

## Major Area of Study in Clinical Health Psychology (CHP) Program Handbook Overview

Our program's broad and general training is subsumed under the Major Area of Study of Clinical Psychology and offers an additional **Major Area of Study in Clinical Health Psychology (CHP)**. CHP also offers learning opportunities at the **Exposure level** which can be achieved either as part of the **Health Psychology Certificate Program**.

### Leadership in the Program

The Director of the CHP is **Nancy Hamilton, Ph.D.** and the Co-Director is **Michael Rapoff, Ph.D., ABPP** **Sarah Kirk, Ph.D., ABPP** is the Practicum and Curriculum Coordinator.



[Nancy A. Hamilton, Ph.D.](#) - Director of Clinical Health Psychology and the Certificate Program in Health Psychology  
Associate Professor, Psychology Department  
[nancyh@ku.edu](mailto:nancyh@ku.edu)  
785-864-9827  
Fraser Hall, Room 426  
Research Areas: Clinical Health Psychology  
**Research interests:** Sleep, pain, and other health psychology

research



[Michael A. Rapoff, Ph.D.](#) - Co-Director of Clinical Health Psychology  
Ralph L. Smith Professor of Pediatrics  
Professor of Psychology  
913-588-6373  
Department of Pediatrics, Miller Building, KUMC  
[mrpoff@kumc.edu](mailto:mrpoff@kumc.edu)  
**Research/clinical interests:** Pediatric psychology, applied behavior analysis, pain management, psychosocial adjustment to chronic pediatric diseases, and adherence to medical regimens

chronic pediatric diseases, and adherence to medical regimens



[Sarah Kirk, Ph.D.](#) - Director of the KU Psychological Clinic  
 Assistant Clinical Psychology Program Director  
 Co-Director of Certificate Program in Health Psychology  
 Practicum and Curriculum Coordinator for CHP  
[skirk@ku.edu](mailto:skirk@ku.edu)  
 785-864-9853  
 Fraser Hall, Room 347

### **The University of Kansas Clinical Health Psychology Faculty**

[Tamara Baker, Ph.D. Associate Professor](#)

[Nancy A. Hamilton, Ph.D. Associate Professor](#)

[Sarah Kirk Ph. D. Assistant Clinical Psychology Program Director](#)

[Michael A. Rapoff, Ph.D. Professor](#)

[Amber Watts, Ph.D. Assistant Professor](#)

### **The University of Kansas Medical Center Clinical Health Psychology Faculty** **Faculty below provide clinical supervision and research mentorship**

[Marcus Alt, Ph.D. Clinical Professor](#)

[Martha Barnard, Ph.D. Clinical Professor](#)

[Christie Befort, Ph.D. Associate Professor](#)

[Ann McGrath Davis, Ph.D., MPH, ABPP, Professor](#)

[Kathleen Davis, Ph.D. Associate Professor](#)

[Meagan Dwyer, Ph.D. Clinical Assistant Professor](#)

[Jessica Hamilton, Ph.D.](#)

[Monica Kurylo, Ph.D., ABPP Associate Professor](#)

[Stephen Lassen, Ph.D. Associate Professor](#)

[Laura Martin, Ph.D. Assistant Professor](#)

[Eve-Lynn Nelson, Ph.D. Professor](#)

[Susana Patton, Ph.D. Associate Professor](#)

**The University of Kansas Medical Center Associated Clinical Health Psychology  
Faculty**

**Faculty below provide Research Assistantship Opportunities**

[Jennifer Klemp, Ph.D., MPH Associate Professor](#)

[Nicole Nollen, Ph.D.](#)

[Lisa Sanderson Cox, Ph.D. Research Associate Professor](#)

### Curriculum Overview

Clinical health psychology is concerned with the contributions that psychologists can make to understanding health and illness, frequently in collaboration with other health professionals, including physicians. The Major Area of Study in Clinical Health Psychology (CHP) at the University of Kansas is designed to be completed in conjunction with the requirements for the clinical program. A number of faculty members, located within the Department of Psychology and other departments at the Lawrence campus and the University of Kansas Medical Center (KUMC), provide the teaching and supervisory support for the specialty. Practicum in clinical health psychology, conducted during the third and fourth program years are usually obtained at KUMC. Courses required to complete the CHP are obtained on the KU Main campus and the KUMC campus.

Clinical health psychology (CHP) students are **required** to take PSYC 833 Clinical Health Psychology: Acute and Chronic Illness (3 credit hours) and PSYC 834 Clinical Health Psychology: Physical Aspects of Health and Disease (3 credit hours) and these courses are in addition to clinical psychology program requirements. CHP students are also **required** to take 2 Clinical Health Elective courses (6 credit hours). The electives also satisfy the clinical program requirement. Lastly, CHP students are **required** to enroll in PSYC 835 & 836 plus two semesters of PSYC 842 Specialized Health Practicum (4 semesters of required clinical health practicum to be completed in Year 3 and 4). The total number of CHP hours is 18 hours (6 hours of required coursework, 6 hours of electives (also completes clinical program requirement) and 6 hours of required clinical practicum in health psychology and 3 of those hours also satisfy clinical practicum for clinical psychology program requirement). See **Road Map** table after descriptions here:

#### **Course availability of Required Courses– 6 credit hours**

**Spring Even Years** - PSYC 833: Clinical Health Psychology: Acute and Chronic Illness (taught at KUMC) 3 credit hours

**Fall Even Years** - PSYC 834: Clinical Health Psychology: Physical Aspects of Health and Disease (taught at KUMC) 3 credit hours

#### **Course availability of Elective Courses – 6 credit hours required**

**Availability May Vary** PSYC 839: Palliative Care in Health Psychology (taught at KUMC) 3 credit hours

**Spring Most Years** - PSYC 832: Clinical Health Psychology: Health Promotion and Disease Prevention (Lawrence Campus) 3 credit hours

**Elective Courses available at variable times or online**

ABSC 705: Pediatric Psychology (in Dole building) 3 credit hours  
 ABSC 710: Community Health and Development (in Dole building) 3 credit hours  
 PRVM 800: Principles of Epidemiology (at KUMC) 3 credit hours  
 PRVM 827: Public Health Administration (at KUMC) 3 credit hours  
 PRVM 830: Environmental Health (at KUMC) 3 credit hours  
 PRVM 869: Grant-Writing (KUMC) 3 credit hours  
 PSYC 832: Clinical Health Psychology: Health Promotion and Disease Prevention 3 Credit hours  
 PSYC 838: Pain and its Management (online) 3 credit hours  
 PSYC 840: Psychology of Women's Health 3 credit hours  
 PSYC 841: Stress and Coping 3 credit hours  
 PSYC 843: Behavioral Pharmacology 3 credit hours  
 PSYC 844: Mental Health and Aging 3 credit hours  
 PSYC 864 Clinical Neuropsychology  
 PSYC 986 Integrated and Interprofessional Behavioral Health Care (online) 3 credit hours  
 PSYC 993: Human Behavioral Genetics 3 credit hours  
 PSYC 993: Social Determinants of Aging and Life Course 3 credit hours  
 PSYC 993: Treatment of Eating Disorders (with permission of instructor) 3 credit hours

*\*Students may also petition the Director of CHP to take an alternative course offered and not listed here for elective credit. Letters of petition should be directed to the Curriculum and Practicum Director who will send on to Director of the CHP.*

**General Requirements for 3rd and 4th Year Practicum at KUMC**

**Prerequisites/Skills Needed**

Must have taken PSYC,964, 965 and 966 unless course waivers in place for M.A. students. Need to have completed 835 and 836 and 250 hours of direct contact hours before starting 4th year required practicum.

## **Enrollment & Student Qualifications**

### **Non-academic requirements before enrollment**

- **Background Check.** In order to be placed at a practicum site, students must have received clearance via a security background check completed upon admission to the program. The program reserves the right to request that you complete another background check at any time before or during practicum. Failure to do so may result in temporary suspension from or revocation of the practicum placement. \*Some KUMC and VA practicum sites may require additional procedures for background check and security clearance.
- **Liability Insurance.** Students are required to purchase student liability insurance. Evidence of insurance coverage is to be provided to the practicum instructor no later than the second week of class. You may not engage in counseling until you have secured student liability insurance. This is a program requirement that stands in effect regardless of the practice and policies of the practicum site.
- **Transportation.** The student is expected to provide personal transportation to and from their practicum site.

