THE HAWKLINE
KU CLINICAL PSYCHOLOGY NEWS

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FIRST EDITION

This is the fledgling edition of what will be a yearly publication. Rick Snyder, Clinical Program Director, devised the Hawkline as a means of connecting graduates of the KU Clinical Psychology Program with one another and with current faculty and students. The Hawkline plans to be a forum for your news, as well as that of the program, and welcomes articles, editorials, where is she now features, etc.

Please send submissions to Nancy Hughes, Editor, The Hawkline, Department of Psychology, Psychological Clinic, The University of Kansas, Lawrence, KS 66045 by October 15, 1986 for inclusion in next fall’s publication.

CLINICAL SERIES

Type A Behavior: Current Trends and Future Directions is the topic of the first program in the new Kansas Series in Clinical Psychology. It will be held May 9th and 10th, 1986 at the Lawrence Holidome. The Series follows in the tradition of lectures presented by the Program in the 1960’s and is similar to the Nebraska Symposium in Motivation.

The Series is to be held every other year, in Lawrence, on a particularly timely topic in clinical psychology. Each presentation in the Series will be facilitated by Rick Snyder, but chaired by a different faculty member. The topic may reflect a scholarly or applied interest of the chair, as does the 1986 presentation on Type A Behavior headed by B. Kent Houston. John Wiley and Sons will publish the edited volume by Houston and Snyder that will result from the first presentation.

Nine outside speakers are scheduled to appear in the first Series. Their names and tentative titles of their talks are:

1) Ray H. Rosenman, MD, "Definition, Evolution and Assessment of the Type A Behavior Pattern"
2) Larry Scherwitz, PhD, "Type A Assessment and the Structured Interview," and "Self-involvement and the Risk Factors for Coronary Heart Disease"
3) Suzanne Haynes, PhD, "Association of Type A with Cardiovascular Disease"
4) Elaine Eaker, ScD, "Type A Behavior and Coronary Heart Disease"
Among Women in the Framingham Heart Study: Fourteen Years of Followup

5) Carl E. Thoresen, PhD, "Exploring the Type A Behavior Pattern in Children and Adolescents"
6) Margaret A. Chesney, PhD, "Coronary-prone Components of Type A Behavior: A New Look at the WCGS"
7) David S. Krantz, PhD, "Psychological and Biological Aspects of Coronary-prone Behavior"
8) Redford B. Williams, Jr., MD, "Beyond Type A: Psychological and Physiological Refinements"
9) Virginia Price, PhD, "Research and Clinical Issues in Treating Type A Behavior."

B. Kent Houston will present "Cardiovascular and Neuroendocrine Reactivity, Global Type A, and Components of Type A Behavior." He and C.R. Snyder will introduce and summarize the program. Janel Harris and Diane O’Rourke, post-docs, will also participate in the summary.

For more information, or to register for the Series, contact Kent Houston, 913-864-4131, or Rick Snyder, 913-864-4121. Continuing Ed credits awarded.

M. ERIK WRIGHT PROFESSORSHIP

We all were saddened by the untimely death of Erik Wright in 1981. Erik directed the Clinical Program from 1951 to 1974 and he founded the Psychological Clinic.

In memory of Erik’s life and work, a fitting tribute has been developed: the M. Erik Wright Distinguished Professorship in Clinical Psychology. This memorial is about to become reality. The search committee is currently reviewing the materials of several applicants, all of whom are persons well known in clinical psychology. The senior scholar/teacher selected for the position will join the faculty in September 1986. This is the first distinguished professorship in the University of Kansas Department of Psychology and, surprisingly, it will be one of the few such professorships in clinical psychology in the United States.

Many of you, over 300 individuals and organizations, contributed to the M. Erik Wright Endowment Fund, which will be used at the discretion of the distinguished professor. The funds may be used in diverse ways to support teaching, research and students.

Thanks for your contributions to this effort, which should have a profoundly positive effect on future students. It seems something Erik would like.

AWARD WINNERS

Lynn Marie Pace, age 25, is this year’s winner of the David Schulman Award for Excellence in Clinical Psychology. The award is based on a vote by clinical faculty for the student who most typifies David Schulman’s values of "excellence in clinical psychology and fullness of engagement with it’s application." The award has been given yearly since 1972, following Dr. Schulman’s death in May of 1970.

Lynn is a native of West Seneca, New York. She earned her undergraduate degree from SUNY at Binghamton. Her master’s thesis was in the area of Type A coronary-prone behavior patterns. Her dissertation is entitled "Psychosomatic Factors in Essential Hypertension."

B. Kent Houston is her dissertation chairman.
Lynn plans a career in clinical practice, probably in the northeastern US. She is currently employed part-time at the North East Kansas Mental Health and Guidance Center in Atchison, Kansas, where she does therapy, assessments and consultations. Her special interest is in family therapy. Lynn loves her work and is sure she has chosen the right profession. She is applying to internship sites and hopes to be accepted in Tulsa, Oklahoma, where her fiancee lives.

