



Number 30 KU Clinical Psychology News Fall 2015

The Hawkl ine

FROM THE DIRECTOR

The big news this year is that Doug Denney is retiring at the end of the Fall semester. When I arrived here in 2004 Doug said he was never going to retire, and I hoped that would be true. But alas it was not meant to be. Doug received his Ph.D. from the University of Washington in 1970, and after a brief faculty stint in Buffalo, Doug arrived at KU in 1972. Over the past 43 years Doug has guided numerous students, asked many difficult questions on thesis and dissertation committees, and shared countless stories with colleagues (many of which were largely true). As we did on Stop Day last Spring when Ray Higgins retired, we honored Doug at this year's holiday skits, which included, "things I learned from Doug" at lunch train (e.g., "people don't love the action potential as much as we do"). And many of you contributed some memories of Doug that went into a very nice booklet that Alex Roth (Doug's last student!) compiled. The Department of Psychology at the last meeting of the year also honored Doug with a really nice picture of campus signed by the faculty. Cake was served and our Chair, Ruthann Atchley, spoke glowingly about Doug's contributions, but also about Doug's thoughtfulness, kindness, and the respect he shows for all. I have asked Doug if he desires to have something named after him as we did with the "Ray Higgins Microwave" but he has thus far been unable to identify as suitable object to immortalize him. We'll keep working on it, and suggestions are welcome. Although we will all miss Doug, I in particular will miss him greatly. When someone like Doug retires, it marks the end of an era. From the moment I arrived back on campus as a faculty member, Doug has been supportive, always quick to lend a hand, and has been a source of great wisdom and knowledge. Best wishes to Doug in retirement.

I am sorry to say that we are also losing Cary Savage. Cary is the (soon to be was) Director of the Center for Health Behavior Neuroscience at the KU Medical Center and served as the John H. Wineinger Professor of Psychiatry and Behavioral Sciences. Although he was "merely" an "Associated" clinical faculty member, Cary

was integral to the Health program and supervised a number of clinical health students. I didn't learn as much at lunch train from Cary as I did from Doug, but one of the things I did learn from Cary is that you can buy beavers on the internet (don't ask). Cary has taken a position at the Brain Imaging Center of the Banner Health Alzheimer's Institute in Phoenix, Arizona. We will be thinking of Cary over the cold winter months, and he may be thinking of us over the summer. Either way, we all wish Cary the best of luck in his new position.

In addition to the items in our "Hawks in Flight" section, I have several bits of alumni news. Last year the winner of the 1949 Award for Distinguished Alumni was **Jerry Sattler 57'**. Jerry is a faculty emeritus at San Diego State, and almost literally wrote the book on psychological assessment. On a more personal note, when I was an undergraduate at San Diego State I took a Clinical Psychology class from Jerry, which is now the same class I teach each Fall semester. Unfortunately, Jerry was unable to join us on campus last year. This year's winner of our distinguished alumnus award is **Tim Smith 82'**. Tim is a Professor of Psychology at the University of Utah and a very accomplished clinical health psychologist. Tim is set to visit campus on April 13 and 14th. If you are in the area at this time please feel free to stop by. **Mitch Handelsman 81'** will also be on campus on April 22nd. Every other year the Clinical Program and the Clinical Child program co-sponsor an ethics workshop, and Mitch has kindly agreed to conduct the workshop (please contact Sarah Kirk at skirk@ku.edu for more information). And last but not least, the class of 1970/1980something is planning another mini reunion on June 10-11, 2016. These were the "Sunset Blues" years among many students in the program. If you are not on the reunion mailing list but would like to be, let me know and I will be sure to add you.

And speaking of reunions, I am contemplating a program-wide reunion. We are thinking of 2019 to coincide with the 70 year anniversary of the program's APA accreditation. We last had a reunion in 1993, so in addition to a significant anniversary, we are long overdue. We will keep y'all posted.

Finally, the program's website has been completely redesigned. Please check out **clinical.drupal.ku.edu**. Jonesing for the 2008 edition of the *Hawklite*? Click the "About" link and you can find it here. Curious as to who our current students are? Yes you can satisfy your curiosity here, and yes they are that young. Want to find out about our recently created Diversity Committee? That's here too. And, if you are looking to make an end of the year donation to the program (uh hmm) you can easily link to the KU endowment page and give to the fund of your choice. We are continuing to work on the site to make even more improvements, but even before additional improvements it's pretty spiffy.

Here's hoping that you had a great 2015, and are poised for a great 2016. Happy Holidays!

Rick Ingram

CLINICAL PROGRAM STUDENT AWARDS



SCHULMAN AWARD FOR EXCELLENCE IN CLINICAL PSYCHOLOGY

Nicole Kramer graduated with a B.A., Summa Cum Laude, from the University of Akron in Akron, OH, in 2011 with a major in Psychology and minor in Philosophy. She earned her M.A. in 2014 from KU in Clinical Psychology. Currently working with Dr. Rick Ingram, her research interests include the risk and maintenance factors of depression, with particular emphasis on the integration of interpersonal and cognitive processes. She also works with Dr. Tamara Baker on a project investigating the healthcare needs of Black men with multiple chronic conditions, examining depression in this population. Nicole's clinical work has included practicum experiences at the Professional Renewal Center, where she has gained extensive training in neuropsychological assessment, and the Topeka VA medical center, where she works in both inpatient and outpatient settings. She also serves in the role of a peer supervisor for other students in the KU Psychological Clinic.