### **Brief overview of Health Psychology Practicum team didactic philosophy**

**Problem Statement.** Health and illness are influenced by a wide variety of factors. While contagious and hereditary illness are common, there are many behavioral and psychological factors that can impact overall physical well-being and various medical conditions.

**Background.** Health psychology is a specialty area that focuses on how biology, psychology, behavior and social factors influence health and illness. Biological factors include inherited personality traits and genetic conditions. Psychological factors involve lifestyle, personality characteristics and stress levels. Social factors include such things as social support systems, family relationships and cultural beliefs. Understanding the interaction among these facets of health promotes wellbeing and the prevention and treatment of disease and illness. According to the biospsychosocial perspective of illness and health, poor treatment outcomes result of an understandable and preventable interaction among factors.

Health psychologists specifically focus on understanding how people react, cope and recover from illness. Other health psychologists work to improve the health care system and the government's approach to health care policy. Division 38 of the American Psychological Association is devoted to health psychology.

Health Psychology differs from these other fields of psychology. Many clinical health psychologists are truly health psychology scientists; because many health psychologists are also linked to semi-applied, but not clinical, disciplines such as epidemiology; and because Division 38 and the other groups that support education and training in this area (e.g., Society of Behavioral Medicine) are historically both clinical and nonclinical professionals working towards a common goal (inherently multidisciplinary).

The mission of the 4th year practicum is to train advanced doctoral candidates in Health Psychology by providing students focused training in the competencies developed by APA Division 38. These competencies are founded in the Arden House “blueprint” for both clinical and non-clinical doctoral training in health psychology. Competencies were conceived and developed by Division 38 over a span of 2-years across 3 conferences. The first in Tempe, AZ (March 1-2, 2007, resulting in the France et al.; 2008 report), and a subsequent meeting of the Council of Clinical Health Psychology Training Programs (CCHPTP; January 2008) and the final Riverfront Conference (Division 38 & the National Cancer Institute; resulting in the Masters et al., 2009 report).

**Goal & Aims.** Goal of developing trainee competence in providing psychological services within an integrated research-one university hospital is best described as a practitioner-scholar training program (stemming from the Vail Conference, 1973). The KU 4th Year Advanced Clinical Practicum prepares trainees with advanced training and skills for best practices in clinical psychology, in the context of integrated health care settings. Trainees are instructed and supervised in the biopsychosocial model (Engel, 1980) with a focus on evidence-based practice and research in behavioral medicine. Interdisciplinary teamwork, cultural competency, ethics, and professionalism are emphasized throughout the training.

### **On-Site Supervision and In-Class Consultation**

Your on-site supervisor will provide your case-specific supervision. In addition to that on-site supervision, we will meet weekly as a class to focus on skill development. While we will be discussing specifics of your sessions, we will be trying to develop or improve skills you are using in your work generally. Responsibility for supervision of your CASES is completely in the hands of your on-site supervisor, and if anything that gets suggested in class should ever conflict with anything your site supervisor is telling you, it is YOUR responsibility to let know that at once. None of us can afford for you to be receiving mixed signals about how you are to be handling your cases. The focus in our class sessions is on generic skill development, though we are using your cases as a starting point.

**Come to each class session prepared to review your cases with the group!** This requires some preparation on your part. In particular, be prepared to provide (a) a

summary of each of your cases to date, and (b) your conceptualization of the cases. Be prepared to discuss what you think is going on with your clients and why, what you are doing with your clients and why, and what sort of help or assistance you think you need in order to work more effectively (and efficiently) with your clients. Review your sessions and identify those areas/interactions/issues that concern you and on which you want the help of the group.

At this stage of your professional development, each of you should be personally and professionally able to share and receive information, suggestions, and other constructive comments with your professional colleagues. It is my expectation that each of you will share in the consultation and instruction of each other throughout the semester.

The success of practicum class depends mostly on our ability to create a safe environment in which we can try out and practice skills. Often these are new skills, so the expectation is not that you are expert in them. Willingness to try out new skills in front of the group is what is needed, as well as the willingness and ability to give constructive and sensitive feedback.

### **Practicum site expectations**

The clinical and professional opportunities available to students on-site will differ among the various sites. Since this is a clinical health psychology practicum, it is expected that the bulk of your time onsite will be direct contact with patients --either in individual sessions or in groups.

Practicum requires that you member of the service in which you are rotating, you will attend/participate in multiple substantive clinical aspects and culture of your rotation including, but not limited to: (a) attending case/staff conferences, (b) familiarizing yourself with the assessment tools and practices used in your setting, (c) involving yourself in programs the setting has in progress, (d) participating in organizational/administrative functions, (e) consulting with other personnel, and (f) familiarizing yourself with the setting's referral sources.

### **Time Commitment**

Students can and do spend 8-16 hours per week at any practicum site (a minimum of 8 hours is required). More time spent in clinic will result in the students' increased accrual of client direct-contact hours and advanced training opportunities. Often more intensive experiences also present opportunities for greater access to clinic data and resources for research projects such as theses and dissertation.

**Holidays and Breaks.** During the semester, students receive several days of holidays/breaks. Your supervisor and your clients may expect that you will be available



on these days or that you will make additional times available for sessions missed due to holidays. Please discuss your schedule with your site supervisor early during the semester to avoid problems.

**Intersession.** As the semester winds to a close, it is your responsibility to talk with your supervisor about providing continuity of care for clients over the break. You are strongly encouraged to continue at your site over the semester break (intersession) with monitoring provided by the Practicum Coordinator. Again, discussing this with your site supervisor (and clients) early and often will lead to the best outcome.

### **Focused in-team discussion of cases**

Practicum class will focus on case review and presentation which requires:

- (a) Sharing with others the kinds of clients with whom you are working, your style and strategies as a counselor in training, and the particular difficulties that you experience in your work with clients;
- (b) Receiving support and assistance in developing skill areas;
- (c) Receiving feedback concerning possible effects you are having on your clients;
- (d) Allowing others to learn from you; and
- (e) Work toward extinguishing the anxiety each of us feels about presenting our work to others.

**Formal in-class presentation and discussion of cases.** Each student is required to make one 60-minute formal case presentations. The practicum supervisor will provide you with an example. These should be written up and should include:

- (a) A brief introduction to the case—including a de-identified description of the client and the circumstances that brought him/her to therapy;
- (b) A summary and conceptualization (theoretical integration) of the case to date, which includes:
  1. A summary of the psychological, social, medical, etc. factors relevant to the case;
  2. An integrative summary of an assessment information acquired – including profiles/protocols (One of the presentations must include assessment data)
  3. A de-identified summary analysis of what you have done and what you are doing to assist the client with her/his concerns and why ( i.e. a case process conceptualization);
  4. An analysis of the effects of your interventions; and
  5. A cultural conceptualization of the client and his/her situation.

**Intake case presentation.** Each student is required to make at least one 30-minute de-identified intake case presentation. This will be a more informal case presentation during which you will present a client in the initial stage of therapy. The student will provide practicum peers with a brief outline of what you know about your client so far and your initial thoughts about treatment planning. Through group discussion, we will discuss our initial conceptualizations of your client and what therapeutic approaches might be helpful. There is no transcript or write-up required for this case.

### **Required Clinical Health Practicum Sequence 3rd Year**

CHP Students in their 2nd year complete one year of required practicum in the KU Psychological Clinic (PSYC 964, 965, & 966). 3rd year CHP students complete the following required practicum sequence and enroll in **PSYC 835 & 836 with Monica Kurylo, Ph.D.** See Appendix A for description of 3rd Year Required Practicum.