Lynn will marry Frank O'Connor, a geologist and her high school sweetheart, in August 1986. Watch for future accomplishments of Lynn Pace O'Connor.

The Doris Sheets Award winner for 1985 is Melinda Holman. The Sheets award was created "to encourage women who have had to overcome special problems, such as physical handicaps, age, children or unusual cultural/economic handicaps. The award was established in 1981, through the efforts of Erik Wright, who helped Mrs. Sheets in her struggle with cancer.

Melinda, age 32, is from Molalla, Oregon. She earned her undergraduate degree from the University of Oregon in 1981, ten years from the date she began. Because of her financial circumstances, Melinda was forced to stop out of school three times, once for four years, to save enough money to resume her studies. During the four years between her junior and senior years, Melinda worked for the Texas State Library in Austin. She made talking books in the Division for the Blind and Physically Handicapped. She began working at the age of 8, picking berries to earn money for school clothes. Over the years, Melinda has also worked as a waitress, a saleswoman, a maintenance worker, and, most recently, a graduate teaching assistant.

Melinda is a student in her fourth year, specializing in Rehabilitation Psychology. She plans to take a fifth year to complete her dissertation in the area of chronic pain management before applying for internship. Frank Shontz is her dissertation advisor.

Congratulations Melinda!

Beatrice Wright received the 1984 Irvin Youngberg Award for achievement in applied sciences of importance in Kansas. This is one of four Higuchi/Endowment Research Achievement Awards of $10,000, given annually to benefit outstanding researchers. Each award bears the name of a person who worked through the KU Endowment Association to further KU's overall research program.

Tenny Wright was unanimously acclaimed an honorary member of the University Council, which she attended faithfully with her mistress, Beatrice. The Council resolution, the only unanimous vote of 1984, claimed that Tenny "contributed no less intelligently than any other member of the University."

Tenny, a mixed breed pooh, became a local celebrity when the Kansan and the Lawrence Journal World featured her picture and story entitled "The university is going to the dogs."

HAWKS IN PRINT

Faculty and students are well represented in print. Our program ranked first among all other APA approved clinical pro-
grams in the amount of research published in clinical journals in the years 1975-77 (Golden et al., Professional Psychology, 1980, 11, 797-806). The New York Times Selective Guide to Colleges recently rated KU as a four star institution (only 29 of 265 schools received as high an overall rating as KU) and made special note of Clinical Psychology.

Some names you'll see on forthcoming publications include: Sharon Brehm, Ray Higgins, Kent Houston, Dorothy Kapp, Dennis Karpowitz, Charlie Neuringer, Tom Reilly, Frank Shontz and Rick Snyder.

Sharon Brehm authored Intimate Relationships, a textbook for college courses on relationships. It was published this year by Random House. Sharon also has a chapter, Social psychological approaches to psychotherapy and behavior change, with T.W. Smith. It will appear in S.L. Garfield and A.E. Bergin (eds.), Handbook of Psychotherapy and Behavior Change. 3rd Edition. Wiley.


Wiley published Excuses, by Rick Snyder, Ray Higgins and Rita Stucky in 1983. The attention the book drew was rather overwhelming, according to the authors. What was intended to be a scholarly work caught the public imagination and was recently released in paperback. You may have seen Rick discussing excuses on CBS Morning News, NBC Nightly News, CNN and even on Italian TV news.

In press is a book edited by Rick Snyder and Carol Ford, Coping with Negative Life Events: Clinical and Social Psychological Perspectives.


The book Erik Wright was working on at the time of his death, Hypnotherapy: The Clinical use of Hypnosis in Psychotherapy, has been completed with Beatrice Wright serving as editor. Look for it's 1986 release by Guilford Press.

DEVELOPMENT FUND

The Clinical Psychology Development Fund has been established to receive donations that will be used to enhance the program. Because university purchasing procedures are highly restrictive in regard to what may be purchased and where, this fund will allow some expenditures to be made without university approval. The monies may be used to fund such things as workshops, research projects and various forms of student support.

Your contribution to this fund will be most appreciated by current and future members of the clinical program.

CHANGES

The Clinical Program has remained fairly constant over time, but the following changes have occurred:
Gerda Brouhard retired in 1982 after many years of service in the Psychological Clinic. She lives in Lecompton, KS.