C. R. SNYDER AWARD FOR RESEARCH ACHIEVEMENT & B. KENT HOUSTON AWARD IN HEALTH PSYCHOLOGY

Teresa Pan received her B.S. degree in Physiology/Neuroscience and B.A. degree in Psychology from the University of California, San Diego in 2009. Her primary research interests are in

common comorbidities that occur with obesity and eating disorders, such as depression, and in quality improvement measures integrating clinical psychology into primary care systems and in developing interprofessional education. Teresa has specific clinical interests in underserved, minority populations, and is especially interested in working in integrated primary care settings. Teresa currently works as a Graduate Research Assistant at Kansas City's Center for Children's Healthy Lifestyles & Nutrition (<http://www.chlnkc.org/>). She serves as a Student Director of Clinical Psychology Services at the JayDoc Free Clinic, and as a Student Co-Director for the Interprofessional Teaching Clinic in the Department of Family Medicine at KU Medical Center. Teresa is currently interviewing at internship sites focusing on integrated behavioral health and behavioral medicine.

MITCH HANDELSMAN/LORI IRVING TEACHING AWARD

CO-WINNERS WERE ALEXANDER WILLIAMS AND ALEXANDRA ROTH

Alexander Williams graduated with his B.A., Summa Cum Laude, from William Jewell College in 2008, majoring in psychology, political science, and history. He received his MA in political science in 2010 and his MA in clinical psychology in 2013, both at KU. Alex defended his dissertation in October 2014 and will earn his PhD in July 2016 upon the completion of his internship at the Dwight D. Eisenhower VAMC (Leavenworth). Alex loves teaching, particularly about critical thinking in psychology. His research examines ways to improve outcomes for therapy via manipulations of cognitive heuristics (e.g., the peak-end rule of memory). Clinically, he is interested in evidence-based practices.

Alexandra Roth received her B.S. in Psychology, Summa Cum Laude, from Drake University in Des Moines, IA, in 2011 and completed her MA degree at KU in May 2013 under the mentorship of Doug Denney. Alex hopes to defend her dissertation in Spring 2016, which is titled "The Cognitive Profile of Older Adult MS Patients Compared to Healthy Controls and aMCI Patients." Alex is currently completing a pediatric neuropsychology practicum at Children's Mercy Hospital. She is also applying to internship this year and hopes to match at a site that will allow her to continue to pursue research and clinical training in lifespan neuropsychology.

Clinical and Professional Skills Award & Sandy Dinoff Memorial Health Psychology Research Award

Libby Harfmann received her B.S. in Psychology, Summa Cum Laude, from Michigan State University in 2010. Libby then completed her MA

degree at KU and conducted her thesis, "An Investigation of Maintenance and the Correlates of Depression: Rumination, Emotion Regulation, Cognitive Inhibition, Sleep, and Diet," under the mentorship of Dr. Rick Ingram. She is currently working on her dissertation, "Cognitive Inhibition, Rumination, and Insomnia in Depressed, Suicide-Prone Individuals," and this study has the potential to advance our understanding of the mental states associated with suicidal ideation and behaviors. Libby is also currently working with veterans at the Topeka VA medical center who struggle with PTSD or depression.

Don Hutchings Memorial Award

CO-WINNERS WERE TERESA PAN, KATE ESTERLINE & LIBBY HARFMANN (SEE LIBBY'S AND TERESA'S BIOS UNDER OTHER AWARDS)

Kate Esterline received her B.A. in Psychology from Johns Hopkins University in 2011. She then completed her M.A. degree at KU in December 2014 under the mentorship of Dr. Charlene Muehlenhard. Kate will begin collecting data for her dissertation, which will investigate strengths and weaknesses of a commonly used measure for assessing outness about sexual orientation, in the spring of 2016. She will also begin a practicum at the Topeka VA medical center conducting neuropsychological assessments in the spring of 2016.

CURRENT STUDENT PRESENTATIONS & PUBLICATIONS:

The following is a *partial* list of publications and presentations from the past year *involving clinical graduate students*. It should give you a sense of the range of things our current students are involved with. Names of students currently enrolled in the program are in **bold**.

Roth, A. K., Denney, D. R., & Lynch, S. G. (2015). Information processing speed and attention in multiple sclerosis: Reconsidering the ANT. *Journal of Clinical and Experimental Neuropsychology*.

Denney, D. R., Hughes, A. J., Elliot, J. K., **Roth, A. K.**, Lynch, S. G. (2015). Incidental learning during rapid information processing on the symbol digit modalities test. *Archives of Clinical Neuropsychology*, 30.

Choi, I-Y., Lee, P., Denney, D. R., Spaeth, K., Nast, O., **Roth, A. K.**, Lierman, J., & Sullivan, D. K. (2015). Dairy intake is associated with brain glutathione concentration in older adults. *American Journal of Clinical Nutrition*, 101.