### **Required Clinical Health Practicum Sequence 4th Year**

**\*Enroll in PSYC 842 Advanced Health Practicum with the corresponding supervisor or Dr. Kirk during 4th year. You will need a total of two semesters but may choose to enroll in two semesters in practicum with the same supervisor or one semester and then switch.**

#### **Practicum Selection**

#### ***Current List of Fourth Year Health Psychology Practicum Options***

***\*See Appendix C for full descriptions***

- Telemedicine Outreach Clinic – Enroll with [Eve Lynn Nelson, Ph.D.](#)
- JayDoc Student-Run Free Clinic – Enroll with [Sarah Kirk, Ph.D.](#)
- Primary Care Practicum at KUMC – Enroll with [Wendi Born, Ph.D.](#)
- Health Care Access Clinic – Enroll with [Sarah Kirk, Ph.D.](#)
- Perinatal Maternal Health Practicum – Enroll with Stephen Lassen, Ph.D.
- Topeka or Leavenworth VA Practicum – Primary Care/Neurology/Gerontology – Enroll with [Sarah Kirk, Ph.D.](#)
- KUMC Neuropsychology – Enroll with [Erik Ecklund-Johnson, Ph.D.](#)
- Turning Point - Enroll with [Sarah Kirk, Ph.D.](#)

**\*With Permission of Instructor and if space available:**

- Behavioral Pediatrics Clinic – Enroll with [Martye Barnard, Ph.D.](#)
- Inpatient Pediatric Consultation Service – Enroll with [Stephen Lassen, Ph.D.](#)
- Multidisciplinary Endocrinology Clinic – Enroll with [Susan Patton, Ph.D.](#)
- NeuroRehabilitation Psychology Inpatient Consult Service and or NeuroRehabilitation Psychology Outpatient Clinic - Enroll with [Monica Kurylo, Ph.D.](#)
- Transplant Service and Cancer Center – Enroll with [Meagan Dwyer, Ph.D.](#)

**A Sample Sequence of Program Requirements**

\*\*The following represents one example of a set of courses reflecting the previous description. It is one example of a sequence.\*\*

**1st YEAR**

**Credits**

Fall Semester

- PSYC 789 Psychological Statistics: Foundations & Applications  
3
- PSYC 850: Assessment I: Foundations of Psych. Assessment  
3
- PSYC 898 Professional Issues in Clinical & Health Psychology  
1
- PSYC 968 Research Methods in Clinical Psychology  
3
- PSYC 899 Thesis  
0-1
- Psychology General Core Requirement  
3

Spring Semester

- •PSYC 790 Statistical Methods in Psychology I  
3-4  
(Or an alternative to satisfy the quant analysis requirement.)
- PSYC 898 Professional Issues in Clinical & Health Psychology  
1
- PSYC 855: Assessment II: Integrative Psych Assessment  
3
- PSYC 946 Theories and Methods of Psychotherapy  
3
- PSYC 960 Advanced Psychopathology  
3

- PSYC 899 Thesis  
0-1

### Summer Semester

- PSYC 899 Thesis  
0-1
- Elective (PSYC 977-Prep for beginning practicum)  
0-1

## **2nd YEAR**

## **Credits**

### Fall Semester

- PSYC 898 Professional Issues in Clinical & Health Psychology  
1
- PSYC 964 Clinical Practicum I  
3
- PSYC 834: Clinical Health Psychology: Physical Aspects of Health and Disease  
3
- PSYC 899 Thesis  
2
- Psychology General Core Requirement and/or Clinical Course Requirement,  
and/or Health Electives  
3-6

\*Taking PSYC 834 will depend on the year of entry in the program.

### Spring Semester

- PSYC 898 Professional Issues in Clinical & Health Psychology  
1
- PSYC 961: Biological Foundations of Psychopathology  
1
- PSYC 965 Clinical Practicum II  
3
- PSYC 899 Thesis  
2-3
- PSYC 833: Clinical Health Psychology: Acute and Chronic Illness  
3
- Psychology Core Requirements or Health Electives  
3-6

\*Taking PSYC 833 will depend on year of entry into the program.

### Summer Semester

- PSYC 966 Clinical Practicum III  
3
- PSYC 899 Thesis  
0-1

### **3rd YEAR Credits**

#### Fall Semester

- PSYC 835 Clinical Health Practicum  
3
- PSYC 898 Professional Issues in Clinical & Health Psychology  
1
- PSYC 834: Clinical Health Psychology: Physical Aspects of Health and Disease  
3
- Psychology Core Requirements or Health Electives  
3

\*Taking PSYC 834 will depend on the year of entry in the program.

#### Spring Semester

- PSYC 810 History and Ethics  
3
- PSYC 833: Clinical Health Psychology: Acute and Chronic Illness  
3
- PSYC 898 Professional Issues in Clinical & Health Psychology  
1
- PSYC 950 Supervision & Consultation: Theory & Research  
1
- PSYC 836 Clinical Health Practicum  
3
- PSYC 999 Dissertation  
3-6
- Psychology Core Requirements or Electives  
3-6

\*Taking PSYC 833 will depend on year of entry into the program.

#### Summer Semester

- PSYC 999 Dissertation  
3
- Consider PSYC 842 Specialized Health Practicum  
1-3

**Students in the health specialty may also at times run into scheduling issues and be taking PSYC 833 or 834 in the 4th year. That is not advised but does sometimes occur.**

#### **4th YEAR**

#### **Credits**

##### Fall Semester

- PSYC 842 Specialized Health Practicum  
1-3
- PSYC 999 Dissertation  
3-6
- Psychology Core Requirements or Electives  
3-4

##### Spring Semester

- PSYC 842 Specialized Health Practicum  
1-3
- PSYC 999 Dissertation  
3-6
- Psychology Core Requirements or Electives  
3-4

##### Summer Semester

- PSYC 999 Dissertation  
0-3
- Electives.  
0-1

#### **5th YEAR**

#### **Credits**

##### Fall, Spring, & Summer Semesters

- PSYC 974 Internship) (one credit hour per semester)  
3

## **Optional Experiences to consider while in the CHP program during your 3rd year or Beyond:**

### **Mini-Medical with [Eve-Lynn Nelson, Ph.D.](#)**

Take a mini-tour of Telemedicine to be arranged with Eve Lynn Nelson, Ph.D. A checklist will be given to you in order to observe and participate in a variety of telemedicine opportunities. We would strongly encourage distance education/telehealth patient support experiences.

### **Sample Schedule**

#### **Telemedicine Schedule, 2014-2015**

**Behavioral Peds Telemedicine Clinic – Dr. Nelson** Alternating 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays, 11-4; Home based sessions as needed

**Other mental health specialty clinics via telemedicine, Requires prior approval from Dr. Nelson & clinic provider:**

**Dr. Nelson/psychology interns** Day varies/semester, two half days/week

**Dr. Jane Sosland** 4<sup>th</sup> Monday 11a-3p

**Dr. Susana Patton** 1<sup>st</sup> Tuesday 8a-10:15a

**Dr. Barnard & Lassen** Fridays Ad hoc

**ADC/Problem Behavior Clinic – Drs. Ellerbeck & Jamison** Tuesday 1p-4p

**ADC/Problem Behavior Clinic – Dr. Smith and Carole Prather** 1<sup>st</sup> and 3<sup>rd</sup> Weds 1p-3 p

**Psycho-Oncology, Dr. Susan Krigel** Monday & Tuesday Ad Hoc

**Adult Psychology/Geriatrics – Dr. Penick** Thursday 8a-12p



**Health-related clinics for observation only, Requires prior approval from Dr. Nelson & clinic provider:**

**Child Psychiatry – Dr. Sharp** Mondays 1-4p

**Child Psychiatry – Dr. Cain & Fellow** 1<sup>st</sup> and 3<sup>rd</sup> Tuesday 8a-Noon

**Child Psychiatry – Dr. Sonnenschein** Tuesday 10:30a-Noon, Thursday 12:30-2

**Pediatric Neurology – Dr. Chaves** 4<sup>th</sup> Tuesday of month, 1-3p

**Healthy Hawks –Dr. Davis' team** Wednesdays Ad Hoc

**Feeding Clinic—Dr. Davis' team** Fridays Ad Hoc

**Adult Psychiatry – Dr. Liskow** 1<sup>st</sup> Wednesday 8a-12p

**Neurology** –Ad hoc consults with Alzheimer's clinic, Epilepsy clinic, others

**Pain Management – Dr. Long** 2<sup>nd</sup> Thursday 2-4p

**Genetic counseling – Dr. Klemp** Ad hoc

**Other ad hoc consultations may be available**

#### **Psychoeducational Opportunities**

**Pediatric Epilepsy ECHO** Tuesdays Noon-1p

**Palliative Care Distance Education – Drs.Redford & Porter-Williamson** Thursday 8-10a

**Turning Point groups** Wednesdays Ad Hoc

**Smoking Cessation Groups** Ad Hoc

**Kitchen Therapy** 3<sup>rd</sup> Thursday Noon-1p

**\*\*CONFIRM SCHEDULES/ROOMS THROUGH Joy Williams, (913) 588-2226\*\***

**Palliative Care Mini-Medical—Contact [Kathy Davis, Ph.D.](#)**

Dr. Davis has a number of psychoeducational, interprofessional care, palliative care delivery, and ethics training available. You are able to learn about all of the psychosocial and medical aspects of palliative care and attend rounds with an interprofessional team. You will work alongside Dr. Davis and a medical resident. Dr. Davis is also very involved with interprofessional training at KUMC and you may be able to engage in a number of those training opportunities.



