

# Health Psychology Certificate Course Offerings

## Spring 2019

### **PSYC 832: Health Promotion & Disease Prevention (3 credit hours)**

Dr. Nancy Hamilton | TH 1:00-2:50pm | KULC Fraser 327

An overview of the field of health psychology as applied to health promotion and disease prevention. Content areas include history and current research regarding behavioral & psychosocial risk factors for disease, as well as empirically supported assessment and therapeutic techniques for risk factor reduction and health promotion. Prerequisite: Graduate student in psychology or health-related fields, or permission of instructor.

### **PSYC 839: Palliative Care in Health Psychology (3 credit hours)**

Dr. Kathleen Davis | APPT KULC or APPT KUMC

Based on the biopsychosocial model, this course focuses on the current practice of palliative care in community and hospital settings by health care professionals. Classes will be discussion based, centered on current issues and controversies in care of the chronically ill and dying. Recent research will be highlighted, as will cultural perspectives on death. Students will be expected to identify applicable literature for presentation and class discussion, along with assigned readings. Prerequisite: Graduate student in psychology or health-related fields, or by permission of instructor.

### **ESPY 845: Substance Abuse Counseling (3 credit hours)**

Dr. Kristen Bast | W 9:30-12:20pm | KULC JRP 650

The aim of this course is to provide advanced training in the area of substance abuse and substance addictions counseling to graduate students in the helping professions. Topics covered include practical guidelines, specific intervention strategies, treatment principles, legal and ethical responsibilities, and issues within the field. Prerequisite: EPSY 740, EPSY 742.

Students may also petition to take an alternative course offered and not listed here (Example: Pediatric Psychology, Courses at KUMC in MPH or other program areas). If a student wishes to petition to take an alternative course, they should contact co-director, Dr. Sarah Kirk at [skirk@ku.edu](mailto:skirk@ku.edu) and send their syllabus via email and be sure the course approval is on file with the graduate academic advisor, Kirsten Hermreck.