprehensive Comfort Care Nurses Training. Kansas City, MO.

Kirk, S. & Kippes, C. (2004, Nov.). Clinical Interventions Across Development. Social Work Department, Children's Mercy Hospital

Kirk, S. (2006, Sep.) Cognitive Behavioral Therapy with Children and Adolescents, Paul Laybourne Symposium on Child Psychiatry, Olathe, KS

"Now what?" Resources and strategies to assist when you're non-renewed, downsized, or let go

Thursday, March 5; noon to 1:30 pm

Pine Room, Kansas Union

Motivational Interviewing May 8, 2009 Lawrence Public Library 0900-1200 For Leavenworth/Topeka VA systems
3 hour CE training session

Motivational Interviewing April 13th Grand Rounds KUMC 1 hour CE training session

Publications

Ward-Smith, P., Kirk, S., Hetherington, M. & Hubble, C. (2005). Having a child diagnosed with cancer: An assessment of values from the mother's point of view. Journal of Pediatric Oncology Nursing, 22, 320-327.

Welsch, HI, Nopper, AJ, Dekharghani, F, Kippes, C, Kirk, S, Butler, MG. (2003). Tuberous Sclerosis and Neurofibromatosis Type 1: A Case Report. Genetics in Medicine 5(3):226.

Stanton, A. L., Danoff-Burg, S., Sworowski, L. A., Collins, C. A., Branstetter, A., Rodriguez-Hanley, A., Kirk, S. B., & Austenfeld, J. L. (2002). Randomized, controlled trial of written emotional expression and benefit finding in breast cancer patients. Journal of Clinical Oncology, 20, 4160-4168.

Stanton, A.L., Kirk, S., Cameron, C.L., Danoff-Burg, S. (2000). Coping through emotional approach: Scale construction and validation. Journal of Personality and Social Psychology, 78, 1150-1169.

Stanton, A.L., Danoff-Burg, S., Cameron, C.L., Bishop, M., Collins, C.A., Kirk, S.B., Sworowski, L.A., & Twillman, R. (2000). Emotionally expressive coping predicts psychological and physical adjustment to breast cancer. Journal of Consulting and Clinical Psychology, 68, 875-882.

Stanton, A.L., Danoff-Burg, S., Cameron, C.L., Snider, P., & Kirk, S.B. (1999). Social Comparison in breast cancer patients: An experimental examination of upward affiliation and downward evaluation. Health Psychology, 18, 151-158.

Committees

(1999-2000) Quality Assurance Board at The Children's Place in Kansas City, MO

(2000-2002) Bylaws Committee at Children's Mercy Hospital

(2002-2004) Curriculum Council at University of Missouri-Kansas City Medical School

(2004-2005) Physician Documentation Committee at Children's Mercy Hospital

(2006-present) Internship Committee for KU Clinical Program

(2006-present) Clinic Administrative Group – KU Psychological Clinic

(2006) Member of Search Committee for Psychologist Position at Counseling and Psychological Services, University of Kansas

(2006-2007) Chair of Search Committee for Director of Counseling and Psychological Services, University of Kansas

Member – Psychology Department Computer and Communications Committee

Member – Professional Development Governance and Representation Committee (Unclassified employees). *
Planned Mini-Wheat State Tour for Unclassified Committee

Member - subcommittee for the 2009 NCAA Certification process (Athletics Dept at the request of Chancellor Hemenway)

Member - Faculty/Staff Athletics Mentoring Steering Committee

Faculty Mentor – Athletics Volleyball

References

Rochelle Harris, Ph.D.
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