## Appendix A

### KU MEDICAL CENTER HEALTH PSYCHOLOGY PRACTICUM

(Psych 835 and 836) Revised 08-28-17

**Time and Place:** Wednesday 0830-1000 1020 Olathe Pavilion, Psychiatry Conference Room

#### Clinical Settings

#### **KUMC Enrollment Process (needed to gain access to EMR):**

**A. Pediatrics (See Behavioral Pediatrics Staff Schedule for days and times for the following rotations):** Students must have their own **professional liability insurance**, complete **KUMC online HIPAA tutorial**, get a letter from Dr. Kirk verifying certain coursework and practicum hours and **agree to a background check**. Practicum students must submit an application (please contact **Lesley Leive** at [lleive@kumc.edu](mailto:lleive@kumc.edu) for the application) to Lesley Leive at MS 4015, Dept of Psychiatry & Behavioral Sciences and you will then be enrolled in **0 credits of PSYCH 33-1001, CLN (17095) at KUMC**, and should expect a fee per practicum semester (approximately \$30). You also enroll in 835 with Dr. Kurylo or 836 if it is spring. All materials go to [lleive@kumc.edu](mailto:lleive@kumc.edu) Ms. Leive will award an NG at the end of each semester for PSYCH 33 (grade not given) and Dr. Kirk will award a Satisfactory/Unsatisfactory for 835 & 836 depending on input from Dr. Kurylo.

#### **A. Pediatrics (See Behavioral Pediatrics Staff Schedule July 2016 for days and times for the following rotations):**

1. Behavioral Pediatrics Clinic: Children and adolescents (with or without chronic disease) who present with internalizing disorders (depression, anxiety, anger, etc.), externalizing disorders (attention deficit hyperactivity disorder, oppositional-defiant disorder, etc.), and chronic disease-related adjustment problems (nonadherence to medical regimens, pain, and coping difficulties) are seen in these clinics. Patients are referred by physicians, other therapists, teachers, or parents refer themselves. See attached schedule for clinic times and location. Intake information is sent to the parents prior to the first appointment and they bring this information with them to the clinic. Short-term, cognitive-behavioral treatment is offered, with each patient having between 2 and 10 visits in the clinic.
2. Inpatient Pediatric Consultation Service: Consults can be called in at any time from the general pediatric or subspecialty inpatient services. The pediatric inpatient units are on the 4th

floor of Bell Memorial. The Pediatric Intensive Care Unit is on the 4th floor of Bell Memorial. Occasionally we are also consulted by the Burn Unit, which is on the 5th floor of Bell Memorial. We may be asked to assess and provide recommendations for children and adolescents who are having behavioral or adjustment problems or to provide support for parents and children. We may also be involved in providing advice and support to the nursing or medical staff. Inpatient consultations are directly multidisciplinary in that we are part of the medical and nursing team that is treating the child and we have frequent interactions with the staff. In addition, we are involved in adult palliative care services for the purpose of providing family counseling.

3. Telemedicine Outreach Clinic: The telemedicine clinic uses televideo technology to deliver the same behavioral pediatrics evaluation and treatment services described above to families across Kansas. Children present with internalizing and externalizing concerns as well as parents seeking child management strategies and assistance with coping with loss. In addition to working with the child and parent/guardian, therapists work closely with school faculty and other community resources to implement recommendations. Students on the rotation have the opportunity to shadow other professionals delivering telemedicine services, including child psychiatrists, developmental pediatricians, psycho-oncologists, behavioral analysts, educators, and other specialists. Current projects focus on developmental and behavioral services for rural children in poverty as well as related telementoring supports for rural primary care practices.

4. Multidisciplinary Elimination or Endocrinology Clinic: Children who have encopresis (soiling in clothing) with or without constipation are seen in the Elimination Clinic. Children and adolescents who present with an endocrinology-related disorder (.e.g., diabetes, idiopathic short stature, Turner’s syndrome) are seen in the Endocrine Clinic. We are asked to work with the child or adolescent to treat an internalizing disorder (e.g., adjustment disorder, depression, anxiety, etc), externalizing disorder (e.g., attention deficit hyperactivity disorder), and chronic illness-related adjustment problems (e.g., coping difficulties, adherence problems). Patients are typically referred by the respective clinic teams or parents refer their child. In many cases, our work with patients is directly multidisciplinary in that we are part of the elimination and endocrinology team that is treating the child and we consult with our colleagues during the clinic as time permits. This clinic is located in suite 300, Prairie Village Pediatrics.

5. Multidisciplinary Feeding Clinic: The Feeding Team is a multidisciplinary team that provides outpatient consultation services for children and families who have complicated feeding issues. Currently the team meets on Wednesday mornings from 8am to Noon in the CCHD building on the KUMC campus. Providers include a psychologist, occupational therapist, and a dietitian. Each weekly session includes two 30 minute return visits and three one hour new visits. During visits each provider conducts a detailed interview/assessment, observes the child eating, and makes treatment recommendations to the child/family. Our team specializes in helping children transition from tube dependency to full oral eating, and the care of medically complex children. Behavioral assessments include an interview and the Behavioral Pediatrics Feeding Assessment Scale (BPFAS). A practicum student in this clinic is trained in conducting the interview, understanding the BPFAS, and is allowed to participate in making treatment recommendations for the child and family.

#### **B. Rehabilitation Medicine:**

NeuroRehabilitation Psychology Inpatient Consult Service: The neurorehabilitation psychologist and postdoctoral fellow provide services (assessment of cognition, mood, and pain management, individual psychotherapy) to adults with diverse diagnoses, including traumatic and non-traumatic brain and spinal cord injury, stroke, brain tumor and other cancer diagnoses, organ transplant, burn, amputation, and other medical conditions requiring rehabilitation services. The inpatient rehabilitation unit is a 29 bed acute and short-term rehabilitation unit for people with physical and cognitive difficulties resulting from trauma and/or disease. The unit is staffed by a multidisciplinary team including rehabilitation medicine physicians (physiatrists), rehabilitation nurses, occupational and physical therapists, speech language pathologists, a social worker, a nutrition specialist/dietician, a recreational therapist, and the neurorehabilitation psychologist. The team meets twice weekly on Tuesdays and Wednesdays at 10 am to discuss patients currently on the unit and determine treatment goals, plan of care, and discharge. The neurorehabilitation psychology service also provides consultation to burn, trauma, surgery, and medicine services within the medical center. The neurorehabilitation psychologist and postdoctoral fellow also participate in weekly multidisciplinary burn unit staff meetings on Wednesdays at 2 pm. As a member of the teams, the neurorehabilitation psychologist and postdoctoral fellow evaluate and monitor mood, cognition, and pain/pain management, administers cognitive screens, gives feedback and education to patients, families and staff, and provides brief focused psychological interventions (e.g., CBT, relaxation training, supportive counseling). The

neurorehabilitation psychology service is called to other units in the hospital for similar consultative services.

NeuroRehabilitation Psychology Outpatient Clinic (Optional and by discretion of Dr Kurylo): On Tuesdays and Thursdays beginning at 8:15 am, neuropsychological evaluations of adults and children with physical and cognitive disabilities (e.g., stroke, brain injury, other neurological diagnoses, and/or psychiatric diagnoses) are performed. The clinical interview (starts at 8:30 am) is led by the neuropsychologist with the extern or intern and the psychometrist also present. The interview is followed by the testing which is typically administered by the psychometrist. Feedback sessions on this testing are performed on Monday afternoons at 1 and 2 pm.