Wrenn, C. C., Heitzer, A., **Roth, A. K.**, Nawrocki, L., & Valdovinos, M. G. (2015). Effects of clonidine and

methylphenidate on motor activity in *Fmr1* knockout mice. *Neuroscience Letters*, 585, 109-113.

Roth, A. K., Denney, D. R., & Lynch, S. G. (2015). Relationships among subjective trait and state measures of fatigue and cognitive fatigue on an attention task. Poster session presented at the meeting of the 31st Congress of the European Conference on Treatment and Research in Multiple Sclerosis (ECTRIMS), October 7-10, Barcelona, Spain

Adams, N., Gisiger-Camata, S., Hardy, C.M., Thomas, T.F., Jukkala, A., & Meneses, K. (2015) Evaluating Survivorship Experiences and Needs Among Rural African American Breast Cancer Survivors. *Journal of Cancer Education*.

Heller, A. S., Fox, A. S., **Wing, E. K.**, McQuisition, K. M., Vack, N. J., & Davidson, R. J. (2015). The Neurodynamics of affect in the laboratory predicts persistence of real-world emotional responses. *The Journal of Neuroscience*, 35, 10503-10509.

Feng, C., **DeMarco, A. C.**, Haroon, E., & Rilling, J. K. (2015). Neuroticism modulates the effects of intranasal vasopressin treatment on the neural response to positive and negative social interactions. *Neuropsychologia*, 73, 108-115.

Chen, X., Hackett, P. D., **DeMarco, A. C.**, Feng, C., Stair, S., Haroon, E., Ditzen, B., Pagnoni, G., & Rilling, J. K. (2015). Effects of oxytocin and vasopressin on the neural response to unreciprocated cooperation within brain regions involved in stress and anxiety in men and women. *Brain Imaging and Behavior*, 1-13.

Drane, D.L., Loring, D.W., Voets, N.L., Price, M., Ojemann, J.G., Willie, J.T., Saindane, A.M., Phatak, V., **Ivanisevic, M.** et al.(2015). Better object recognition and naming outcome with MRI-guided stereotactic laser amygdalohippocampotomy for temporal lobe epilepsy. *Epilepsia*, 56, 101-113.

King, T. Z., Smith, K. M., & **Ivanisevic, M.** (2015). The mediating role of visuospatial planning skills on adaptive function among Young-Adult Survivors of Childhood Brain Tumor. *Archives of Clinical Neuropsychology*, 30, 394-403.

Rhyner, K. T., & Watts, A. (2015). Exercise and depressive symptoms in older adults: A systematic meta-analytic review. *Journal of Aging and Physical Activity*.

Breda, A., Liebmann, E., Ferdous, F., Diaz-Moore, K., Burns, J., & Watts, A. (2015). Neighborhood Characteristics and Dementia Status Predict Physical Functioning in Older Adults. Poster presented at the 67th

Annual Meeting for the Gerontological Society of America, Orlando, FL.

Breda, A., Watts, A. (2015). Successful Aging: The relationship between expectations regarding aging, health promoting behaviors, and subjective health status. Poster presented at the 67th Annual Meeting for the Gerontological Society of America, Orlando, FL.

Khou, C., Rendzia, B., **Bevan, A.,** & Watts, A. (2015). Evaluation of waist-worn actigraphy monitors for the assessment of sleep and physical activity in older adults with and without Alzheimer's disease. Poster presented at the 9th Berg Symposium, St. Louis, MO.

Dutton, G.R., Martin, A.A., Nackers, L.M., **Pan, T.Y.** (2015). Addressing the obesity epidemic through psychological research. *Translational Issues in Psychological Science*, 201-202.

Pan, T. Y., Black, W. R., Valentine, H.A., Dreyer Gillette, M. L., & Patton, S. R. (2015, November). *Relationship between Body Mass Index and Healthy Eating Index-2010 in Children with Autism Spectrum Disorder*. Poster presented at the Obesity Society Annual Meeting, Los Angeles, CA.

Pan, T. Y., Dreyer Gillette, M. L., & Patton, S. R. (2015). *Parent Self-Reported and Observed Mealtime Behaviors Related Healthier Eating*. Poster presented at The Society for Developmental and Behavioral Pediatrics, Las Vegas, NV.

Pan, T. Y., Odar Stough, C., Black, W. R., Valentine, H.A., Dreyer Gillette, M. L., & Patton, S. R. (2015). *To Bite or Not to Bite? Special Meals and Food Variety Influence Likelihood of Children with ASD Trying a New Food*. Poster presented at the Society of Pediatric Psychology Annual Conference, San Diego, CA.

Pan, T. Y., Black, W. R., Valentine, H.A., Dreyer Gillette, M. L., & Patton, S. R. (2015). *Autism Spectrum Disorder Symptom Severity is Associated with Diet Composition and Food Variety*. Poster presented at the Society of Pediatric Psychology Annual Conference, San Diego, CA.

Black, W. R., **Pan, T. Y.,** Odar Stough, C., Dreyer Gillette, & Patton, S. R. (2015). *Symptom severity and meal-time difficulties in children with Autism Spectrum Disorder*. Poster presented at the Society of Pediatric Psychology Annual Conference, San Diego, CA.