Henry Remple, team leader, retired to his private practice in Lawrence, KS;

Linda Joslyn-Bishop, team leader, left to resume private practice in Kansas City, MO;

Jon Allen, team leader, returned to full time practice at the Menninger Foundation in Topeka, KS;

Martha Baty, team leader, returned to full time employment at Johnson County Mental Health in Olathe, KS;

Jeanne Fish, team leader, formerly Chief Psychologist at KU Med Center, came to her position through her private practice in Prairie Village, KS;

Rob Blum, hypnotherapy specialist, formerly of Bert Nash Mental Health Center, joined the Clinic part-time through his private practice in Lawrence, KS;

Nancy Williams, social worker, left the Clinic to take an administrative position in the East.

Nancy Trout, social worker, left the Clinic to work in a private agency in Colorado, but now lives in the Kansas City area;

Mary Townsend, social worker, returned to the Department of Psychology after a stint as Director of the KU Office of Minority Affairs;

Kuyung Lee, social worker, left the Clinic in 1980 to work part time at Watkins Mental Health Center on campus;

Nancy Hughes, social worker, joined the Clinic in 1980 from the KU School of Social Welfare;

Meg Gerrard, assoc prof, is on leave for the 1985-86 school year at Iowa State University;

Judy Williams, secretary, joined the Clinic in 1982 from undergraduate, liberal arts records;

Jane Niemeyer, receptionist, came to the Clinic in 1984 from KU records;

Cathy Spooner, receptionist, left the Clinic to work in records in Strong Hall;

Debbie Wensel, receptionist, left the Clinic to be at home with her two sons;

Sandy Madden, receptionist, left the Clinic to work in the Department of Psychology’s main office;

Winnie Kucera, receptionist, left the Clinic to work at the Association of Systematics Collections.

ADMISSIONS

Doug Denney served as chair of the Admissions Committee, which selected the Fall 1985 incoming class from approximately 220 completed applications. A class of 13 was accepted, 1 in the rehabilitation specialty and 12 in the general clinical program. A total of 28 offers were made to compose the excellent class.

The averages for the group are: GPA = 3.68; GRE-V = 618; GRE-Q = 653; GRE-An = 658; GRE-Adv = 652. Last year's incoming class averages were: GPA = 3.57; GRE-V = 630; GRE-Q = 618; GRE-An = 644; GRE-Adv = 666.

Students in this year's class came from a variety of undergraduate programs, including: Brown, Central (OK) State Univ, KU, UC Davis, UCLA, UC Irvine, U of Arizona, U of Virginia and West Virginia U.
INTERNSHIPS

You may be pleased to know our program has been described as one of the best in the country for preparing students for internship (Dana et al., Adequacies of academic clinical preparation for internship. Professional Psychology, 1976, 7, 112-116).

The quality of internship placements earned by our students consistently has been excellent. Over the past 10 years, several internship sites have hosted 3 or more KU Clinical Psychology students: Brown Univ. (6); Indiana Univ. Med. School (4); Langley Porter Inst. (4); Texas Research Inst. (5); Univ of Arkansas Med. Center (3); Univ of Texas Health Sciences, San Antonio (3); VA Med Center, Palo Alto, CA (5); Wichita Consortium (4); Yale Univ. (5).

Fifty other sites have been internships for one or two of our students. These include: Rutgers Med. School; Univ Wisconsin Med. Center, Duke Univ. Med. Center; Hutchings Psychiatric Inst., Baylor Univ. College of Med.; KU Med. Center; South Shore (Boston) Mental Health Center; VA Med.

Centers at Topeka, Houston, KC, Tucson, Seattle and Leavenworth.

POST-DOCS

A two year post-doctoral program in health psychology, funded by NIMH, began in 1983. The first participants, Chris Blodgett and Carol Ford, completed their work in the Spring of 1985 and have gone on to teaching positions. Carol is at the University of Missouri and Chris is at the Medical Center of Buffalo, NY.

Two new PhDs have arrived to work with Kent Houston and David Holmes for the next two years. Janel Harris, from Western Michigan University and Diane O'Rourke from the University of Southern Mississippi.

THE PSYCH CLINIC

Ray Higgins took leadership of the Psychological Clinic in the summer of 1983, when Dennis Karpowitz stepped out of the Clinic Director position. He was formally appointed Director in November 1983.

Ray recently prepared a report about the Clinic, some of which is included here.

During the 1984-85 academic year, there were 22 clinical graduate students working toward completion of their required practicum within the Clinic. In addition, there were a number of other clinical students carrying caseloads. From July 1, 1984 through May 31, 1985, 315 prospective clients were screened by our intake interviewers. Of these, 180 were assigned to Clinic therapists and 145 were referred to other agencies or service providers.

During the regular academic year, the number of active cases ranges from approximately 100 to 125 at any given time. A substantially larger number of cases are seen in the Clinic because of client turnover. About 270 cases were seen in the Clinic between July 1, 1984 and May 31, 1985. Roughly 35% of Clinic clients are university students, 65% are community members. Referrals come from numerous community and professional sources, as well as self referral.