### **C. Psycho-Oncology Service:**

Psychologists on this service can be called for a consult at any time from one of the subspecialty oncology outpatient clinics. The outpatient clinics are located at the Westwood campus, 2330 Shawnee Mission Parkway. There is also a radiation oncology outpatient clinic at the main hospital, and inpatient oncology floors within the hospital. We may be asked to assess and provide recommendations for primarily adults, but also some children and adolescents who are having behavioral or adjustment problems in reaction to their cancer diagnosis or treatment; or to provide support for caregivers of those with cancer. We may also be involved in providing advice and support to the nursing or medical staff. Consultations are multidisciplinary in that we are part of the medical and nursing team that is treating the patient. Each oncology disease site team meets once weekly to discuss patients who are pending treatment to determine plans of care. As a member of the team, the psychologist evaluates, monitors, and treats mood, anxiety, adjustment concerns, and cognition, administers cognitive screens, and provides psychological treatment (e.g., CBT, solution-focused therapy, relaxation training, and supportive counseling), gives feedback and education to patients, families and staff, and provides psychological treatment. Group supervision is from 12:00 to 1:30pm and clinic times are 9am to noon and then from 1:30pm to 4 or 5 pm on Thursdays.

#### **Team Coordinator/Supervisor**

#### **Co-Team Leaders/Supervisors**

Monica Kurylo, Ph.D., ABPP is an Associate Professor in the Departments of Psychiatry & Behavioral Sciences and Rehabilitation Medicine at KUMC. She received her doctorate degree in clinical psychology (health/rehabilitation emphases) at the University of Kansas, and has internship and postdoctoral experience in rehabilitation and health psychology and

neuropsychology. Dr. Kurylo serves on the APA Commission on Accreditation, and is the representative from APA to the JCAHO Behavioral Health Professional and Technical Committee, Member-at-Large for the Executive Board of the Academy of Rehabilitation Psychology, Treasurer for the Kansas Psychological Association Board of Governors, and member of the LP (Licensed Psychologists) Advisory Committee to the Kansas Behavioral Sciences Regulatory Board (BSRB).. She recently served as Chair for the APAPO Committee for the Advancement of Professional Practice (CAPP) and has been active in many other APA activities She is a member of Divisions 22 (Rehabilitation Psychology), 40 (Neuropsychology), Section 1 of Division 22 (Pediatric Rehabilitation Psychology), 38 (Health), 12 (Society of Clinical Psychology), Section 8 of Division 12 (Association of Psychologists in Academic Health Centers (APAHC), 35 (Society for Women), and 31 (State, Provincial, and Territorial Psychological Association Affairs) of APA, the Kansas Psychological Association, and Women in Medicine and Science (Kansas University Medical Center chapter). Her research interests include concussion and stress among professional and family caregivers.

Eve-Lynn Nelson, PhD: is a Professor in the Department of Pediatrics and is a licensed psychologist in the state of Kansas. She earned her BA from the University of Missouri-Kansas City and her PhD in clinical psychology from the University of Kansas. She completed additional training through the University of Miami FL Center for Child Development and through a KUMC rural outreach post-doctoral fellowship. She is the Director of the KUMC Center for Telemedicine & Telehealth and research liaison for the Institute for Community Engagement. Institute for Community Engagement. As a telepsychologist, Dr. Nelson sees patients over interactive televideo through schools participating in the TeleKidcare program and through rural sites across Kansas. Her primary clinical and research interest is increasing access to psychology services through telemedicine.

Robert Twillman, Ph.D.: Dr. Twillman is a Clinical Associate Professor (volunteer faculty) in the Department of Psychiatry and Behavioral Sciences at KU Medical Center. He is currently Executive Director for the American Academy of Pain Management. Dr. Twillman is a licensed psychologist in the states of Kansas, California, and Pennsylvania. He obtained his PhD in Clinical Psychology from UCLA in 1989 and completed a one-year postdoctoral fellowship in Behavioral Medicine and Anxiety Disorders at the Neuropsychiatric Institute at UCLA. Dr. Twillman's clinical and research focus is on the assessment and treatment of pain and psycho-oncology.

## **Supervisors**

Marcus Alt, Ph.D. is an Assistant Professor of Psychology in the KUMC Department of Psychiatry and Behavioral Sciences and a member of the Onco-Psychology Program at the University of Kansas Cancer Center, primarily serving the community site locations. Dr. Alt is licensed in the states of Kansas and Missouri. Dr. Alt earned his Bachelor of Arts degree in Psychology, with honors, from Creighton University (2005-2009). He then obtained his Doctor of Philosophy in Counseling Psychology (2009-2015) at University of Iowa. Dr. Alt completed his internship at the APA accredited site, St. Louis VA Healthcare System (2014-2015), and then fellowship in Onco-Psychology at the University of Kansas Cancer Center. He joined faculty at the University of Kansas Medical Center in the fall of 2016. Dr. Alt has clinical experience in general mental health, PTSD, and health psychology, specifically primary care, spinal cord injury, and oncology. He has research interests in mindfulness with chronic illness, impact of gender and sexual orientation on psychological distress, and relationships between multicultural factors and physical and psychological well-being. Dr. Alt has developed a mindfulness-based cancer care program for patients and family members coping with cancer diagnosis. As a member of the Onco-Psychology program, he provides clinical services to cancer patients and their families at the University of Kansas Cancer Center Community Clinic locations. He actively participates in training as he regularly engages with practicum students, interns, and fellows in providing individual supervision and collaborating on research projects. He is a member of the American Psychological Association (APA) and the American Psychosocial Oncology Society (APOS).

Martha U. Barnard, R.N., M.N., Ph.D. a Clinical Professor and Division Chief of Behavioral Pediatrics in the Department of Pediatrics at KU Medical Center. She is also a Professor in the School of Nursing at KU Medical Center and an Adjunct Professor in the Department of Human Development and Family Life at the University of Kansas. Dr. Barnard is a licensed pediatric nurse practitioner and a licensed psychologist in the state of Kansas. She received her master's degree in Nursing in 1968 from the University of Florida and her PhD in Developmental and Child Psychology in 1985 from the University of Kansas. She completed a two-year postdoctoral fellowship in Behavioral Pediatrics at KU Medical Center in 1987. Dr. Barnard has specialized in the care of children and their families with chronic or life limiting illnesses. In addition to several other issues, her practice includes children and adolescents with depression, anxiety disorders, oppositional defiant disorder, ADHD, posttraumatic stress disorders and factitious disorders.

Ann McGrath Davis, Ph.D., MPH, ABPP is a Professor in the Department of Pediatrics at KU Medical Center and Vice-Chair for Research and Scholarship. Dr. Davis is a licensed psychologist in the state of Kansas. She received her Ph.D. in Clinical Psychology in 1999 from Western Michigan University and completed a Pediatric Psychology Fellowship at Children's Hospital Medical Center, Cincinnati, OH, in 2001. Dr. Davis is the psychologist for the Feeding Team and the psychologist and Co-Director of the Healthy Hawks program to treat pediatric obesity. Her research focuses on childhood obesity.

Meagan Dwyer, Ph.D. is the Director of the Onco-Psychology Program at the University of Kansas Cancer Center, an Assistant Professor of Psychology in the Department of Psychiatry & Behavioral Sciences at KU Medical Center. Dr. Dwyer is a licensed psychologist in the states of Kansas and Missouri. She received both her Bachelor of Science degree (Summa Cum Laude with Departmental Honors in Psychology) and her Master of Science degree in Clinical Psychology from Missouri State University in Springfield, MO. She went on to receive her Ph.D. in Clinical Psychology from Saint Louis University, completed an APA accredited internship at the Southeast Veterans Health Care System in New Orleans, LA, and then completed an APA accredited post-doctoral fellowship at the Alvin J. Siteman Cancer Center at Washington University School of Medicine/Barnes-Jewish Hospital in St. Louis, MO. She joined the faculty at KUMC in October 2011. Dr. Dwyer became the Director of Onco-Psychology in June 2014 and has grown this program from 1 to 5 full-time faculty members. She is currently involved as a health psychologist in various clinical aspects of KU Cancer Center including Hematology/Oncology and Blood and Marrow Transplant. She serves as a member of the University of Kansas Medical School Faculty Council and also oversees the Onco-Psychology Postdoctoral Fellowship. Dr. Dwyer's areas of clinical and research interests are in psycho-oncology, training within psycho-oncology, trauma, health psychology, end of life issues, and intersections of trauma and health. She is a member of APA and the American Psychosocial Oncology Society (APOS).