Pan, T. Y. & Atwood, E. (2015). *Integrating Mental health Services into the JayDoc Free Clinic*. Oral

presentation presented at the University of Kansas Medical Center Student Research Forum, Kansas City, KS.

Atwood, E., **Pan, T. Y.,** Ellerbeck, E. (2015). *Integrating Mental Health Services into the JayDoc Free Clinic*. Poster presented at the Society of Student-Run Free Clinics, Atlanta., GA.

Pan, T. Y., Born, W.K., Zaudke, J.K. (2015). *Incorporating Structured Cross-training for Universal Depression Screening in an Integrated, Inter-Professional Primary Care Clinic*. Poster presented at the Association of Psychologists in Academic Health Centers, Atlanta, GA.

Rigby, T., Ashwill, R., Mulhall, S., Johnson, D., & Galvin, J.E. (2015). *Caregiver experience of grief and burden is similar across Alzheimer's, Parkinson's and Lewy Body dementia types*. Alzheimer's Association International Conference, Washington D.C.

Forbush, K. T., Richardson, J., & **Bohrer, B. K.** (2015). Clinicians' practices regarding blind versus open weighing among patients with eating disorders. *International Journal of Eating Disorders*, 48, 905-911.

Bohrer, B., Forbush, K. T., & **Hunt, T. K.** (2015). Are common measures of restraint and disinhibited eating reliable and valid in obese persons? *Appetite*, 87, 344-351.

Hagan, K. E., & Forbush, K. T. (2015). *Is dietary restraint a unitary concept or multifaceted?* Poster presented at the 20th annual meeting of the Eating Disorder Research Society, Taormina, Sicily.

Forbush, K. T., Richardson, J., & **Bohrer, B. K.** (2015). *Clinicians' practices regarding blind versus open weighing among patients with eating disorders*. Paper presented at the International Conference on Eating Disorders, Boston, Massachusetts.

Forbush, K. T., Hilderbrand, L. A., & **Bohrer, B.** (2015). *Are disordered eating measures reliable over time in men?* Poster presented at the International Conference on Eating Disorders, Boston, Massachusetts.

Hunt, T. K., & Forbush, K. T. (2015). *Is "drunkorexia" an eating disorder, substance use disorder, or both?* Poster presented at the International Conference on Eating Disorders, Boston, Massachusetts.

Williams, C. L., Harfmann, E. J., Ingram, R. E., **Hagan, K. E.,** & **Kramer, N. M.** (2015). The effects of

parental bonding and rumination on depression and anxiety. *Journal of Personality and Individual Differences*, 79, 157-161.

Kramer, N. M., Johnson, N., & Johnson, D. M. (2015). Is John Henryism a resilience factor in women experiencing intimate partner violence? *Anxiety, Stress, and Coping: An International Journal*, 1-16.

Burt, N. M., **Boddy, L. E.**, & Bridgett, D. J., (2015) Temperament contributions to eating disorder symptoms in emerging adulthood: Additive and interactive effects. *Eating Behaviors*, 18, 30-35.

Holzman, J. B., Krauss, A., Koegel, T., **Boddy, L. E.**, & Bridgett, D. J. (2015). *A Meta-Analysis of Relations between Self-Regulation and Autonomic Flexibility: Executive Functioning, Effortful Control, and Emotion Regulation*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Philadelphia, PA.

Benau, E.M., Fennel, A., Kirchoff, J., Svancara, A., McCartin, J., Dore, S., Atchley, R.A. (2015) Time flies when you're having fun, and it flies faster when you're feeling blue: Negative mood induction increases the overestimation of time. *55th Annual Meeting of the Society for Psychophysiological Research*. Seattle, WA.

Mitchell, R. C., & Galupo, M. P. (2015). Interest in child molestation among a community sample of men sexually attracted to children. *Journal of Sexual Aggression*.

Galupo, M. P., **Mitchell, R. C.**, & Davis, K. S. (2015). Sexual minority self-identification: multiple identities and complexity. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication.

Mitchell, R. C., Davis, K. S., & Galupo, M. P. (2015). Comparing perceived experiences of sexual prejudice among plurisexual individuals. *Psychology and Sexuality*, 6, 245-257.

Mitchell, R. C., Gryniewicz, A. L., Panzarello, A. L., & Galupo, M. P. (2015). Sexual minority and heterosexual former foster youths: A comparison of abuse experiences and trauma-related beliefs. *Journal of Gay & Lesbian Social Services*, 27(1), 1-16.

Racine, S. E., Forbush, K. T., Wildes, J. E., **Hagan, K. E.**, May, C., & Pollack, L. O. (2015). *Individuals with anorexia nervosa have difficulties regulating their emotions: Results from the emotion-modulated startle paradigm*. In S.E. Racine (Chair): Psychophysiological Measurement of Transdiagnostic Constructs with Relevance to Eating Disorders. Symposium presented at

the Association of Behavioral and Cognitive Therapy, Chicago, Illinois.