Efforts to upgrade super-
visory aids and equipment culminated this year in the acquisition of 4 new color video cassette recorders and monitors. 6 new color video cameras are mounted in the most frequently used therapy rooms. A new audio system is near completion. It lacks only a centrally located stereo cassette recorder to allow simultaneous recording of therapy sessions and comments from supervisors observing behind one-way mirrors.

Five new major pieces of equipment have been added to the Clinic office: two electronic typewriters, a Z-100 microcomputer, an Okidata printer and a Savin copying machine. Software has been adapted by three clinical students, John Toppins, Bruce Cappo and Marc Schlosberg, for use in record keeping, accounting and client billing.

Additional monies have been spent on a variety of items to improve the atmosphere of therapy rooms and the lounge. New purchases include wall clocks, carpet, upholstered chairs and a sofa.

The Clinic provides students with exposure to a highly diverse range of clinical issues. Clients probably represent most of the major diagnostic categories listed in DSM-III. In addition, special problems, such as eating disorders and child sexual abuse are addressed.

Several students have had the opportunity to work with Michele Edwards on sexual abuse situations, which particularly stretched their diagnostic, assessment and intervention skills. They also worked cooperatively with several community agencies: SRS, the D.A.'s office, the local court and schools.

Nancy Hughes will begin a mediation project in January 1986. The project will accept self and other referrals for dispute resolution and court ordered child custody mediation.

The Clinic charges a sliding scale fee of $30 per session. The fees collected have come to play an increasingly central role in supporting the activities of both Clinic and the Clinical Program. With the exception of staff and faculty salaries, the Clinic has come to be essentially self-supporting. In addition, the Clinic supports the great majority of administrative costs of the Clinical Program, as well as the supply expenses associated with a number of graduate level courses (e.g., all testing materials and supplies for clinical assessment and practicum courses). Third party payments, as well as Visa and Mastercard, are now accepted.

CURRENT FACULTY INTERESTS

Sharon S. Brehm (PhD, Duke, 1973)
Social psychology of intimate relationships: social support processes, passionate love and coping after the end of a relationship.

Douglas R. Denney (PhD, Washington, 1970)
Biological basis of psychopathology. Biochemical theories of depression and schizophrenia. Endocrinological and immunological changes as correlates of psychological distress.

Charles E. Hallenbeck (PhD, Case Western Reserve, 1960)
Assessment of brain function, cognitive rehabilitation of persons with impaired brain functions, computers as aids for the blind and other handicaps, technological impact on rehabilitation, social action issues, public education and mutual support in the field of blindness.
Raymond Higgins (PhD, Wisconsin, 1973)
Alcohol use - especially motivation, alcohol use as an excuse strategy, and social reactions to deviant behavior while intoxicated; self-handicapping behavior; psychopathology; systems and theories of psychotherapy.

B. Kent Houston (PhD, Stanford, 1967)
Psychosocial and biological individual differences in health and disease.

Dennis Karpowitz (PhD, Oregon, 1972)
Family development, theory, assessment and therapy. Psychotherapy outcome and process. Rehearsal strategies in psychotherapy, parenting, and self-development. Study of habit behaviors such as eating, smoking, and drug usage.

Charles Neuringer (PhD, Kansas, 1960)
Suicide; experimental psychopathology; diagnosis; computer applications in psychology; the psychology of actors and acting.

Thomas Reilly (PhD, Kansas, 1966)
Individual, group and family therapy; assessment.

Franklin C. Shontz (PhD, Case Western Reserve, 1955)
Personality; drug use; research and assessment methods; humanistic and transpersonal psychologies.

C.R. Snyder (PhD, Vanderbilt, 1971)
Uniqueness and individual differences; excuse making; coping with negative life events; hope.

Beatrice A. Wright (PhD, Iowa, 1942)
Psychosocial problems of misfortune; dealing with negative life events.

RESOURCE
AND PART-TIME FACULTY INTERESTS

Robert Blum (PhD, Case Western Reserve, 1976)
Marriage and family therapy; hypnosis and hypnotherapy; diagnostic psychological testing; hard to treat cases.

Michele Edwards (MA, Kansas, 1978)
Private violence, especially child sexual abuse and incest; community outreach and case coordination.

Jeanne Fish (PhD, Kansas, 1960)
Individual evaluation and treatment of children and adults; family therapy; domestic violence; characteristics of surrogate mothers and renal dialysis patients.

Nancy J. Hughes (MSW, Univ of Denver, 1973)
Alternative forms of conception: surrogate mothering, in-vitro fertilization; impact of infertility; dispute resolution and mediation.

William O'Conor (PhD, Kansas, 1967)
Prediction of violence; consultation regarding domestic violence: incest and child abuse; geropsychology; forensic psychology.

Special thanks to MacIntosh, Pagemaker and Ogden R. Lindsley