Jessica Hamilton, Ph.D. is an Assistant Professor of Psychology in the KUMC Department of Psychiatry and Behavioral Sciences and a licensed psychologist in the states of Kansas. Dr. Hamilton obtained her Bachelor of Arts degree in Psychology (summa cum laude with departmental honors) from Park University (2002-2005) followed by her Master of Arts in Clinical Psychology (2006-2009) at the University of Missouri-Kansas City. She then completed her Doctor of Philosophy in Clinical Psychology (2009-2013) at the University of Missouri-Kansas City. She attended an APA accredited internship at the University of Kansas Medical Center (2012-2013), with a focus on behavioral medicine. Dr. Hamilton then became the Psycho-Oncology Post-Doctoral Fellow at the University of Kansas Cancer Center (2013-2014). She joined the faculty at the University of Kansas Medical Center in the Summer of 2014. Dr. Hamilton is a member of the American Psychological Association (APA) and the American Psychosocial Oncology Society (APOS). Dr. Hamilton has research and clinical experience and interests focused on emotion regulation and health psychology, particularly oncology. She is also interested in end-of-life issues, quality of life, and the interrelationships between psychological and physical health.

Dr. Hamilton has recently focused her research into head and neck cancer and well-being, including cognitive abilities, distress, emotion regulation, and physical health outcomes. She is also engaged in adapting, developing, and implementing distress screening for both academic and clinical application. Currently, Dr. Hamilton serves as a psychologist in several services including oncology/Bone and Marrow Transplant, Liver Transplant, and consultation liaison. She enjoys teaching applications of psychological science in the practice of health care, and regularly supervises psychology practicum students, clinical psychology interns, and psychology post-doctoral residents.

Susana R. Patton, PhD, CDE is an Associate Professor in the Department of Pediatrics and is a licensed psychologist in the state of Kansas. She earned her Ph.D. in Clinical Psychology from MCP Hahnemann University (Philadelphia, PA) in 2000 and completed a Pediatric Psychology Fellowship at Cincinnati Children's Hospital Medical Center in 2002. From 2002-2004, Dr. Patton completed an NIH-supported research fellowship (Ruth L. Kirschstein National Research Service Award) in type 1 diabetes at Cincinnati Children's Hospital Medical Center. From 2004-2010, Dr. Patton was on faculty at the University of Michigan Medical School. She joined the faculty at KUMC in 2010. Dr. Patton is the psychologist for Pediatric Endocrinology. Her research focuses on the management of diabetes in youth. Dr. Patton became a Certified Diabetes Educator in 2009.

Maura W. Wendland, Ph.D. is a Clinical Assistant Professor in the Department of Pediatrics at KU Medical Center. Dr. Wendland is a licensed psychologist in the state of Kansas. She received her Ph.D. in Clinical Child Psychology from the University of Kansas and completed her internship at Shands Hospital at the University of Florida. Dr. Wendland also completed a one-year postdoctoral fellowship at the University of Kansas Medical Center in Developmental Disabilities and Behavioral Pediatrics. Her clinical interests include caring for hospitalized children and families with chronic illness or trauma-related events. Her practice also includes working with children with oppositional defiant disorder, developmental disabilities, ADHD, anxiety, depression, and medical adherence issues.

#### Phone and Pager Numbers (area code: 913) and Email Addresses

Dr. Rapoff:	Office: 588-6373; Pager: 917-7889; <a href="mailto:mrappoff@kumc.edu">mrappoff@kumc.edu</a>
Dr. Alt	Office: 588-6463; Pager: 917-4324; <a href="mailto:malt@kumc.edu">malt@kumc.edu</a>
Dr. Barnard:	Office: 588-6341; Pager: 917-9099; <a href="mailto:mbarnard@kumc.edu">mbarnard@kumc.edu</a>
Dr. Davis:	Office: 588-5928; Pager: 917-3476; <a href="mailto:adavis6@kumc.edu">adavis6@kumc.edu</a>
Dr. Dwyer:	Office: 588-6402; Pager: 917-0960; <a href="mailto:mdwye2@kumc.edu">mdwye2@kumc.edu</a>
Dr. Hamilton:	Office: 588-6463; Pager: 917-1385; <a href="mailto:jhamilton2@kumc.edu">jhamilton2@kumc.edu</a>



Dr. Kurylo: Office: 588-6463; Pager: 917-4969; [mkurylo@kumc.edu](mailto:mkurylo@kumc.edu)  
Dr. Nelson: Office: 588-2413; Pager: 917-3000; [enelson2@kumc.edu](mailto:enelson2@kumc.edu)  
Dr. Patton: Office: 588-0513; Pager: 917-4278; [spatton2@kumc.edu](mailto:spatton2@kumc.edu)  
Dr. Twillman: [rtwillma@kumc.edu](mailto:rtwillma@kumc.edu)  
Dr. Wendland: Office: 588-0334; Pager: 917-2006; [mwendland@kumc.edu](mailto:mwendland@kumc.edu)

### **Supervision**

Supervision will be provided individually and as a group. Individual supervision sessions will be arranged with specific supervisors and group supervision will take place on Wednesday morning from 0830-1000 at KU Medical Center in the Department of Telemedicine – Technology Room.

### **Practicum Requirements**

You are expected to meet the following requirements. Feedback will be provided periodically and those interns not meeting requirements will be given individual corrective feedback as needed. Specific requirements are:

1. Attend assigned clinics and be on time. Initially you will observe assessment and

Treatment procedures but will gradually be asked to assume more clinical responsibilities. You will also be asked to chart visits using the standard SOAP system (Subjective, Objective, Assessment, and Plan)

2. We are very sensitive about patient and family rights of confidentiality and you are asked to avoid discussing specific patients and families outside our supervision sessions. Also, please do not provide information to other staff or referral sources without prior review and approval by your supervisor. We have legal, ethical and moral responsibilities for patients and have to be involved in all aspects of patient care.

3. Attend all supervision sessions and keep records of patient contact hours (see practicum log). This is essential for you to receive proper credit for your clinical activities. You will not be given credit for patient contact hours that have not been recorded on the log form and submitted to Dr. Rapoff (keep a duplicate log form so you have a backup).

4. Complete assigned readings and prepare clinical presentations to the group. You will be given specific readings that are relevant to the types of psychosocial and medical problems that we encounter. You can avail yourself to the medical center and pediatrics department libraries to obtain additional information of interest. You will be asked to make clinical presentations to the group on specific patients or on a topic determined by the group. The format of these presentations will be discussed with your supervisor. Please be assertive in seeking out new knowledge and information by reading on your own and asking questions. Ask and you shall find.

In addition, we strongly recommend that you take advantage of the many educational opportunities here at KUMC, particularly Grand Rounds and Grand Attending Rounds. Please take advantage of the schedule through the KUMC web calendar and through your supervisor's suggestions.

We hope you have a good experience. At various times during the practicum (and formally at the end) we will ask for your feedback which will be very helpful in revising the practicum. Please be specific and candid with us in providing this needed feedback.

### **Performance Objectives: KUMC Health Psychology Practicum**

#### Rotation One: Pediatrics

1. Independently conduct an intake interview with children who present with behavioral, affective, adjustment, pain, or toileting problems and their parents in outpatient pediatric psychology clinic.
2. Dictate initial intake report from outpatient pediatric psychology clinic that includes elements specified by supervisor.
3. Discuss and demonstrate to patients and families the following therapeutic protocols:
  - Cognitive Restructuring
  - Deep Breathing and Guided Imagery
  - Enuresis Treatment

Encopresis Treatment

Negotiating and Contracting Skills

Progressive Muscle Relaxation

Time-in and other parenting strategies

Time-out

Token System

Cognitive-Behavior Strategies for Mood Management

4. Independently conduct initial inpatient consultation for children and adolescents who present with acute or chronic disease-related psychosocial issues (e.g., nonadherence to medical regimens, pain, adjustment and coping problems).
5. Write up initial inpatient consultation (after discussing with supervisor) and discuss with medical team.
6. Conduct literature search and summarize literature on topic related to clinical case as assigned by supervisor.

7.