Bohrer, B., & Thomas, J. J. (2015). Other specified feeding or eating disorder (OSFED). In J. E. Wildes & T. Wade (Eds.), *Encyclopedia of Feeding and Eating Disorders*. New York: Springer.

NESTLING HAWKS: 2015 ENTERING CLASS



Lauren Boddy (Health Track)
BA Northern Illinois University
Lauren is working with Nancy Hamilton

Danielle Chapa
University of Texas, San Antonio
Danielle is working with Kelsie Forbush

Kendall Kohnle
BA University of Kansas
Kendall is working with Rick Ingram

Jacquelyn Minahan (Health Track)
BA & MA Boston University
Jacquelyn is working with Tamara Baker

Rena Mitchell
BA Johns Hopkins University
MA Towson State University
Rena is working with Charlene Muehlenhard

Esmeralda Valdiveso
BA Universidad Centroamericana
MA San Diego State University
Esmeralda is working with David Johnson

FLEDGLING HAWKS: ON INTERNSHIP



Lora Black
Alpert Medical School of Brown University
Providence Rhode Island

Stephanie Bowlin
Florida State University
Tallahassee, Florida

Kate Rhyner
V.A. Medical Center, Salem
Salem Virginia

Valerie Scheller

V.A Eastern Kansas Healthcare System
Topeka, Kansas

Katie Sharp

V.A. Central Iowa
Des Moines, Iowa

Michele Tsai

University of Minnesota Medical Center
Minneapolis, Minnesota

Alex Williams

V.A Eastern Kansas Healthcare System
Leavenworth, Kansas

Christina Williams

V.A Eastern Kansas Healthcare System
Leavenworth, Kansas

PSYCHOLOGICAL CLINIC

The clinic continues to run like a top thanks to **Bonnie Schafer** and this year's student coordinator **Kate Esterline**. Graduation was so fun and we had a record number of student coordinators around for a group photo! I am still trying to coax someone into a Clinic Director position so we can go to conferences together!

The clinic is busy as ever and we started text and email reminders recently and will then run analyses to evaluate the impact on our show rate. **Cyd Schnacke & Bruce Liese** continue to elevate our practicum training and provide supervision in the KUPC. The APA SoAP (Division 50) Committee on Fellows and Awards awarded **Bruce Liese** the **Distinguished Career Contributions to Education and Training Award for 2015** during the APA Convention in August. Way to go Bruce!

I am having fun coaching soccer and basketball for Sam who just turned 6! Somehow I found the time to complete my ABPP and join that club along with **Mike Rapoff** this year. I am happy to correspond with you about the process.

Please contact me or come for a tour anytime!

Best,
Sarah Kirk (skirk@ku.edu)

Faculty Sampler

Wendi Born This is the first time I have participated in Hawkline. I am a new-ish practicum supervisor at KUMC Family medicine, where I work with **Bruce**

Liese in an academic training environment that includes Family Medicine Residents as well as learners from nursing, pharmacy, psychology, medicine, occupational therapy and physical therapy. I received my PhD in clinical psychology from Northwestern University in 2000. After my clinical fellowship (health), I did a 2-year research fellowship at KUMC (in Preventive Medicine and Public Health), and then worked as a psychology professor for 7 years before returning to KUMC. I love my clinical work in integrated primary care AND I really miss teaching undergraduates.

This has been a great year for psychology at KUMC Family Medicine. This fall, I was excited to get to work with **Teresa Yeong-Yi Pan** for the second year, and although she hasn't left for internship yet, we miss her already! She was our first KU practicum student to work in the InterProfessional Training Clinic (IPTC) and she took full advantage of her opportunities to present at national conferences, attend available trainings, and develop new interprofessional initiatives while she worked with us. Psychology at KUMC family medicine has really grown recently. Last year I received a grant in integrated primary care & behavioral health from the Health Care Foundation of Kansas City that funded us to hire a post-doctoral fellow and support 4 interns from the KUMC psychology department to rotate in IPTC. Our first fellow, Krithika Malhotra, and our first intern on the grant, Kimmy Fleming, began clinical work in the department in October and Teresa helped orient them both. We will have a new intern each quarter and will welcome a new practicum student (or two?) this summer (**Ron Freche**, perhaps?). In addition, we welcomed a new psychologist, Jeremy Stevenson, to the department in July and he has enriched the learning environment and keeps us all laughing. I know this area of psychology will continue to grow rapidly and I am excited to share it with students who like working with interprofessional colleagues who respect what psychology has to offer in a fast-paced environment. I enjoy serving our patients, who often have complex medical, social, and psychological challenges, and who teach me something new every day!

Mike Rapoff Our family is having a nice year and we are thrilled that our Son Nathan, Daughter-in-law Lori and our two grand babies (Sonny 2 years old and Elli 1 year) have moved back to the area from Tulsa. The only drawback is Nathan has to travel to Tulsa 4 or 5 days a week for his job. Our daughter Lindsey is still in town and has been recently promoted at work and enjoys being an aunt to her nephew and niece. My wife Kim continues in retirement and takes care of all family business, me, and our dog Daisy.

Ali Calkins continues to be my current graduate student and is moving along well in the program. Alex Williams and Michele Tsai are doing well on internship. I plan on having an online course, "Chronic Pain Across the Lifespan", ready for next year.