Telemedicine

1. Review online and written rotation materials concerning outreach and psychology practice with technology.
2. Complete assessment and treatment components complementing the Pediatrics performance objectives. Note similarities and differences in the telemedicine setting, particularly related to working with underserved communities.
3. Participate in telementoring and distance education opportunities related to behavioral health.
4. Reflect understanding of skills needed to work in an interdisciplinary team providing outreach.
5. Observe one additional telemedicine clinic related to health psychology.
6. Complete literature review and presentations as described in the Pediatrics objectives.

## **Appendix C**

### **Integrated Primary Care Practicum at Health Care Access**

Health Care Access offers non-emergency, chronic and acute health care. The primary providers at the Clinic are Advanced Practice Registered Nurses (APRN) with additional services provided by volunteer local physicians, nurse practitioners, physician assistants and nurses who donate their time and services. As part of the mission to provide services that positively impact overall wellness of patients, Health Care Access staff and graduate students provide solution-focused, patient-centered mental health counseling and psychotherapy for a wide variety of mild-moderate mental health concerns. Because mental health is a key component of overall healing and wellness, topics treated at Health Care Access, include, but are not limited to; depression, anxiety, chronic stress, grief and loss. Assessment and direct referral for treatment of substance use disorders is also available. Mental health counseling and psychotherapy services are available to all established, adult patients of Health Care Access. Mental health counseling and psychotherapy offer patients a unique perspective and new skills to help cope with life stressors, to promote the well being of all patients.

Supervisor: Jill Flessing, Licensed Social Worker is the on-site supervisor with additional supervision with Sarah Kirk, Ph.D. Dr. Kirk earned her Ph.D. in clinical psychology with a health and rehabilitation specialization in 1998 from the University of Kansas and is licensed in Kansas and Missouri. Dr. Kirk is the director of the KU Psychological Clinic and is a supervisor in the clinical psychology program.

Contact: Jill Flessing, [Flessingj@healthcareaccess.org](mailto:Flessingj@healthcareaccess.org)  
Dr. Kirk at [skirk@ku.edu](mailto:skirk@ku.edu) and 785-331-6155 or 785-864-9853

Supervision: Group supervision will be provided with Dr. Johnson weekly in Fraser Hall and individual supervision will take place on hour per week in 347 Fraser and at HCA with Ms. Flessing.

### **JayDoc Student-Run Free Clinic Practicum at JayDoc Free Clinic**

JayDoc Free Clinic is a student-run clinic that provides non-emergency urgent and preventative care to the uninsured and underinsured populations of Greater Kansas City. The clinic is a primary provider for immigrants and non-English speaking patrons. The clinic targets the Latino population of Kansas City and provides integrated on-site interpreters. The general clinic is open Monday and Wednesday evenings from 5:30-8:30pm, and specialty clinics operate on Tuesday evenings. The clinic is supported entirely by volunteers and donations from the community and grant funding, as it does not take payments from patients. This practicum will involve the delivery of services within a interdisciplinary primary care setting including underserved groups. Services will include brief, problem-focused psychological or behavioral health evaluations and delivery of brief education or intervention in the context of an interdisciplinary team (medicine, pharmacy, dietetics, laboratory services). Most interventions will be to individuals presenting for primary care, though some interventions may involve families or couples. There will be an opportunity for delivery of more traditional mental and behavioral health services in this population to a limited number of patients for brief periods of time (2-3 sessions). Psychology practicum students will work with students from other disciplines as part of a cohesive team on

which all members learn from each other.

Supervisor: On-site supervision is provided by the medical preceptor volunteering for the night. Sarah Kirk, Ph.D. is the off-site supervisor. Dr. Kirk earned her Ph.D. in clinical psychology with a health and rehabilitation specialization in 1998 from the University of Kansas and is licensed in Kansas and Missouri. Dr. Kirk is the director of the KU Psychological Clinic and is a supervisor in the clinical psychology program.

Contact: Dr. Kirk at skirk@ku.edu and 785-331-6155 or 785-864-9853

Supervision: One hour face-to-face per week with Dr. Sarah Kirk and additional consultation and supervision from medical faculty on site as needed.

Application Process: Meet with Dr. Kirk to indicate interest and interview will be conducted with Jaydoc Free Clinic's executive board of directors.

Students must do the following: Have personal liability insurance, enroll in the KUMC practicum class.

#### Practicum Requirements

Required hours: Flexible – 1 night per week (Mon or Wed) 5:30-8:30p

Commitment: Flexible – Prefer two semester commitment starting in fall

1. Be available to consult with medicine and pharmacy professions.
2. Participate in full patient encounters when possible.
3. Provide brief health psychology interventions over 2-3 sessions as needed.
4. Document all contacts in the JayDoc Clinic's medical record.
5. Attend all supervision sessions with Dr. Sarah Kirk.
6. Consult with the medical team and visit with patients in exam rooms for an "on the spot" assessment when the medical team has identified a potential mental health problem
7. Therapists may provide some short and long-term consultation, receive hand-offs from medicine and pharmacy students and preceptors for immediate consultation in primary care setting.
8. Participate in quality improvement projects.

#### Performance Objectives

1. Conduct individual psychotherapy
2. Conduct diagnostic interviews
3. Participate in interprofessional team during full patient encounters
4. Consult with multidisciplinary staff (medicine, pharmacy students and preceptors)
5. Complete documentation in JayDoc medical record
6. Participate in quality improvement projects

## **Interprofessional Teaching Clinic Primary Care Practicum in Family Medicine, KU Medical**

The Interprofessional Training Clinic (IPTC) meets from 0800-1200 daily and practicum student is assigned to two mornings. This practicum will involve the delivery of services within a primary care setting including underserved groups. Services will include brief, problem-focused psychological or behavioral health evaluations and delivery of brief education or intervention in the context of an interdisciplinary team (family medicine, nursing, pharmacy, and other disciplines, including legal services and physical therapy). Most interventions will be to individuals presenting for primary care. Some interventions may involve families or couples. There will be an opportunity for delivery of more traditional mental and behavioral health services in this population to a limited number of patients. Psychology practicum students will work with students from other disciplines as part of a cohesive team on which all members learn from each other.

Supervisor: Dr. Wendi Born is the on-site supervisor. Dr. Born earned her Ph.D. in clinical psychology from Northwestern University in 2000, and is licensed in the state of Kansas. Dr. Born is a Clinical Assistant Professor at the University of Kansas Medical Center in the Department of Family Medicine.

Contact: Dr. Wendi Born, Ph.D. at [wborn@kumc.edu](mailto:wborn@kumc.edu)

Application Process: Meet with Dr. Kirk to indicate interest and interview will be conducted with Dr. Born.

Students must do the following: Have personal liability insurance, enroll in the KUMC practicum class.

### **Practicum Requirements**

Required hours: Flexible – 2 half days per week (Mon-Fri mornings, Wed afternoons)

Commitment: Flexible – Prefer two semester commitment starting in fall

1. Be available to consult with medicine, nursing, and pharmacy professions.
2. Participate in full patient encounters as part of team.
3. Provide brief health psychology interventions over 2-3 sessions as needed, and long-term follow-up as part of medical team.
4. Document all contacts in the KUMC medical record.
5. Attend all supervision sessions with Dr. Wendi Born. One hour face-to-face per week and additional on-the-go consultation and supervision. Students will periodically do co-treatment so that the supervisor can directly observe the practicum student.
6. Participate in team ‘huddles’ before and after patient encounter, as well as present to faculty preceptors from various professions.
7. Therapists may provide some short and long-term consultation, receive hand-offs from medicine and pharmacy students and preceptors for immediate consultation in primary care setting.
8. Participate in quality improvement projects.

### Performance Objectives

1. Conduct individual psychotherapy
2. Conduct diagnostic interviews
3. Participate in interprofessional team during full patient encounters
4. Present to IPTC faculty preceptors.
5. Consult with multidisciplinary staff (medicine, pharmacy students and preceptors)
6. Complete documentation in KUMC medical record
7. Participate in quality improvement projects

### **Neuropsychological Practicum at University of Kansas Hospital**

The Neuropsychology department provides neuropsychological evaluations for medically referred adults. The majority of cases are outpatient referrals for diagnosis and treatment planning related to traumatic brain injury, dementia, movement disorders, and pre- and post-surgical evaluations (i.e., epilepsy, brain tumors, hydrocephalus, etc. populations). In-patient services include full neuropsychological evaluations on the Epilepsy Monitoring Unit and brief consults throughout the hospital, often related to assessing capacity for decision making or independent living. Neuropsychologists are also involved in Wada testing and cortical mapping; practicum students make participate when the opportunity is available. Students will observe and conduct diagnostic interviews, review medical records and imaging studies, independently administer testing batteries, observe patient feedback, and writing shadow reports. Didactic opportunities include neurology grand rounds (Friday) and epilepsy surgical conference (Tuesday).