Publications (completed and accepted in 2015)

Rapoff, M.A. & Lindsley, C.B. (2016). Pain and its assessment (pp. 88-94). In R. Petty, R. Laxer, C. Lindsley, & L. Wedderburn (Eds.). In *Textbook of Pediatric Rheumatology, 7th ed.*, Philadelphia: Elsevier.

Rapoff, M.A., Lindsley, C.B., & Karlson (in press). Medical and psychosocial aspects of juvenile idiopathic arthritis. In M.C. Roberts & R. Steele (Eds.) *Handbook of pediatric psychology, 5th ed.* New York: Guilford.

Rapoff, M.A. & Freche, R. (in press). Hope and children's health. In S. Lopez & M. Gallagher (Eds.) *The Oxford Handbook of Hope.* New York: Oxford University Press.

Board Certification

I am pleased to report that I was notified that I passed my oral exam on 11-13-2015 and am Board Certified, in Clinical Child and Adolescent Psychology, by the American Board of Professional Psychology. I get to put one of those ABPP designations behind my degree. I was finally persuaded to do this as a senior person to be a good role model and I also found out it will make it easier to get my psychology license in Florida when we retire there in a few years (I might do some consulting and clinical work).

Doug Denney

Don't Ask / Don't Tell

Please forgive me. I've been reading a lengthy biography of Genghis Khan and I'm afraid it's put me in something of a tyrannical frame of mind, so much so that I recently banned the use of the word "rubric" from ever being spoken in my presence. In that same spirit, I am now prohibiting people from asking me, "What are you going to do now that you're retiring?" To soften the hopefully brief transition before this most recent commandment has been disseminated and adopted throughout the realm, I have chosen this well respected publication to frame a few thoughts on the subject. Consistent with my despotic mood, these come in the form of four rules.

Rule #1: Know when it's time to go. After all, when you're binge watching a series on Netflix and you begin to glimpse the writers' conspicuous efforts to keep the plot going for the next season, it's a sure sign the story

would have been a lot better if ended sooner.

Rule #2: Know when it's time to go. (No, I'm not having a senior moment; I just couldn't think of another heading for Rule #2). Be ever mindful about staying too late at a party because it jeopardizes your possessing the energy, to say nothing of the mental agility to invest in the after-party.

Rule #3: Embrace with enthusiasm the very strong possibility that whatever you chose to do at the after-party will be marked by spectacular failure. At last, you have earned the right to fail. Indeed each retirement dollar that you have managed to shelter from the ravenous clutches of the IRS to this point should be thought of as a permission slip to fail, a veritable get-out-of-jail card for every new endeavor you may take it into your ridiculous head to try.

Rule #4: Do something. With all due respect, this is one instance at least in which Shakespeare may have gotten it wrong: it's not all our yesterdays, but rather the elective idleness of our remaining tomorrows that succeed in lighting fools the way to dusty death. Save these rules. You're going to need them someday, and when you do, I'll probably have forgotten them.

David Johnson is working on research in traumatic brain injury and its relationship to premature aging, pharmacological treatment, exercise, and adherence to intensive cardiorespiratory exercise.

Monica Kurylo was recently appointed to the APA Commission on Accreditation (CoA) – term is Jan 1, 2016 to Dec 31, 2018. She was appointed to a similar 3 year term on JCAHO's Behavioral Health Professional and Technical Committee (PTAC). Monica rotates off the APAPO Committee for the Advancement of Professional Practice (CAPP) on Dec 31, 2015 where she has been Chair for 2 years. Monica has done some tremendous service and continues to do so!

Amber Watts spent the fall 2015 semester at the Australian National University studying the intersection of genetics and physical activity and its effects on cognitive decline in adults aged 60 and over. I enjoyed the excellent weather and the wonderful people and I now I am looking forward to coming home to good old Lawrence, Kansas. My students have managed to hang in there without me for a semester and some report they barely noticed I was gone! I look forward to continuing to develop international collaborations between ANU and KU.

Kelsie Forbush This is my second year at KU and my husband, Mark, and I love it here! The weather is a

pleasant change from the bitter cold of the upper Midwest (although a bit disturbingly warm this year, given the global climate changes...), and Lawrence has a lot of charm. We have been having fun attending local events — our family came down for the Busker Festival last year, which was a blast! On the research front, my lab is running full steam ahead. Several lab members presented their research at major academic conferences this year, including the annual meeting of the Eating Disorders Research Society, which was in Taormina, Sicily. We also just finished analyzing preliminary data for the first wave in a three-year longitudinal study, and have some exciting new results. Our first paper on these data was just accepted for publication in *Psychological Medicine*. Co-authors on the paper were Cynthia Siew (KU Graduate Student, Cognitive Psychology) and Mike Vitevitch (KU Professor, Cognitive Psychology). Our paper applied methodology used in social network analysis to identify self-reinforcing symptoms of eating disorders (i.e., instead of identifying key people that maintained the coherence of a friendship group, we used this analysis to test for key symptoms that maintained the coherence of the eating disorder “network” structure). We found that “body checking” (e.g., pinching one’s body fat, looking frequently at oneself in mirrors and storefront windows, and repeatedly weighing and/or measuring oneself) emerged as one of the most potent symptoms that maintain eating disorder behaviors. We are planning to design some additional experiments to follow-up this finding. Beyond this study, We have a lot more going on in the lab, including a grant on predictors of “avoidant and restrictive” eating patterns in adolescents in collaboration with Dr. Joe Donnelly (Co-I) at KUMC; a study focused on developing a new eating disorder measure that is appropriate for use in younger children in collaboration with Children’s Mercy Hospital; and a project with Dr. Nancy Hamilton’s group to test predictors of weight gain and their associations with sleep disturbances in college women. The faculty were not kidding during my interview when they said that KU is collaborative place! Finally, my lab and I want to acknowledge that this research would not be possible without the generous contributions from the family of the late M. Erik Wright. It is wonderful to have this additional support to carry out our important work on eating and weight disorders.

Hawks in Flight



Susan Saldarini 67’ with an MA mixed between child (Herbert Wright/Paul Gump) and clinical Psych - and she has continued mixing ever since (many years as a school psychologist and finally - more school - a

psychoanalyst in private practice). Susan recently published two books for children, both with ORI Academic Press, NYC: *About Dreams* is for middle grade readers - *Harry’s Dream* for pre-schoolers. Both deal with anxiety dreams in a light-hearted way (my years at KU included a year as a student teacher at KU’s nursery school - a fabulous learning experience).

Tony Bram 97’ recently published (with second author Mary Jo Peebles) *Psychological Testing that Matters: Creating a Road Map for Effective Treatment*. Way to go Tony!

Lauren Spears 15’ and Ryan welcomed Olin Thomas Spears - February 13 2015, and Lauren finished her postdoctoral fellowship and started a staff psychologist position at the Kansas City VA.

Jane Warren 76’ got in touch. She has come to Lawrence in semi-retirement. She has worked in clinical practice for many years and also engaged in teaching. Most recently Jane was teaching for Bellevue University in the masters of clinical counseling program and supervising interns. She also went through CASA training and sounds like she is still working very hard!

Steve Bistricky 11’ is finishing his 3rd year at University of Houston Clear Lake (UHCL) and is enjoying it quite a bit. UCHL may pursue some increased programing with a “scientist-practitioner” PsyD proposal with the TX Higher Ed Board, so this could move the program toward master’s and doctoral (Hey go work with Steve!). Steve and Kelly’s daughter Avery is growing up into a beautiful princess (you should see her in Elsa hair!)

Matt 11 ‘and Katie Gallagher 11’ are much warmer this winter compared to Boston last winter! Katie took a position at Texas Health Science Center doing clinical work and research and Matt started a tenure track faculty position at the University of Houston in the clinical psychology program. They join the Steve and Kelly in Houston!

Mitch Handelsman 81’ has been up to the following: 2015 saw the publication of two books that I’ve co-authored. The first is *Ethical Dilemmas in Psychotherapy*, published by APA and co-authored with Sam Knapp and Mike Gottlieb. The second, which was a lot more fun, is *The Life of Charlie Burrell: Breaking the Color Barrier in Classical Music*. This is Charlie’s autobiography (I’m listed as second author); he was the first person of color to play in a symphony in the US. I’m looking forward to coming back to KU in April for an ethics workshop, and in June for some blues!

Tiffany Meites 13' is busy settling in as an acute inpatient rehab psychologist position at St. Joseph's HMC/Barrow Neurological Institute in Phoenix. Diego and Emma are learning to adapt to the heat, and Tiffany is riding at a local barn on most weekends. Tiffany and her family have a new foal this year (out of the mare she showed in graduate school), which has been a fun development with the horses.

Allen Heinemann 82' continues as a Professor in the Department of Physical Medicine and Rehabilitation at Northwestern University's Feinberg School of Medicine with a secondary appointment in Medical Social Sciences, and as Director of the Center for Rehabilitation Outcomes Research at the Rehabilitation Institute of Chicago. He serves as co-Editor-in-Chief of the *Archives of Physical Medicine and Rehabilitation* and on the editorial boards of *Rehabilitation Psychology* and the *Journal of Head Trauma Rehabilitation*. He directs a health services research post-doctoral training grant funded by the National Institute on Disability, Independent Living, and Rehabilitation Research. His spare time activities include hiking, bird watching, and singing in a choir.

Catrina C. Litzenburg 14' weathered some storms – literally – while on post-doc at University of Oklahoma Health Sciences Center in the Department of Pediatrics. She indicated it was quite a scene but she was able to navigate the waters and keep working. Catrina is doing well!

Lorraine Mangione 82' continues to serve as Director of Practica for the Department of Clinical Psychology at Antioch University New England, and has the following to say: “Calling All Blues Party Players and Dancers: We are holding our second reunion of the Blues Parties that began in 1976 and continued for several years after.....Please mark June 10th-11th on your calendar and plan to travel to Lawrence for the Blues” (Editor's note, although he does not know he is living on hallowed ground, a student in my class this fall currently lives in the Sunset Blues House).