**Supervisors:** Eric Ecklund-Johnson, PhD, ABPP, is a board-certified neuropsychologist. He earned his PhD in counseling psychology with a minor in neuropsychology in 2002. He completed his internship at the University of Florida and post-doc at North Shore University Health System in Evanston, IL. He is the senior clinical neuropsychologist in the KU neuropsychology department. Caleb Pearson, PsyD, is also a clinical neuropsychologist. He received his degree from Argosy University and completed his internship at Mount Sinai Medical Center and his post-doc at Barrow Neurological Institute.

**Contact:** Eric Ecklund-Johnson, [eecklund-johnson@kumc.edu](mailto:eecklund-johnson@kumc.edu)  
Caleb Pearson, [cpearson2@kumc.edu](mailto:cpearson2@kumc.edu)

**Supervision:** Individual supervision occurs daily. There is typically 30-60 minutes of individual supervision for each outpatient referral. The daily supervisor is determined by case load and the student's interest in presenting concerns.

### Practicum Requirements

**Required Hours:** 2 days. Hours should be a full day (8-4:30) or half day (8-12, 1-4:30). There may be preferred days of the week based on office space availability.

**Commitment:** Flexible – prefer full year; 2 semesters also acceptable

1. Attend all scheduled practicum days; provide advanced notice for any absences.
2. Be conscientious in the administration, scoring, and norming of all tests and

questionnaires.

3. Participate in supervision and professional development activities.
4. Attend didactic opportunities (i.e., grand rounds, epilepsy surgical conference).

#### Performance Objectives

1. Administer, score, and norm neuropsychological testing batteries.
2. Conduct diagnostic interviews and neurobehavioral status exams.
3. Develop familiarity with additional clinical variables (i.e., neuroimaging, Wada testing).
4. Generate shadow reports summarizing the results and impressions from the evaluation.

## **Perinatal Maternal Health**

### General Obstetrics and Gynecology

1. Inpatient Obstetric Consultation Service: Consults can be called in at any time (in person, email or via O2) from the general obstetric inpatient services; however, the practicum student may only be available to complete the consult on the specified day(s) of service (i.e., Mondays). The psychology practicum student could be asked to assess and provide recommendations for pregnant and postpartum women on the mother-baby unit or labor-delivery unit who present with mood or anxiety problems. The student may be asked to assess and monitor coping for patients on bed rest or those hospitalized for medically complicated pregnancies. The student may “follow” a patient after delivery if her infant is hospitalized in the NICU and continue provision of psychological services during NICU hospitalization. The student may also be involved in providing advice and support to the nursing or medical staff including members of the social work team. Inpatient consultations are directly multidisciplinary in that the student would be part of the medical and nursing team that is treating the patient and would have frequent interactions with the staff. In order to achieve this, the student should expect to attend High-Risk inpatient rounds weekly at 7am led by attending physicians with OB/GYN residents and medical students.

2. Outpatient OB/GYN Subspecialty Clinics: Pregnant and postpartum women who present with mood or anxiety disorders (e.g. depression, general anxiety, etc.) would be seen in this clinic. Patients would be referred by physicians, nurses, social workers, or women could refer themselves. Patients may also be referred from another clinical division (e.g. Maternal-fetal medicine, high risk pregnancy) by a physician and/or nurse in that division. These are usually brief contacts to assess and make recommendations about needed psychological services. Short-term, cognitive-behavioral treatment would be offered, with each patient having between 2 and 10 visits in the clinic.

Supervision and contact: Stephen Lassen, Ph.D. is an Assistant Professor in the Department of Pediatrics at KU Medical Center. Dr. Lassen received his Ph.D. in Clinical Child Psychology from the University of Kansas in 2006. He completed his residency in Clinical Child Psychology/Pediatric Psychology at Harvard Medical School and his postdoctoral fellowship in Pediatric Psychology at the University of Washington School of Medicine. Dr. Lassen specializes in the care of children with chronic or life-limiting illnesses and their families. In addition, his practice includes children and adolescents with a range of behavioral and emotional



concerns. Dr. Lassen has primary responsibility for the inpatient consultation/liaison service for Behavioral Pediatrics.

### Practicum Requirements

Clinical psychology practicum students are expected to meet a number of requirements. The following requirements were established by the team of clinical supervisors, lead by Dr. Michael Rapoff, PhD, who oversee the required clinical practicum located at KUMC. Feedback is provided periodically and those students not meeting requirements are given individual corrective feedback as needed. The same requirements are expected of clinical psychology students who participate in specialized clinical practicum experiences. Specific requirements are:

1. Attend assigned clinics and be on time. Assume clinical responsibilities including assessment and treatment procedures. Chart visits according to the standard format for the clinic. Discuss notes with other medical caregivers involved in the care of the patient.
2. Be sensitive about patient and family rights of confidentiality; avoid discussing specific patients and families outside supervision sessions. Also, do not provide information to other staff or referral sources without prior review and approval from supervisor. Uphold legal, ethical and moral responsibilities for patients necessary to be involved in all aspects of patient care.
3. Attend all weekly one-hour supervision sessions and keep records of patient contact hours. This is essential for students to receive proper credit for clinical activities.

### Performance Objectives:

1. Independently conduct an intake interview with a pregnant or postpartum patient presenting with a mood or anxiety disorder symptoms. Independently conduct an intake interview with a patient referred for emotional/psychological distress related to high-risk pregnancy diagnosis.
2. Independently conduct a follow-up interview with a patient followed in the Obstetric Clinic.
3. Write an initial intake report based on these interviews.
4. Understand and discuss with supervisor and/or patient the distinctions between normal mood changes related to pregnancy and the postpartum period, medical conditions and their treatments, adjustment disorder, and clinical mood or anxiety disorders.
5. Demonstrate ability to instruct a patient in the use of guided imagery, progressive muscle relaxation, or other relaxation technique.
7. Understand and discuss with supervisor the basic mechanisms of action, side effects, and therapeutic efficacy of the major classes of antidepressants and anxiolytics, with a focus on factors to consider regarding the use of particular medications in pregnant women and women who are breastfeeding.

### **Topeka Primary Care Clinic VA, VA Eastern Kansas**

This practicum site includes opportunities for individual, couples, and group therapy, as well as psychological and neuropsychological assessment. The population includes mostly outpatients; however, there are some opportunities to work with inpatients on the PTSD treatment unit and with acute psychiatry. Patients can range in age from the early twenties to the elderly with a wide range of psychiatric diagnoses and treatment needs. Students have the opportunity to be supervised with multiple evidence-based psychotherapies for the treatment of PTSD, anxiety, and depression, including Cognitive Processing Therapy, Prolonged Exposure, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy for Depression, Cognitive Behavioral Therapy for Insomnia, and Integrative Behavioral Couples Therapy.

Supervisor: Supervisors are various Ph.D. and Psy.D. level psychologists depending on year of application.

Regarding academic credit:

University of Kansas clinical psychology students selected for the experience will enroll with Dr. Kirk for PSYC 977 Specialized Clinical Practicum for 1-3 credit hours.

Contact Information:

Supervision: One hour per week with Dr. Skadeland face-to-face and as needed consultation.

Contact information for practicum: For questions, students should contact Dr. Dawn Gettman by telephone at (785) 350-3111, ext. 52169, or by e-mail at dawn.gettman@va.gov.

Practicum Requirements

Required Hours: 8-16 hours dependent on enrollment

1. Participate in evidence based practice and attend primary care clinic appointments
2. Diagnostic interviewing
3. Psychotherapy
4. Limited and targeted assessment
5. Consultation with multidisciplinary staff

Performance Objectives

1. Conduct diagnostic interviews
2. Conduct mental status exams and brief cognitive examinations (may include SLUMS, MOCA, MMSE, and RBANS) as needed
3. Complete targeted assessment when appropriate
4. Complete documentation in VA medical record
5. Utilize protocol based treatment for PTSD and other presenting concerns