Trisha Patrician 14' gave birth to Oliver and Zachary on January 23, 2015. She finished a fellowship at Hennepin County Medical Center on 11/13/15 and passed the EPPP a few weeks ago, as well as the PRE (professional responsibility exam). Way to go super psychologist and supermom Trisha!

Louis A. Gamino 80' received an invitation from the Australian Centre for Grief and Bereavement to lecture on care of the dying and the bereaved in three Australian cities (Melbourne, Brisbane, Sydney) in May 2015. Also, Louis was invited to deliver a keynote address at

the annual conference of the Association for Death Education and Counseling (ADEC) in Minneapolis in April 2016.

Michelle Kanga 15' is practicing in Maine and expecting Rose Audrey Rothschild who will be due in May!

PASSINGS:

Robert “Rob” Andrew Franz 99'

Rob was 51 and passed away surrounded by family on January 28, 2015. Rob's obituary echoed many of the traits he displayed while here in graduate school. He had a deft wit and was always willing to help his fellow graduate students. He also was an impressive athlete during our slow pitch softball days with the Fraser Cranes and was a faithful KU sports fan. Rob received a Bachelor of Arts degree from Hofstra University, a Master of Arts Degree from Columbia University, and a PhD in Clinical Psychology from The University of Kansas. Rob won the highly coveted **Schulman Award for Excellence in Clinical Psychology** and we all were thrilled to see him get the award and always admired Rob's dedication and work ethic while maintaining his sense of humor. I worked alongside him – literally – for an entire semester drinking coffee, slogging through our very intensive repeated measures experiments collecting physiological measures and journal entries for our dissertations. We supported each other and finished our projects on time for internship. I always looked forward to our morning chats as we filed in to run participants. Rob worked in private practice as a Licensed Psychologist and Associate Professor of Academic Development and Counseling at Lock Haven University after leaving KU and memories expressed about him mirror the graduate school experience we all had with Rob. He was loved and respected by peers and faculty here at KU. A Robert A. Franz Memorial Fund to support a scholarship at the University of Kansas was created in his honor. (**Sarah Kirk 98'**)

Frank Shontz

We were all saddened to learn that Frank Shontz passed away on August 6, 2015. Frank was 88. He was born on Dec. 9, 1926, in Cleveland, Ohio and served in WWII in the U.S. Army Signal Corps. Following his military service, Frank received his PhD from Case Western Reserve University. He married Nancy Kimball Shontz in 1954 and in 1960 moved to Kansas to take a position at KU. He was likely among Eric Wright's first hires in the fledgling clinical program, and was also likely the initial member of what would become the Rehabilitation (and later Health Psychology) specialization in the clinical program. After a distinguished career, that included seven books and countless students taught and mentored, he retired in

1992. During his retirement, he worked as a consultant for the Resource Development Institute in Kansas City, MO. Frank was also an accomplished musician and craftsman. He had an insatiable curiosity about a wide variety of subjects and a sharp sense of humor. While he did not subscribe to a formal religion, he attended the Unitarian Fellowship with his wife, Nancy, and was well-educated in philosophy and spirituality. Frank's survivors include daughter Jennifer Shontz, granddaughter Erica, grandson-in-law Michael and great-grandson Milo; daughter Sally Fiske, son-in-law Tim, and granddaughters Amanda and Aliya and son K. Curtis Shontz and granddaughter Lydia. Frank was a smart and kind person, and although he didn't make it up to the Hill much in his later years, we will all miss him (**Rick Ingram, 83'** and the Lawrence Journal World).

CLINICAL PROGRAM CONTRIBUTIONS:

We are greatly appreciative of those who have contributed to the Clinical Program this past year. (Very recent contributions that have not been reported to us in time for this issue of the *Hawkline* will be reported next year.)

Beatrice A. Wright Scholarship Fund

Coleen Wright Rand & Beatrice Wright
Dennis Swiercinsky

David Schulman Scholarship

Jack Knops & Karen Dunford

B. Kent Houston Award in Health Psychology Fund

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Clinical Psychology Development Fund

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Jim L. Olson & Mary Lee Montgomery-Olson
Sarah Kirk & Thomas Hutton
Irene Elkins
Deborah Taylor
Glenn P. Hirsch
Louis A. Gamino

Erik Wright Faculty Scholar in Clinical Psychology

Coleen Wright Rand & Beatrice Wright
Stephen & Eugenie Werbel
Jack Knops & Karen Dunford

Don Hutchings Memorial Fund

Marc Quillen & Marilyn Harp

M. Erik Wright Faculty Scholar Fund

Coleen Wright Rand & Beatrice Wright
Stephen & Eugenie Werbel
Jack Knops & Karen Dunford

Contributions to the Clinical Program Development Fund (or any specific award fund) can be sent to Rick Ingram, Psychology Department, 426 Fraser Hall, 1415 Jayhawk Blvd, Lawrence, KS 66045 or to the KU Endowment Association, Youngberg Hall, Campus West, Lawrence, KS 66045. Please note the specific fund on your check. You also may make on-line contributions via the program website or at the Endowment Association: <http://www.kuendowment.org/>

STAY IN TOUCH -Your million-mile warranty continues to be honored here:

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Sarah Kirk: skirk@ku.edu